



02.03.04 JUILLET 2021

COUPE DU MONDE MOUNTAIN BIKE UCI MERCEDES-BENZ

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XCO

DHI

OFFICIAL PROGRAM



Les Gets
Portes du Soleil

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Les Gets
Portes du Soleil

Les Gets

COUPE DU MONDE MOUNTAIN BIKE
UCL MERCEDES-BENZ

3



#MBWORLD CUP
#WORLD CUP LES GETS



PORT DU MASQUE OBLIGATOIRE
FACE MASK MANDATORY

SUMMARY

EDITORIAL 5

LES GETS IS BACK ! 9

Competitions programme
Disciplines: key figures and routes
Interviews with XCO and DH1 riders
Behind the scenes
Practical information and maps of the sites

LES GETS BIKEPARK 26

Key figures
The Vélo Club des Gets
In the shoes of a champion

LES GETS IN ALL SEASONS 32

Summer focus: activities and events
Winter focus: activities and events
1 year with P2V
Special offers and good deals

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**SAVOIE
MONT:
BLANC**



PARTENAIRE MEDIA



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TERRE
2024
DE JEUX

ICI VIVENT LES JEUX

La commune des Gets a été retenue comme
Centre de Préparation aux Jeux Olympiques
pour le VTT Cross-country (XCO) .



Les Gets
HAUTE-SAVOIE



EDITORIAL

After Les Gets' remarkable return to the international scene during the 2019 Mercedes-Benz UCI Mountain Bike World Cup, 2020 and the complicated health crisis unfortunately forced us to cancel the Mercedes-Benz UCI Mountain Bike World Cup finals that we were to organise last September. It is now time to bounce back and take our sporting revenge, we are proud and happy to welcome back the best riders on the planet to our soils! As I am writing these words, we can't yet see what the health crisis will look like, but I very much hope that we will also be able to welcome the fans who significantly contribute to the success of this unmissable event.

All our teams have swung into action around this event and are doing their utmost to make these moments unforgettable and to guarantee the best reception conditions for everyone. I hope that this round of the World Cup in Les Gets can make us relive all the enthusiasm, sharing and emotion that have thrilled us so much over the years and at so many major events!

I would like to warmly thank the Union Cycliste Internationale for the trust they have shown in us, as well as the French Cycling Federation (FFC) with whom we are co-organising this event and who provide us with precious support and unfailing solidarity.

We welcome all the competitors and their companions to Les Gets as well as our visitors, may the celebration be beautiful!

”

Henri ANTHONIOZ
Les Gets Mayor





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EDITORIAL



*2020 is no more,
long live 2021!*

This year of forced rest will have had one merit: it will have strengthened our attachment to mountain biking, a sport that has set the pace for the development of the Les Gets resort for decades now. If 2020 and the health crisis finally got the better of our will and tenacity, we now know that in 2021 our efforts will not be in vain, and that we will soon welcome back the world's best riders here in Les Gets, a few weeks before the Tokyo Olympic Games! Of course the celebration will only be perfect if we can count on the presence of all the spectators and participants who made the 2019 edition an unforgettable memory. It is this popular enthusiasm that we hope to relive with you this year, before hosting the Mountain Bike UCI World Championships in 2022, the high point of an ambitious programme of major events.

Beyond this unmissable event, I would ask you to discover the charm of our village, its inhabitants and its natural and heritage richness. All the teams are working together to offer you a complete quality tourist service and I would ask you in particular to discover or rediscover our bike park which remains a world-renowned benchmark.

We look forward to seeing you there to support the athletes and enjoy a unique experience at the heart of the event! Welcome to everyone and enjoy your stay in Les Gets.

Michel MUGNIER
President of Les Gets Tourisme



Just a few weeks before the Tokyo Olympic Games, the resort of Les Gets welcomes, for the second time in three years, the best athletes on the mountain bike planet. The last rehearsal before the Olympics!

