

# WALKING HIKING GUIDE

HAUT-CHABLAIS



**CCHC**  
COMMUNAUTE DE COMMUNES  
HAUT-CHABLAIS

9 The mountains are a natural setting. There are always risks but these walks are not technically difficult and do not follow dangerous routes (rocks, aerial passages...). You are responsible for yourself: you must be equipped to help yourself and those with you. Choose a route within your capabilities and be prepared to turn back if the weather deteriorates (storms, fog...).

## BE PRUDENT BEFORE SETTING OFF

Tell someone of your planned route and the time you expect to return (family, host...).

Make sure you are well-equipped: take good walking boots, hat and sunglasses, warm clothes (it could be windy and cold at altitude), food and drink.

Do not take any short-cuts; leaving the marked trail is often the quickest way to get lost!

## USEFUL MAPS

IGN: TOP 25-3528ET (Morzine)  
TOP 25-3428ET (Thonon)  
TOP 25-3429ET (Bonneville)  
TOP 25-3530ET (Samoëns)

*Maps of Portes du Soleil on sale at tourist offices.*

## SOMEONE TO WALK WITH

Local guides offer a range of supervised outings to explore the mountains safely. *List tourist offices (page 7).*

## USEFUL PHONE NUMBERS

9 Chamonix weather forecast:  
00 33 (0)8 99 71 02 74 or online:  
[www.chamonix-meteo.com](http://www.chamonix-meteo.com)  
The weather forecast is on display in tourist offices.

9 International rescue services: **112**  
(dial from a mobile).

## HOW TO USE THIS GUIDE



Easy \*



Average difficulty\*



Total change in altitude



Times



Mountain lifts



**D** Starting point

**D** Optional detour

**1** Indicates orientation info [intersections, vistas]

**1** Disregard this footpath

Footpath described in the itinerary

Optional

Other footpaths to use as points of reference



Geopark of Chablais

Use the **Balad'Aulps** to access of certain trails.



Walks for young children or with pushchairs.



FROM 12 JUNE TO 19 SEPTEMBER 2021

With the **Multi Pass Portes du Soleil**, access to more than 60 activities or facilities for the whole family, especially mountain lifts that you can use in conjunction with the walks in this guide.

[www.portesdusoleil.com](http://www.portesdusoleil.com)

\*Difficulty: the level is based on the length of the hike, its total vertical climb, but also on how rugged or far from help it is.





PAGES

### BELLEVAUX - LULLIN - VAILLY - REYVROZ

1- LE LAC DE VALLON	★★	Bellevaux	+110m	3h	8
2- LE MONT FORCHAT	★	Lullin	+160m	2h	10
3- DES CHALETES DE LA BUCHILLE AUX CHALETES DE PERTUIS	★	Vailly	+180m	1h	12
4- LA CHAPELLE DES PAS	★	Reyvroz	+50m	1h15	14

### LA FORCLAZ - LA VERNAZ - SEYTRoux - SAINT JEAN D'AULPS - LA CÔTE D'ARBROZ - MONTRIOND

5- LA POINTE DU SANGEON	★★	La Forclaz	+220m	1h10	16
6- LE SENTIER DÉCOUVERTE DE LA VERNAZ	★	La Vernaz	+190m	1h40	18
7- LE PETIT TOUR DES CRÊTES DE SEYTRoux	★★	Seytroux	+350m	2h20	20
8- À LA DÉCOUVERTE DE SAINT JEAN D'AULPS	★	Saint Jean d'Aulps	+55m	1h35	22
9- LE TOUR DU CHAR DES QUAIS	★	La Côte d'Arbroz	+300m	1h50	24
10- LE LAC DE MONTRIOND	★	Montriond	+150m	1h45	26
11- LA CASCADE DES BROCHAUX ET LES LINDARETS	★	Avoriaz or Montriond	-350m	1h50	28
12- ESCAPADE À CHAMPÉRY EN VALAIS SUISSE	★★	Montriond	+100m	2h30	30



PAGES

### MORZINE

13- LES DÉRÊCHES	★	Morzine	0	40 mn to 1h20	32
14- LE SENTIER DU RENARD ET LA CASCADE DE NYON	★	Morzine	+180m	2h30	34
15- LE LAC DE NYON-GUÉRIN PAR NYON	★	Morzine	+200m	1h15	36
16- LE TOUR DES ALPAGES	★	Morzine	+190m	1h45	38

### AVORIAZ

17- LA MINE DE LA LAPPYAZ	★	Avoriaz or Morzine	+135m	1h45	40
18- LE LAC VERT PAR MOSSETTES	★★	Avoriaz	-774m	3h30	42
19- MORZINETTE PAR LES GRANDES SUTES	★★	Avoriaz or Morzine	-650m	2h35	44
20- LES CRÊTES DE SUPER MORZINE ET LE BELVÈDÈRE DU LAC	★★	Avoriaz or Morzine	+200m	2h30	46

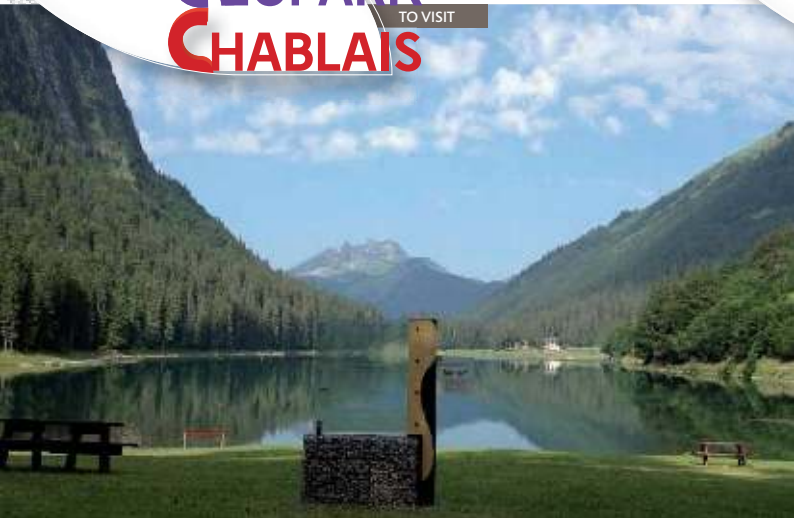
### LES GETS

21- BALADE AUX CHAVANNES	★★	Morzine	+100m -600m	3h	48
22- LE MONT CALY	★	Les Gets	+199m	1h45	50
23- LE CIRCUIT DES CHÈVRES	★	Les Gets	+40m -410m	1h30	52
24- LA BOUCLE DES CLARINES	★	Les Gets	+190m	2h	54



# GEOPARK CHABLAIS

TO VISIT



## GEOSITES IN HAUT-CHABLAIS TO VISIT!

- **LE LAC DE VALLON** (BELLEVAUX)
- ↳ **LA FORÊT IVRE** (VAILLY)
- ↳ **LE BELVÈDÈRE DE REYVROZ**
- ↳ **LE BELVÈDÈRE DE TRÉCHAUFFÉ** (LA FORCLAZ)
- ↳ **LES GORGES DU PONT DU DIABLE** (LA VERNAZ)
- ↳ **LE LAC DE MONTRIOND**
- ↳ **LES ARDOISIÈRES DE MORZINE**
- ↳ **LE ROULEAU DE BOSTAN** (MORZINE)
- ↳ **LE LAC DES ÉCOLES** (LES GETS)

# TOURIST OFFICES

HAUT-CHABLAIS



## LES GETS

89, Route du Front de Neige  
74260 Les Gets  
04 50 74 74 74  
[www.lesgets.com](http://www.lesgets.com)

## AVORIAZ

44, Promenade du Festival  
74110 Avoriaz  
04 50 74 02 11  
[www.avoriaz.com](http://www.avoriaz.com)

## MORZINE

26, Place Baraty  
74110 Morzine  
04 50 74 72 72  
[www.morzine-avoriaz.com](http://www.morzine-avoriaz.com)



## VALLÉE D'AULPS

1 959, Route des Grandes Alpes  
74430 Saint Jean d'Aulps  
04 50 79 65 09  
[www.valleedaulps.com](http://www.valleedaulps.com)

## LES ALPES DU LÉMAN

99, Route de Saint-Jeoire  
74470 Bellevaux  
04 50 73 71 53  
[www.alpesduleman.com](http://www.alpesduleman.com)



# LE LAC DE VALLON

1



Section to access the waterfalls can be a little steep and slippery



+110 m



3 h



## LAKE'S EMERALD-GREEN WATERS HAVE A SURPRISING PAST...

- ➔ **D** At Bellevaux, head for the Vallon lake (6 km) and park in the car park when you arrive. Cross the road and walk up the forest path which passes the hamlets of Court Champ and Grand Champ.
- 1** Carry on along the forest path to the fork in the path, taking the path on the right that heads down into the forest as far as the Chèvrerie. Then cross the road and head to “the Tête au Moine” restaurant, before continuing downhill through the field between two ski lifts, to the Brevon river where the path heads to the right, leading to the Chapelle Saint-Bruno esplanade.
- 2** Continue towards the Croix des Chartreux but watch your footing, and children's, as the path can be slippery when it rains. The path heads uphill into the forest, as far as the Cascade de Diomaz waterfall (1 195 m). Have a look for the cross carved into the rock by the monks, which signals the limit of their domain. Look hard, and remember you could be standing on it!
- 3** Turn round and head back the way you came to Chapelle Saint-Bruno. Take the path on the left which will take you along the lake and back to the car park where you set out.



A DISCOVERY WALK

"L'APPEL DE LA MONTAGNE"



The Vallon lake is one of the Geosites in the Chablais Geopark. Explanatory panels tell the story of the Geopark and Vallon lake.

In the heart of Bellevaux, a discovery trail “The call of the mountains” awaits (L'Appel de la Montagne). Answer the call (suitable for families) using the booklet and the 7 resort “trials”. Information and booklet sales (5 €) from the Alpes du Léman Tourist Office.





# LE MONT FORCHAT

2



Optimal detour is not recommended with children.



+160 m

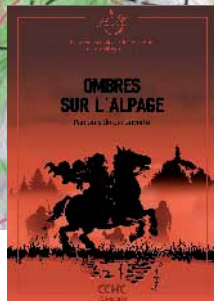


2h



**A DISCOVERY WALK**  
**THE "SHADOW IN THE MEADOW"**

What might the sound of galloping be in the night? Who are these shadowy figures rising from the bog? "Fanfoué du Terrebout" tells the strange story of the black rider and the surprising events that are linked to the Très le Mont meadows. In fact, the pasture lies at the foot of Mont Forchat and is a place climbers headed for before going on to conquer nearby summits. The 2 hour walk takes visitors deep into this magnificent venue, which is as grandiose as it is accessible for all. Experience what it used to be like in this Alpine meadow where people lived and worked for four months of the year.



Booklets  
available for  
sale 5€ in  
Tourist Office  
of Alpes  
du Léman.

## A MAGNIFICENT WALK AND A BREATHTAKING VIEW FROM LAKE GENEVA TO MONT BLANC!

- **D** From Lullin, head to the car park at Très le Mont, passing by the Col du Feu (6 km). From the car park, follow the dirt track, then take the path to the left that goes up towards the forest of pine and beech trees. Stay on the main path, follow the Black Rider.
- 2** Return by the same route.
- V**
- START OPTION (more difficult)**
- From the starting point, you can ride up Mount Forchat via the Encrenaz Pass (1429 m) but the trail is more difficult so beware!
- 1** After a 50 minute walk, you will arrive in a clearing (where an annual mass for the pilgrimage of St-François de Sales is held). After another 10 minutes' walk, you'll reach Mont Forchat (1539 m) where there is a breathtaking 360° panorama including views of Lake Geneva and Mont Blanc.



## DES CHALETs DE LA BUCHILLE

3



### A PRETTY WALK IN ALPINE MEADOWS

→ **D** At Bellevaux, head towards the chalets at Buchille, via the hamlet at Bossons. The track rises to the meadows at Buchille (6,5 km); leave your car below the chalets in the little parking area and take the track that heads up and to the right, towards the Pertuis chalets.

- 1** The path heads gently uphill through Alpine meadows to the Pertuis chalets (alt. 1 585 m) where you'll be able to see the Mévonne chalets at the foot of the sheer face of Mont Billiat and the Rocher du Jotty. Far away, from north to south, are the peaks of the Mémises, Dent d'Oche and Cornettes de Bise. Further away still you'll see the Swiss Valais mountains.
- 2** Return to the Buchille chalets by the same route.

## AUX CHALETs DE PERTUIS

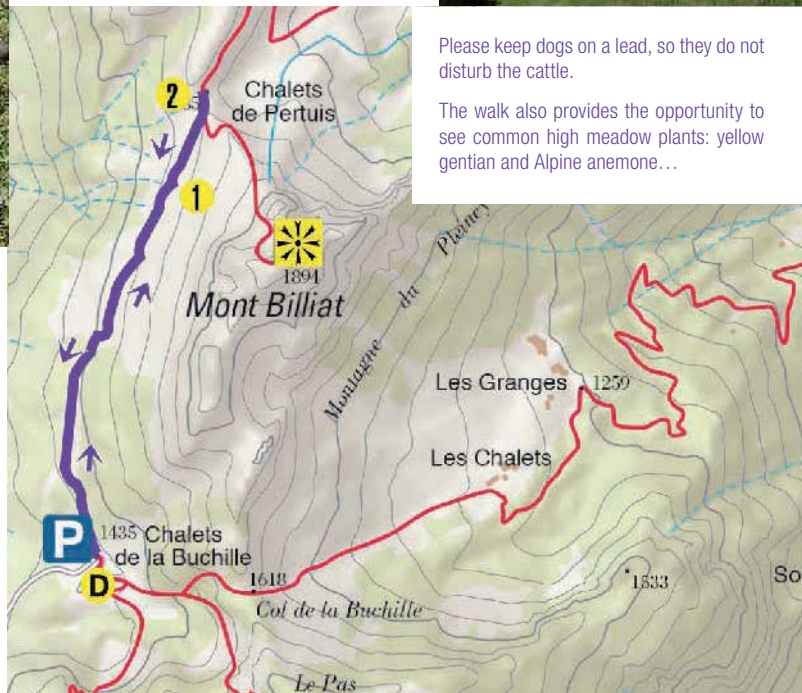


This walk explores the high altitude meadows of la Buchille, between Mont Billiat and Ireuse summit. In the old days some 300 cows were kept here. Today, dairy farmers live here from June to September so they can milk the cows twice a day.



Please keep dogs on a lead, so they do not disturb the cattle.

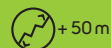
The walk also provides the opportunity to see common high meadow plants: yellow gentian and Alpine anemone...