A good rehearsal also as the Haute-Savoie resort will be the scene of the MTB UCI World Championships next year, in August 2022. A major venue for French and world mountain biking, Les Gets has already organised this international event in 2004. That was 18 years ago! Our country was looking forward to hosting this international competition again.

As President of the FFC, I am very proud to see that our country can count on such committed and experienced resorts and organising committees with world-renowned know-how.

While waiting for the 2021 MTB UCI World Championships, which will be held in Italy, France has three Olympic Cross-country World Champions in its ranks, with Pauline Ferrand-Prévot, Loana Lecomte and Jordan Sarrou, in the four major categories of Elite and Espoirs men and women. What can we say about the young French downhillers, guided by their leaders Myriam Nicole and Loïc Bruni, multiple medallists and World Champions of the discipline. Promising!

On behalf of the FFC, I would like to thank the commune of Les Gets, its elected representatives and the entire organisation team. Thank you also to the local authorities, as well as to the private partners, without forgetting the hundreds of volunteers. Without these committed and passionate people, these international organisations would not be as successful!

I wish good luck to all the riders involved in the 4th XCO round and 2nd DH round of the 2021 World Cup! And to the spectators, who will still be numerous, to enjoy this magnificent show. They will be the first to cheer and support the French athletes, who will compete against the best riders in the world in front of their public!

Michel CALLOT
President of the FFC



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LES GETS IS BACK!



After the cancellation of the 2020 Mercedes-Benz UCI Mountain Bike World Cup round and on the brink of the 2022 UCI Mountain Bike World Championships, our heads were starting to be full of great ideas! There's nothing like a forced break to take the time to consider what's next, with the fierce desire to come back even stronger and bigger. The basic idea is simple: to innovate, to offer more entertainment, technical tracks, emotion, fun, everything that we like and that we want to offer to the riders and our fans.

Initially, the aim was to bring together the local network of fans who had been left hungry by the lack of races. Nothing could be easier in Les Gets, the local community is teeming with goodwill and associations dedicated to mountain biking in all its forms. With the organisation of P2V Invitational instead of the 2020 Mercedes-Benz UCI Mountain Bike World Cup, the local realm has shown that it was full of resources and knew how to bounce back to deliver an event that came out of nowhere but that was able to improve troop morale!

From then on, the desire and motivation quickly took over and it was a renewed enthusiasm that pushed us to undertake major modifications on our two tracks, each with its own slope and the church in the middle of the village.

All that remains is to count our lucky stars and hope the planets are aligned so that the organisational conditions are as close to normal as possible... And that we can welcome our fans in the best conditions!

Welcome to Les Gets, whoever you are, wherever you are, we have our heart set on offering you a magical and exceptional moment among us, with enthusiasm about racing, sharing and good humour! May the celebration be beautiful!

KEY FIGURES

...of a perfect edition



800

riders in both
disciplines
(XCO & DH1)

100 000

spectators
expected over the
duration
of the event

35

nations
represented

8 500 m²

of paddock
space

150

media
accreditations



Live
broadcasting
on the Equipe
21 channel and
streaming on
RedBull TV

COMPETITIONS PROGRAM



THURSDAY
1ST OF JULY

	🕒 12:00 - 14:00
	🕒 14:00 – 16:00
	🕒 08:30 – 11:45
	🕒 12:00 – 15:15
	🕒 15:30 – 17:00
	🕒 17:00 – 17:45
	🕒 08:30 – 10:00
	🕒 10:15 – 11:45
	🕒 09:30 – 11:00
	🕒 11:00 – 12:30
	🕒 12:30 – 14:30
	🕒 12:15
	🕒 12:30
	🕒 13:30
	🕒 14:00

FRIDAY
2ND JULY

	🕒 15:45 - 16:30
	🕒 16:30 - 17:15
	🕒 17:30
	🕒 18:15
	🕒 08:15 – 09:15
	🕒 09:30 – 11:30
	🕒 11:30 – 13:30
	🕒 13:30 – 14:30