# LA CHAPELLE DES PAS

4



## A SHADED WALK WITH A LAKE GENEVA VIEW

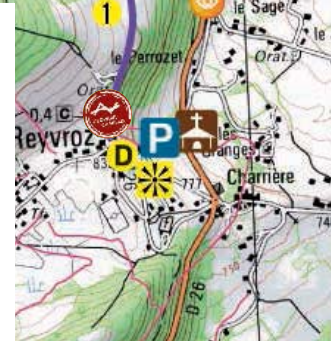
- ➔ **D** From Reyvroz church, take the road uphill to the Chapelle des Pas and follow the GR5 route signposted in red and white.
- 1** Once you arrive at the first oratory, carry on straight ahead to the next one, the Chapelle des Pas. The route meanders nicely in the shade of spruce and beech trees for around 30 minutes until you reach the Chapelle des Pas. Along the way you can see Lake Geneva and views of the Lower Chablais countryside, through gaps in the trees.
- 2** Head back the way you came and take a few minutes to find out more about the Chablais Geopark from the details posted on the information panel near the church, which indicates the "Belvédère de Reyvroz" Geosite.



### THE GEOPARK AND GEOROUTE

The Chablais Geopark stretches from the southern shore of Lake Geneva to the peaks of the Portes du Soleil. It explores man and the Earth's shared history.

23 emblematic geosites that are independent yet complementary help explain how the Alps were formed, while also showing the countryside in a new light and helping us enjoy the riches on our doorstep.





# LA POINTE DU SANGEON

5



The summit of the Tréchauffé Peak is very aerial!



+ 220 m



1 h 10



## A PRETTY CIRCUIT OFFERING A MAGNIFICENT VIEW OF LAKE GENEVA

**D** Park on the Tréchauffé Pass car park near the goat fold (6km above La Forclaz). From the car park, backtrack about 200 m towards the Tréchauffé chalets.

**2** Then go down from the Belvedere and take the trail that runs under the road on your right hand side towards the Tréchauffé chalets to get to the Tréchauffé Pass car park.



### ALTERNATIVE ROUTE

At the Aiguille Pass, take the trail on your right hand side to get to the Pointe de Tréchauffé\* where the panorama is truly splendid. Then backtrack to continue along the Pointe du Sangeon loop.



### \* Be careful!

The summit is very exposed as the southern and eastern side are cliffs (hold children's hands). It's definitely worth climbing up to the Tréchauffé Peak as there's a breathtaking view: Lake Geneva, the Jura mountains, the lower part of the Vallée d'Aulps (la Vernaz and the Mévonne cliffs).

### TRÉCHAUFFÉ ALPINE PASTURE

These 50 ha of woods and alpine pastures constitute an unspoilt natural area that's home to a goat farm. Goat cheese is made here and you're free to visit the farm or to have a meal at the farm restaurant. The Tréchauffé goats are real Alpine goats from the "chamoisée" breed. They produce an extremely rich milk which is transformed into cheese right after milking time at the Tréchauffé farm. This cheese is called "chevrotin" and it is officially protected to guarantee its quality. Three other Alpine cheeses share this accolade (Tomme, Abondance, Beaufort). The architecture of the Chalets in the Alpine pasture is typical the Chablais: the lowest part of the building is made of stone. The rest of is built of wood. In the past, families used to stay in these chalets for 5 or 6 months to allow goats and cows to graze peacefully on the lush grass.



# LE SENTIER DÉCOUVERTE

# DE LA VERNAZ

6



+190 m



1h40



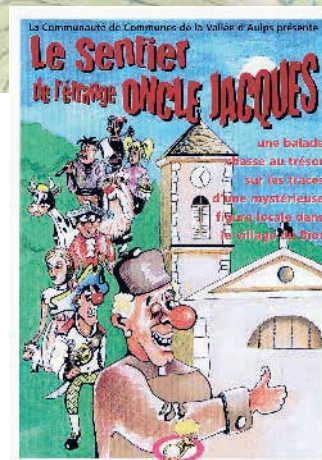
## THEMED NATURE WALK: FAUNA, FLORA AND DRAW!

→ **D** At the town hall, go to the wooden information panel that describes the walk and follow the Tarmac road to the Plan de la Chaux. At the end of the trail, continue for about 100 m and you will get to a drawing table. Take some time and learn how to draw a landscape.



**1** Pass behind the concrete building and go down on your right hand side. Along the way, you will see various stations where you can learn lots of things such as recognizing certain trees and calculate their age. A 2<sup>nd</sup> drawing table is waiting for you!

**2** The path snakes through the forest until the pink marble quarry of la Vernaz. Continue on the forest track until you come to the Tarmac road and follow it until the first big bend before le hameau du Gerdil. Take the path on your left which cuts across country, following the edge of the forest until you come across a little stream and cross an orchard. In La Villaz with its typical architecture, take the first road the trail goes up to the church where the last drawing table will teach you how to draw it!



## A DISCOVERY WALK

## THE HUNT FOR ONCLE JACQUES TOUR

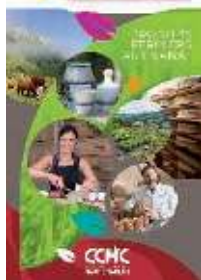
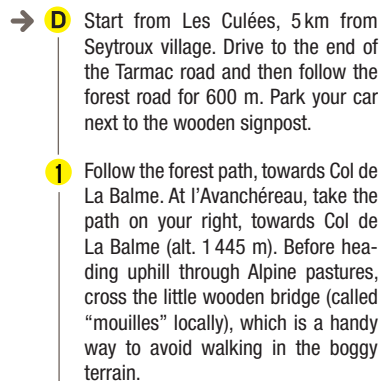
For children, a mystery tour following in the footsteps of a mysterious character from the village of le Biot... Use this guide to find hidden clues to track down the identity of this person. You'll need to look all over the village! The game, which will take you about two hours, is suitable for children and adults and is nothing more than a gentle stroll. It's a great opportunity to find out a little more about the history of le Biot too!

On sale in Vallée d'Aulps Tourist Office to 1,50€ (reduced price for Multi Pass holders).





## A GENTLE STROLL THROUGH MEADOWS AND WOODS



The “Terroir and Savoir-Faire” initiative is championed by the local authority, CCHC. By enjoying regional produce, you’re supporting local food production, reducing its environmental impact, promoting seasonal produce, helping small businesses and also getting to meet local producers. The tourist map will allow you to discover them as well as all the activities in our valley.





# À LA DÉCOUVERTE DE

# SAINT JEAN D'AULPS

8



+ 55 m



1h35



## A WALK THAT EXPLORES THE VILLAGE'S HERITAGE

- **D** From the tourist office car park, go along the D902 road towards Morzine, then take the little path that heads down to the right (just after the MGEN building) and take the bridge across the Dranse river.
- 1** Next, head towards Moussière with its fine church. Then head to the left to Solféléry hamlet where the road becomes a track.
- 2** Once you arrive at Pont de la Tassonnère, head towards Bas Thex and le Biot village. Go over the bridge and cross the D902 again, before heading up the minor road to Bas Thex.
- 3** At Bas Thex hamlet, head towards Saint Jean d'Aulps. After 15 minutes' walk, you'll arrive at the ruins of Aulps Abbey, with its Visitors' Discovery Centre. Continue along the road to the centre of Saint Jean d'Aulps and back to the tourist office car park.
- V** At Bas Thex, head towards le Biot for 10 minutes until you reach the Saint Guérin oratory. Saint Guérin was one of the main abbot of Aulps Abbey.



### LE DOMAINE DE DÉCOUVERTE

### DE L'ABBAYE D'AULPS (Discovery Centre)

The Aulps Abbey is a unique site, steeped in history, in an enchanted setting whatever the season. This site features the remains of the Cistercian Abbey "Notre-Dame d'Aulps" with nearly 3 acres of green space, cellars, a former cloister and two gardens (a botanical garden and a medieval kitchen garden). The old monastery farm now houses a discovery centre that is unique in France, dedicated to the daily life of the monks who lived in the mountains in the Middle Ages.

Open every day from 15 June  
to 15 September, from 10 am to 7 pm.  
Other periods, from 14 am to 18.30 pm  
(closed on Saturday).  
[www.abbayedaulps.fr](http://www.abbayedaulps.fr)

# LE TOUR DU CHAR DES QUAIS

9



## ALPINE MEADOW WALK WITH A MONT BLANC VIEW

- **D** From the Col de l'Encrenaz (alt. 1433 m), 4 km beyond the village of La Côte d'Arbroz, take the track behind the restaurant-bar.
- 1** At the fork in the path, go right towards Praz. Once you arrive at the signpost for "Les Pâquis" (alt. 1475 m), head left along the track lined with wild raspberries and blackberries up to Col de la Basse (you should allow 40 mins to walk up this 160 m section). From here you can see the Mont Blanc range in front of you and to your right, the Aravis range with its highest peak, La Pointe Percée.
- V** For an even better view, walkers with lots of energy can continue across the meadows to the right of the Col de la Basse and up to Char des Quais summit.
- 2** From Col de la Basse (alt. 1636 m), the forest track goes downhill through lush Alpine meadows bursting with Alpine flowers. During the summer months, local Abondance cows graze in these quiet surroundings. You should come across the Aup chalets before arriving back at Col de l'Encrenaz.

This walk goes through the Roc d'Enfer's Natura 2000 site; the aim of this initiative is to protect natural habitats and animals for the common good, while also respecting the economic activity that happens there too.





# LE LAC DE MONTRIOND

10



This stretch of water is the third largest in the county at 33 ha (only Lake Geneva and Lake Annecy are bigger). Montriond's lake was created after a landslide from Nantaux mountain to the northwest. The Geopark information panels detail how the lake was formed (at the car park and in Ardent, with further "Payscope" information at the far end of the lake).

Lots of activities take place at the lake all year. In the summer, the lake becomes a focus for adventure activities with canoeing, kayaking, paddle, swimming (lifeguards from 1<sup>st</sup> July to 31 August), fishing, pony rides...

Fireworks show: every Saturday on August, a free light and sound spectacular is a hit with thousands of spectators.

## A WALK AROUND A LARGE MOUNTAIN LAKE

- **D** From the car park of the lake, start walking to the far end of the lake. Follow the path along the lake under the cliffs (side of forest). Attention! You can cross VTT and rider.
- 1** At the end of the lake, follow the path which leads you through the forest, towards Les Albertans hamlet, which you'll reach in 10 minutes. Once there, take a moment to admire traditional and local architecture.
- 2** Carry on walking until Ardent water-fall; you can gaze at it from the bridge which rejoins the main road. In the spring, the huge amount of water creates an impressive sight!
- 3** Head back to the lake taking the same path and take a moment to admire the Roc d'Enfer in the distance. Carry on to the car park, taking the path on the other side of the lake. Allow 30 minutes to walk to the water-fall and 25 minutes to head back.



In winter, ice diving enthusiasts take advantage of the lake freezing over; the ice can measure up to a metre thick. There's also cross-country skiing, snowshoeing and other walks to do.

Take the Bus  
to the lake.





# LA CASCADE DES BROCHAUX

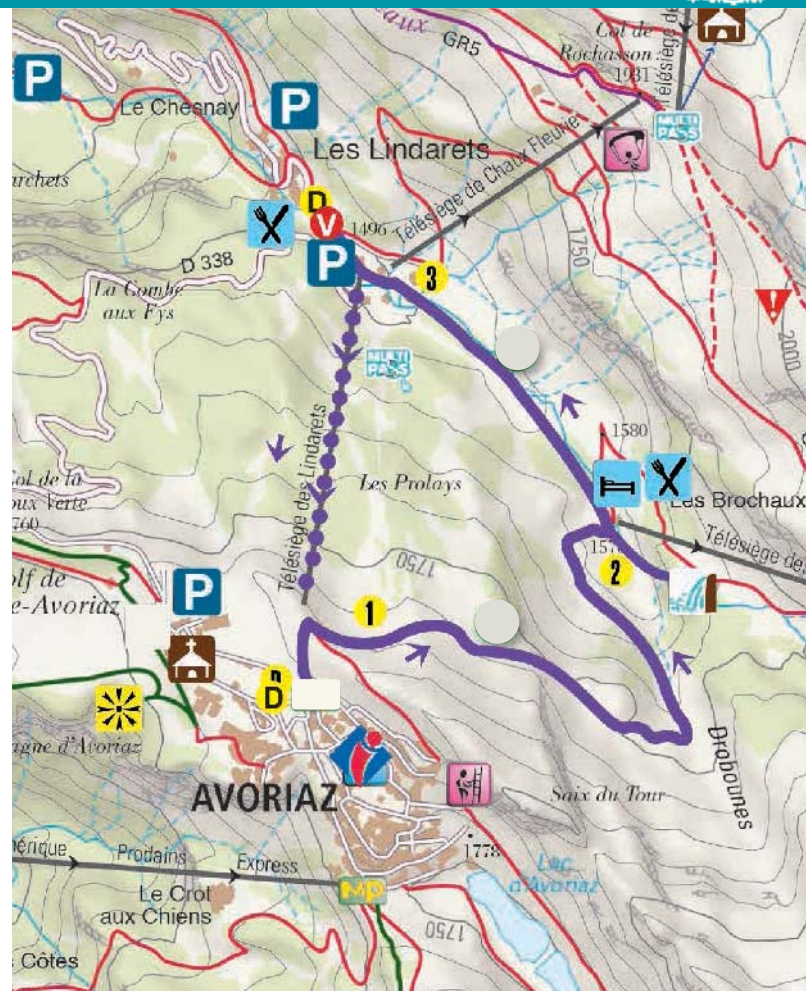
# ET LES LINDARETS

11



## A REINVIGORATING WATERFALL AND GOATS ROAMING FREE!

- ➔ **D** The footpath sets off from the Avoriaz plateau with quite a steep climb (70 m uphill) up onto the Avoriaz ridge.
- 1** This itinerary then continues downhill, indicated by the words Cascade des Brochaux on signposts. You'll reach this waterfall in about an hour.
- 2** At the waterfall (alt. 1 576 m), why not have a break. Then continue along the route via the flattish footpath who follow the river, signposted "plateau de La Léchurette" which you'll get to in about 20 minutes.
- 3** Walk down to the village of Lindarets to see the goats (see opposite). From Lindarets village (1 467 m), retrace your steps back to "plateau de La Léchurette" to take the "Lindarets" chairlift which will take you back to Avoriaz. You can also take the path that passes above the chalets of Lindarets to admire the plunging view of the lake of Montriond.



By car from Morzine to Montriond: start the circuit by parking at Léchurette (after visiting Lindarets). Take the Lindarets chairlift and start the itinerary at **1** in Avoriaz.

# ESCAPADE À CHAMPÉRY

# AU CŒUR DU VALAIS SUISSE

12



## AN EASY WALK WITH CHAIRLIFTS AND A CABLE CAR

→ **D** From Montriond, head towards Lindarets (8,5km) and park on Lécherette plateau. Take the trail in the direction of the Cascade des Brochaux (Brochaux waterfalls), which can be reached in 30 minutes.