SATURDAY
3RD JULY

	🕒 09:45
	🕒 10:30
	🕒 10:50 – 11:05
	🕒 11:05 – 12.05
	🕒 12:30
	🕒 13:30

SUNDAY
4TH JULY

	🕒 08:30
	🕒 10:15
	🕒 12:20
	🕒 14:50

Official XCO Training > Reserved for women
Official XCO Training > Reserved for men
Official Downhill Training > Group B
Official Downhill Training > Group A, including top 5 Women Elite from the latest World Cup standing
Downhill Timed Training Session > World Cup Top 60 Men Elite, Top 15 Women Elite, Top 10 Men Juniors and Top 3 Women Juniors
On Foot Downhill Course Inspection - Riders / Teams
Official Downhill Training > Group B
Official Downhill Training > Group A, including top 5 Women Elite from the latest World Cup standing
Official XCO Training > Reserved for women
Official XCO Training > Reserved for men
Official XCO Training > All riders
World Cup Downhill – Seeding Run – Women Juniors
World Cup Downhill – Qualifying Round – Men Juniors
World Cup Downhill - Qualifying Round – Women Elite
World Cup Downhill - Qualifying Round - Men Elite
30 minutes On Foot Downhill Course Inspection - Riders / Teams
Official XCC Training > Reserved for Women
Official XCC Training > Reserved for Men
World Cup Cross-country Short Track – Women
World Cup Cross-country Short Track – Men
Official Downhill Training > Women Juniors, Men Juniors and Women Elite qualified for the final
Official XCO Training > Reserved for women
Official XCO Training > Reserved for men
Official XCO Training >>> All riders
World Cup Downhill - Final – Men Juniors
World Cup Downhill - Final - Women Juniors
Official Downhill Training > Women Elite qualified for the final
Official Downhill Training > Men Elite qualified for the final
World Cup Downhill - Final – Women Elite
World Cup Downhill - Final - Men Elite – Followed by awards ceremony for all categories
World Cup Cross-country Olympic - Women Under 23
World Cup Cross-country Olympic - Men Under 23
World Cup Cross-country Olympic - Women Elite Followed by Awards WU/MU
World Cup Cross-country Olympic - Men Elite Followed by Awards WE/ME





DISCIPLINES



Because it is the most accessible, Cross-Country (with the acronym XCO, X for Cross, C for Country, O for Olympic) is the most practised and common mountain bike discipline around the world, both for amateurs and competitors. Cross-Country became an Olympic sport in 1996 in Atlanta. It is raced on a closed track where riders do several laps. Elite (men & women) trials last about 1h 30min, whereas the under-23 category lasts for 1h 15min.

The goal is to race on the course which rises and falls and alternates technically challenging sections and steep climbs. XCO performance requires endurance, force and agility. Unlike downhill which is a race against the clock with individual starts, XCO uses mass starts. Since 2018 the starting grid has been determined by a qualifying round (XCC: also called Short Track). The aim is to shake things up, as in the past it was exclusively the overall ranking of the World Cup that determined the order of placement on the starting grid.

The 3.5km long course at Les Gets with 140m elevation has kept the basics of the 2019 track which is very compact and very accessible for the public. Made up of two loops with 2 major climbs and descents, the course has benefited from new technical changes this year to bring more of a challenge and more character.

The track markings have also been revised in order to make sequences flow better and encourage showdowns!

The riders do seven laps on Carry, right by the village, much to the delight of the spectators!

TECHNICAL DETAILS



	START - FINISH ALTITUDE	1165 m
	MAX ALTITUDE	1231 m
	DISTANCE	3,45 km
	POSITIVE ELEVATION	140 m par tour
%	DEGREE OF SLOPE AVERAGE/MAX	5,8% / 17,4%
%	DEGREE OF SLOPE AVERAGE/MAX	-7,7% / -23,9%
	SURFACE	70% Forest undergrowth 30% Mountain pasture/ ski slopes