**1** You should take the following 3 chairlifts: Mossettes (uphill, French side), Mossettes (downhill, Swiss side) and Crosets II. From the top of the first chairlift (alt. 2277 m), there's a glorious 360° panorama of the French peaks (Roc d'Enfer, Hauts-Forts...) and the Swiss mountains called the Dents du Midi (alt. 3257 m).

**2** From the top of Crosets II, walk about 10 minutes to the Croix de Culet cable car which will take you to the centre of Champéry. Return by the same route (remember to take note of lift opening times)!



**Stop!**  
**Passport please!**  
You are going to Switzerland, so don't forget your ID for customs checks at the border.



You can reach Switzerland on this day-long outing and enjoy the diversity of the Portes du Soleil's countryside thanks to the lifts, which operate every day in July and August for uphill and downhill journeys (dates and times from tourist offices). And remember, Switzerland isn't only about chocolate...stop for lunch in Champéry and try local specialties including a rather special cheese toasty (la Croûte au fromage) and le Fendant, a gently effervescent white wine that grows on the terraces and hills above Lake Geneva.



Starts from the same point in Avoriaz as walk n°11 (p. 28).





# LES DÉRÈCHES

13



Flat route

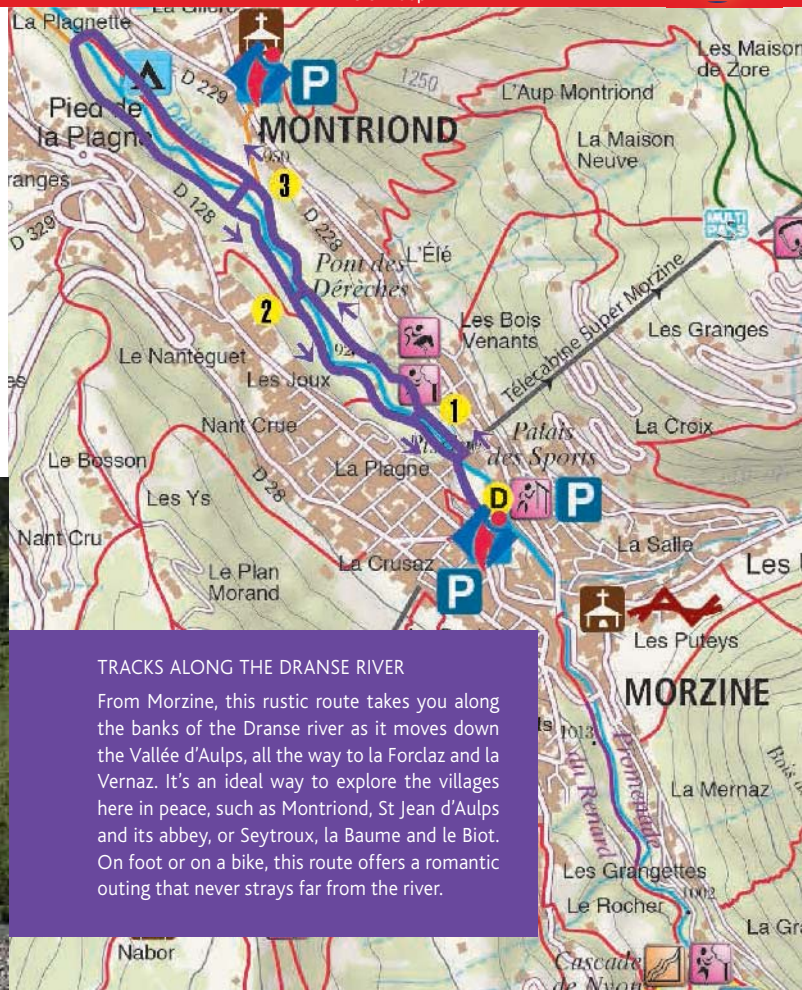


40 mins small loop

1 h 2<sup>nd</sup> loop1 h 20 3<sup>rd</sup> loop

## A STROLL ALONG THE DRANSE RIVER

- ➔ **D** From the Palais des Sports in Morzine, take the path between the swimming pool and the river Dranse, (where there is a marked fitness trail) with three possible loops.
- 1** The 1<sup>st</sup> loop passes in front of the horse riding centre. You can take the first bridge and come back by via the other side of the river.
- 2** The 2<sup>nd</sup> loop: you can also continue on to the Dérèches bridge and return as before on the other side of the river.
- 3** The 3<sup>rd</sup> loop: after passing through the big field, the track goes into the forest, next to the Dranse river, and carries on past the football ground to the bridge (alt. 890 m), which you should cross to come back the other way.



### TRACKS ALONG THE DRANSE RIVER

From Morzine, this rustic route takes you along the banks of the Dranse river as it moves down the Vallée d'Aulps, all the way to la Forclaz and la Vernaz. It's an ideal way to explore the villages here in peace, such as Montriond, St Jean d'Aulps and its abbey, or Seytroux, la Baume and le Biot. On foot or on a bike, this route offers a romantic outing that never strays far from the river.



# LE SENTIER DU RENARD

# ET LA CASCADE DE NYON

14

+180 m  
to l'Érigné

2h30



Follow Gaspard the fox along the banks of the river Dranse; during your walk, you'll meet various furry, feathery or scaly animals! The route takes in 7 village-resorts.

Information  
and booklet (2 €)  
from the Tourist Office  
and Morzine Palais  
des Sports.



For summer, a free shuttle bus linking the centre of Morzine and the Mines d'Or (gold mines) lake, with several stops along the route de la Manche. See the timetable about the Vallée d'Aulps transportation guide.



## A WALK INTO THE VALLÉE DE LA MANCHE



**D** From the church, cross the old bridge and pass in front of the library to Rue Bidon. Pass below the road via the metal bridge. The footpath follows the river Dranse and passes the new fire station. Along the path are signs with information about foxes, the riverside environment and the valley's geology.



**1** When you arrive at the car park for the Nyon cable car, head up to the right until you reach the Nyon waterfall (+ 15 minutes there and back). Follow the same path back down to the car park and continue following the Dranse along the riverbank.



**2** Arrival at Erigné flat meadows. Return by the same path.

You can also reach the Mines d'Or lake (allow 1 hour 30 there and back from Erigné).

# LE LAC DE NYON-GUÉRIN

# PAR NYON

15



## EXPLORING NYON'S ALPINE MEADOWS

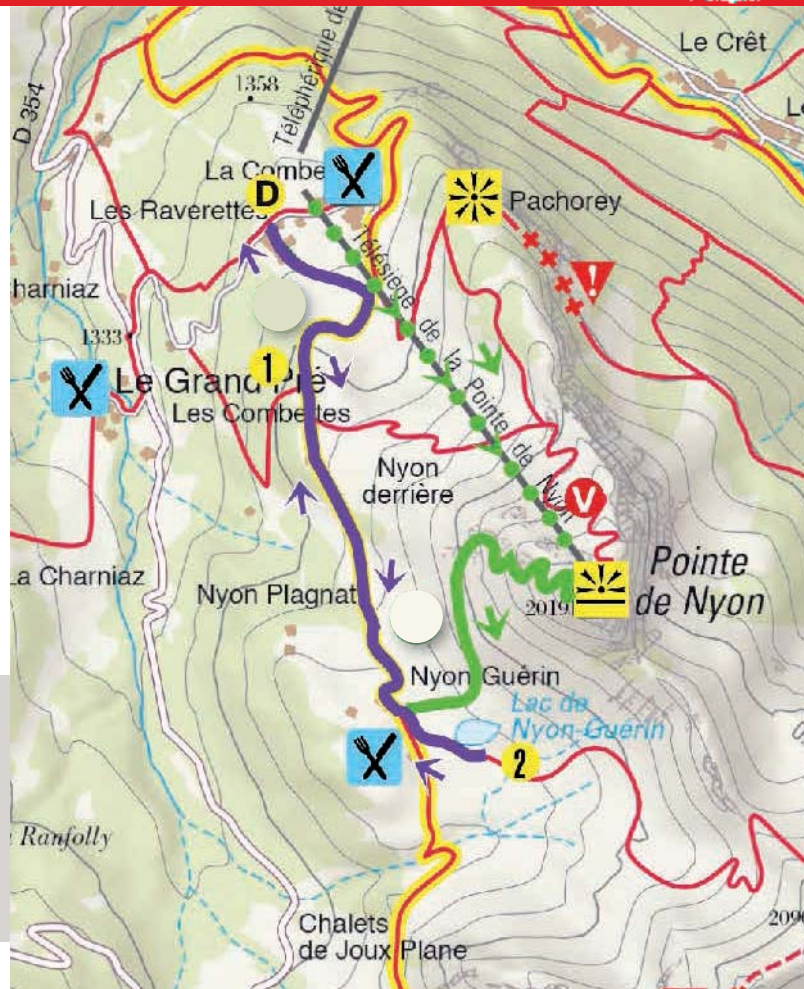
→ **D** From the Nyon plateau (access by car via the Joux Plane road or by cable car of Nyon) take the path that goes through the meadows and up towards the Pointe de Nyon (start from the path opposite the sign at the top of the Pré Favre chairlift, follow the sign for the Nyon-Guerin lake / Joux Plane lake / Pointe de Nyon).

**1** At the sign for Creux du Lavouet: 1 480 m, continue towards Lake Nyon-Guérin.

**2** You'll arrive quickly at the Nyon Derrière chalets (alt. 1 530 m) and Nyon du Creux (alt. 1 620 m). The Nyon-Guerin lake (an artificial lake created to supply the snow makers in the Morzine ski area) is just behind these chalets. Return by the same route.



You could also take the Pointe de Nyon chairlift to take in some spectacular 360° views. At the summit of the Pointe du Nyon, you can take a completely downhill path to the Nyon-Guerin lake. This option offers stunning views of Morzine and the Vallée d'Aulps.



## PROTECT YOUR CHILDREN!

In the mountains, children are more vulnerable than adults because they can get dehydrated and tire quickly, and are more sensitive to the cold and the sun, even when it's cloudy. Don't forget to cover their shoulders and neck, which get very exposed when walking! Sun cream, sunglasses and sunhats are strongly recommended as are solid walking boots with good ankle support.



## LE TOUR DES ALPAGES

## DE FRÉTEROLLE À CHARDONNIÈRE

16



Sections can be wet under foot



+190 m



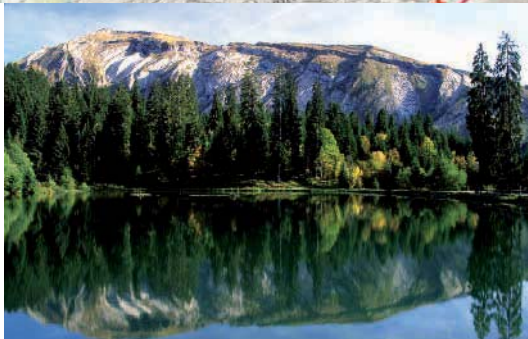
1h45

THREE ROUTES IF YOU'RE GOING IN SEARCH OF COWS...  
AND LOCAL PRODUCE!

- D** Start from the Mines d'Or lake and walk up to the Fréterolle chalet (allow 20 minutes).  
Little descent into the woods as for as mountain refuge of Chardonnière: second pit-stop.
- 1** This is your first pit-stop: try some goat's cheese or cow's cheese (bar and mountain restaurant). Rejoin the path signposted "Col de Cou par la forêt" (Cou pass via the forest). After 5 minutes' walk, turn right towards the Chardonnière refuge (allow 45 minutes). Take the log pontoons across the river (marshy sections).
- 2** At Chardonnière river (alt. 1 500 m), continue to follow signs for Chardonnière. You are at the foot of Terres Maudites, this great rock face who closed the landscape to the Dents Blanches. Here, in Plan des Heures, it is not uncommon to see roe deer, marmot or chamois!
- 3** Walk for 10 minutes to the Chardonnière bridge following the stream; keep walking and bearing right to join the footpath on the left which will take you back to Mines d'Or lake (25 minutes). The tour of the Mines d'Or lake: themed Geopark route, equipped with walkways to cross the marshy land where the orchids grow. If you are feeling peckish, the restaurant is your third (gastronomic) stop!



For summer, a free shuttle bus linking the centre of Morzine and the Mines d'Or (gold mines) lake, with several stops along the route de la Manche. See the timetable about the Vallée d'Aulps transportation guide.



# LA MINE DE LA LAPPIAZ

# ET LA FERME DE SÉRAUSSAIX

17

★ Steep and slippery section  
in wet weather to get to the mine

⬆ + 135 m

⌚ 1h 45



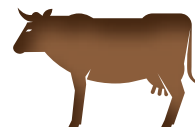
## MORZINE SLATE

This is an informative walk: with information panels explaining Morzine slate, local grey gold that's been mined since 1732 in the cliff that dominates the Vallée des Ardoisières.

## SÉRAUSSAIX ALPAGUE

The Séraussaix Alpague was the first Alpine school in France! Every summer it hosts young students learning about mountain farming, and offering them a chance to learn in detail about sheep and the life of a shepherd.

Information  
from Morzine and  
Avoriaz Tourist Offices.



## HISTORY AND TRADITION CLOSE TO AVORIAZ

- ➔ **D** From Avoriaz, go to the Falaise sector and walk between the Malinka and Saskia buildings, following signs for Proclou, then below the golf course and into the woods until you reach the mine and its vista.
- 1** From the mine, retrace your steps and turn left onto the footpath that runs below the golf course. Follow the markers through the woods then the wooden signposts for Ferme de Séraussaix where, depending on the time of day, you can watch cheese being made (Tomme and Reblochon), buy cheese and even have a snack.
- 2** From the farm, take the footpath that heads off towards Avoriaz through the meadows, where the flora is abundant and varied. You should get back to the Avoriaz golf course clubhouse in about 40 minutes.
- 3** Once at the golf course, continue straight on and back to Avoriaz, about 20 minutes.



At the Col de la Joux Verte (on the Avoriaz road), go back to the clubhouse and follow the path towards Avoriaz until you reach a turning on your right with a signpost for the mine.





# LE LAC VERT PAR MOSSETTES

18



Mainly downhill



-774 m



3h 30 + chairlifts



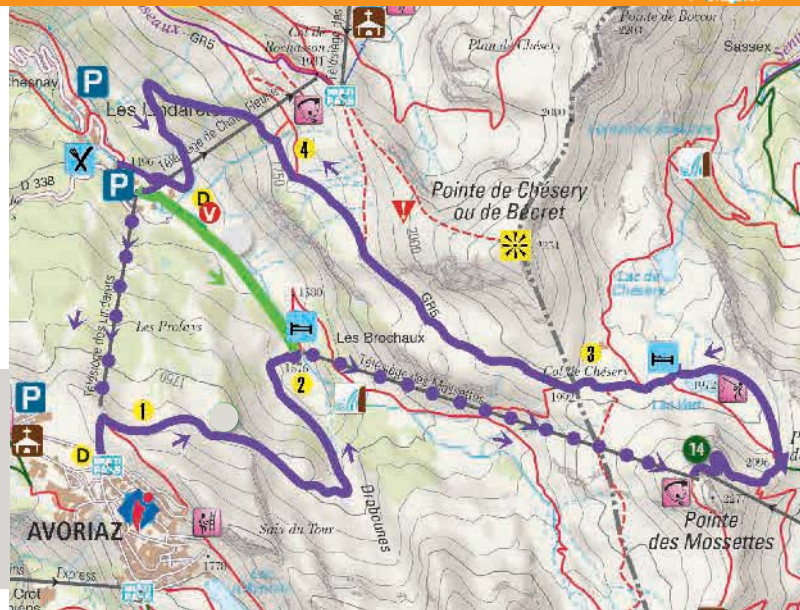
## AN ALTITUDE WALK AT THE BORDER SWITZERLAND...

- **D** The footpath sets off from the plateau in Avoriaz with quite a steep climb (70 m vertical climb) up onto the Avoriaz ridge.
- 1** This itinerary then continues downhill, with wooden signposts for Cascade des Brochaux. You'll reach this waterfall in about an hour. After stopping at the waterfall, take the Mossettes chairlift.
- 2** At the top of the chairlift (alt. 2277 m) you'll be in Switzerland (yellow foot-path signs). Walk down towards the Lac Vert (alt. 1972 m) and the refuge (40 minutes). You might bump into the local shepherd with his flock of sheep. From the lake, walk up to the Col de Chésery (alt. 1992 m), which marks the French-Swiss border.

- 3** From the pass (col in French) follow signs to the Col de Rochasson (watch out for mountain bikers!).
- 4** At the 1805 m altitude marker, fork left towards Lécherette and Lindarets. The footpath crosses a small stream then continues in wide loops down to Lécherette (40 minutes). Return to Avoriaz by the Lindarets Express chairlift.



By car from Morzine or Montrond: start the circuit by leaving your car at Lécherette (above Lindarets). From here, follow signs for Brochaux and catch the Mossettes chairlift (25 minutes' walk) and take up the itinerary from **2**.



**Stop! Passport please!**  
You are going to Switzerland,  
so don't forget your ID  
for customs checks  
at the border.



## ESCAPE TO HAUTS-FORTS TO SEE BLUEBERRIES AND MARMOTS

- **D** From Jean Vuarnet square in Avoriaz, walk up towards Hauts-Forts until you reach La Bec (alt. 1 770 m), the starting point of the footpath called "Morzinette via les Grandes Sutes", indicated by a signpost fixed onto the rock.
- 1** Follow the track which rises gently next to the cliff face (hold onto children's hands) and follow the round yellow ground markers leading to Combe du Machon (1 775 m). Continue to La Chaux (1 750 m) and Plan du Vieux Chalet (1 710 m). You might see, and you'll definitely hear, whistling marmots! Another 20 mins downhill and you'll arrive at the Morzinette chalets.
- 2** Morzinette (alt. 1 600 m) is a summer mountain pasture with traditional chalets and pretty views over the Ardoisières valley. Return by retracing your footsteps and then follow signs to "Pied de la Suette". This footpath goes quite steeply downhill through the forest, to Covagnes via the Plan des Rochers (forest path).
- 3** At Covagnes, catch the cable car back up to Avoriaz.
- D** **V** This circuit can be done from Morzine: take the shuttle bus to Prodains, catch the cable car up and start at **1**.



# LES CRÊTES DE SUPER MORZINE

# ET LE BELVÈRE DU LAC

20



Elevated section at belvedere  
Keep hold of your children!



+ 200 m



2 h 30



## A WALK IN THE GREAT OUTDOORS... WITH CHAMOIS DEER TO SEE IF YOU'RE LUCKY!

- **D** From Avoriaz, go to the Falaise sector and walk between the Malinka and Saskia buildings, following signs for Proclou, then by the golf course, continuing uphill to the Col de la Joux Verte.
- D** 1 At the Joux Verte pass, park near the restaurant and cross the road and walk along the footpath that leaves from the bank at the roadside and heads towards the Crêtes de Super Morzine ridge. The footpath follows this ridge for about 30 minutes amid an abundance of Alpine flowers.
- 1** At Quart des Puers (alt. 1756 m), turn right onto the footpath that goes downhill towards the viewpoint (20 mins).

- Keep alert because this place is home to chamois deer and black grouse. Watch out! There is a sharp drop down to lake Montriond 600 m below! Hold onto children's hands.
- 2** From the viewpoint, retrace your steps uphill and turn right at the first path signposted Col de la Croix des Combes that passes through this pretty flower-filled coomb.
- 3** On arriving at the Col de la Croix des Combes pass, walk back towards Super Morzine around the wide hairpin bends that lead to the Zore chairlift and the Crêtes de Zore restaurant (beautiful panoramic view and orientation table).



- 4** From the restaurant, continue on the path to Quart des Puers, before rejoining the Col de la Joux Verte by the same path that brought you there, to get to Avoriaz.



This circuit can be done from Morzine by taking the Super-Morzine gondola lift and the Zore chairlift. Pick up Route **4** to do the circuit.



# BALADE AUX CHAVANNES

21



+100 m  
-600 m



3h  
+ 10 mins Balad'Aulps Bus



## AN ESCAPE TO LES GETS, USING THE MULTI PASS...

- ➔ **D** After you have taken the Pleney cable car up the mountain (10 mins), take the track towards the orientation table and Belvedere chairlift (10 mins). Keep going straight on alongside the golf course, as far as Chavannes (about 1 hr).
- 1** From Les Chavannes cable car (alt. 1484 m), head towards Les Gets village by following signposts marked Tour des Portes du Soleil. At La Mouille au Blé, take the right-hand path and continue, descending via La Mouille Ronde (1 hr 10).
- 2** In Les Gets, you may wish to visit the village, the Mechanical Music Museum (Le Musée de la Musique Mécanique) – allow about an hour – and you may also want to take the Mont Chéry cable car for a mountain walk fantastic views of Mont Blanc.
- 3** From Les Gets, take the Balad'Aulps Bus back to Morzine (leaves from la gare routière).

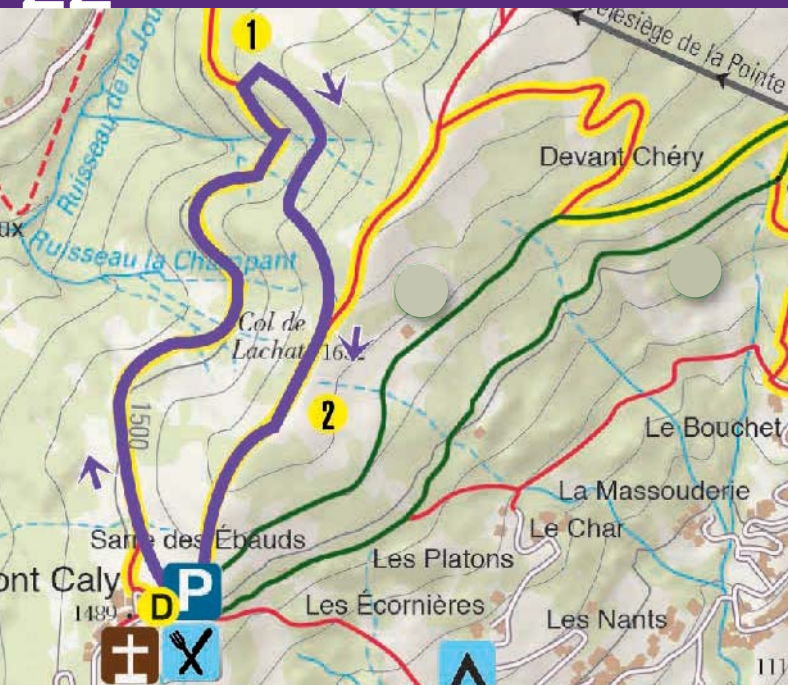
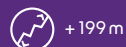


For this walk, remember your Multi Pass for free access to cable cars, the museum and Balad'Aulps Bus.



## LE MONT CALY

22



## A FINE VIEW OF THE MONT BLANC MOUNTAIN RANGE

➔ From Les Perrières roundabout (on the outskirts of Les Gets, Taninges side), take the road up to Le Mont Caly (5.5 km) and park in the small car park on the right, near the water trough.

From the car park, follow signs for Le

**D** Col de l'Encrenaz and take the path just below the cross. This route has great views of Marcellly Peak.

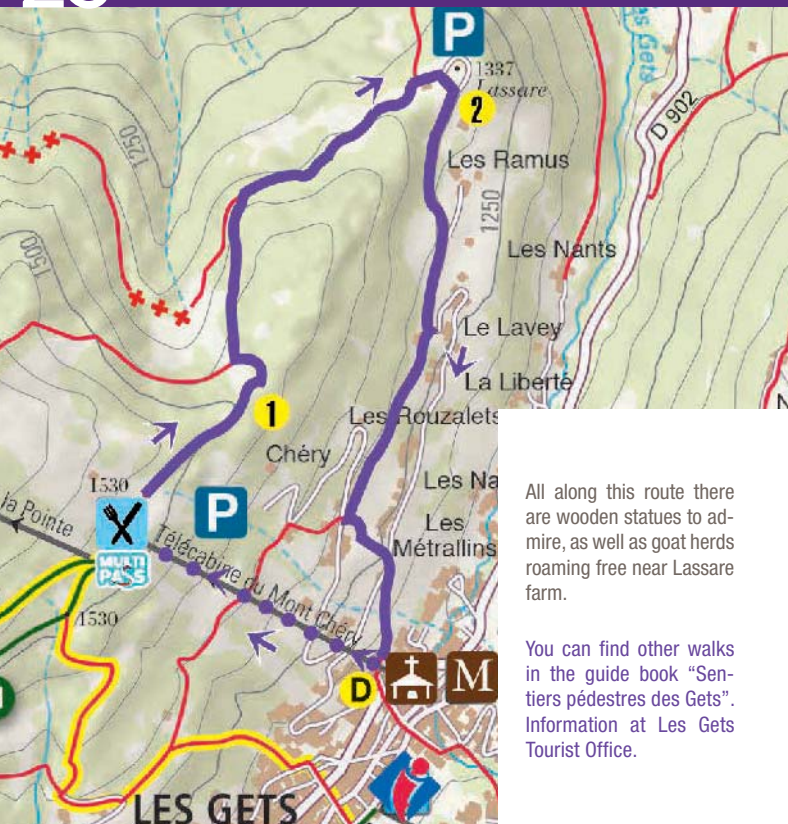
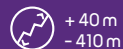
➔ **1** After a few minutes, you'll reach a fork in the path (Les Quenes, 1530 m) where you need to bear up and to the right, climbing up towards Le Col de Lachat (take care, the start of this climb can be a little steep for children). Reaching the col should take 30 minutes, via a forest path, crossing several streams and admiring

views of Praz-de-Lys resort, as well as the mythical Roc d'Enfer.

**2** At Le Col de Lachat (1632 m), there are fantastic views of Mont Blanc to take in, before following the ridge on your right. After a short climb, head back down towards Le Mont Caly; this should take about 20 minutes.

## LE CIRCUIT DES CHÈVRES

23



All along this route there are wooden statues to admire, as well as goat herds roaming free near Lassare farm.

You can find other walks in the guide book "Sentiers pédestres des Gets". Information at Les Gets Tourist Office.

You can use the Multi Pass on this walk for a free ride in the cable car.



## AN ENJOYABLE WALK WHERE CHILDREN CAN GET CLOSE TO GOATS

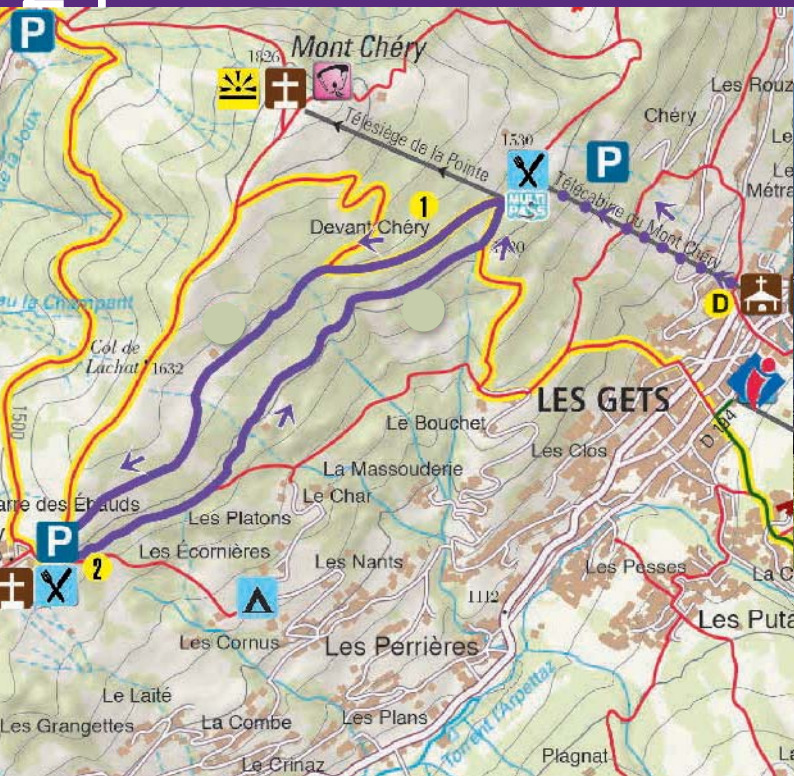
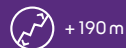
- ➔ **D** From the centre of Les Gets village, take the Mont Chéry cable car up the mountain. At the top, before setting off on the walk, you can head over to your left to the observation telescope and the orientation table which will help you identify and appreciate the surrounding peaks. Once finished here, head back to the cable car station and take the path to the right that heads down towards Plan Bôdit.
- 1** At Plan Bôdit, head to the left and follow the forest path towards Lassare (alt. 1337 m).
- 2** At Lassare, head down to the hamlet at Le Cry, then carry on straight towards the hamlet of Longues Poses. Then walk to the left towards La Casta and keep going until you reach Mont Chéry cable car bottom station.





## LA BOUCLE DES CLARINES

24



You can use the Multi Pass on this walk  
for a free ride in the cable car.



### A WALK FOR CHILDREN AND ADULTS TO SEE MONT BLANC

- ➔ **D** Take the Mont Chéry cable car and at the top go left to the Pointe chairlift. You'll pass an observation table and telescope providing an excellent view of Mont Blanc.
- 1** At the fork in the path behind the chairlift, head up to the right to "Devant Chéry" and carry on along the flat towards Mont Caly.

Continue straight ahead to "Sarre des Ébauds" then head downhill towards Mont Caly.

- 2** At Mont Caly, go right to the panoramic viewpoint then continue straight on the main path taking you back to Mont Chéry cable car, which you can take to return to the village centre below in Les Gets.