XCO



XC







DISCIPLINE

DH 

DownHill Individual

TECHNICAL DETAILS

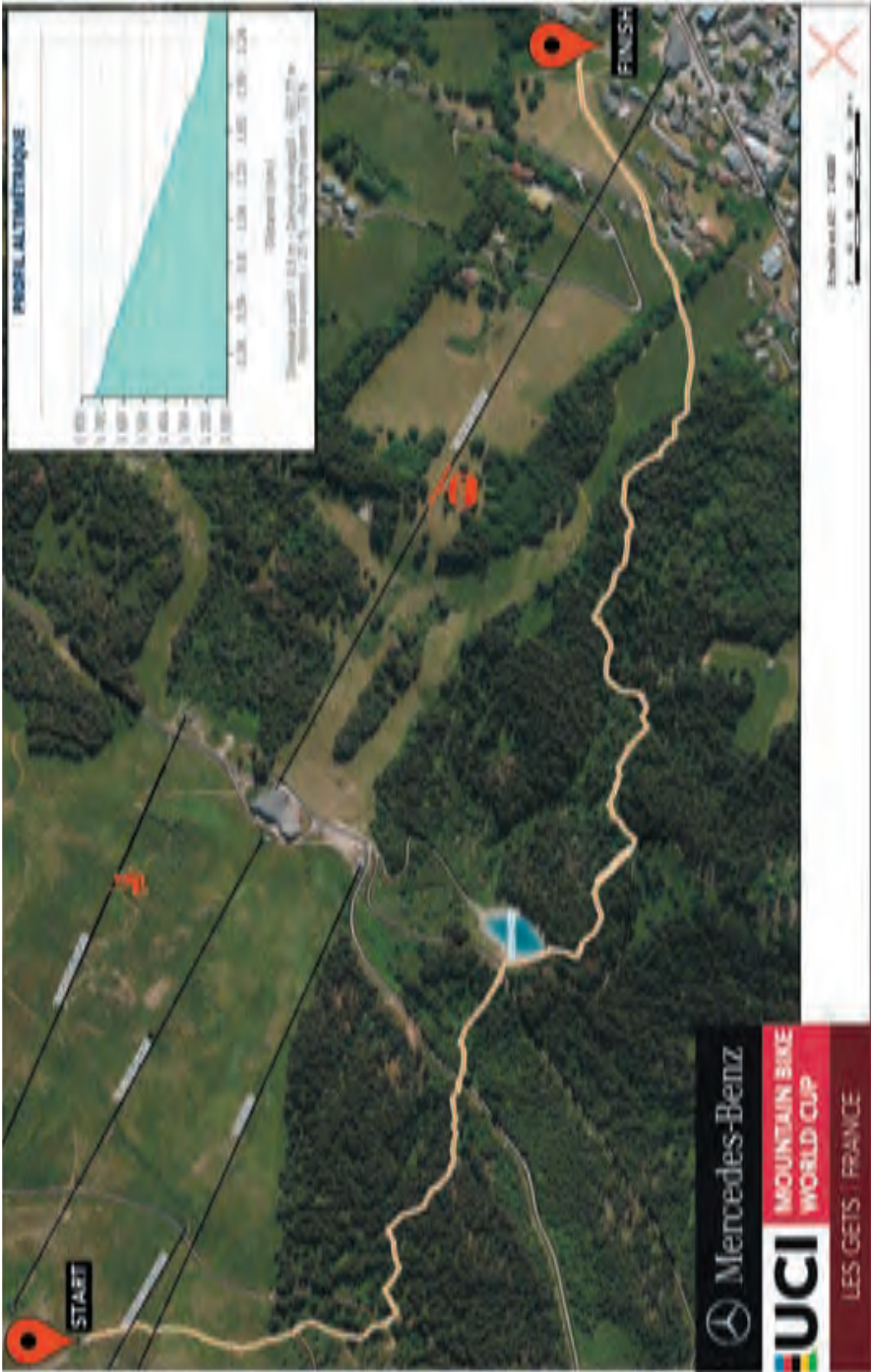
 START ALTITUDE	1 740 m
 LENGTH	2 300 m
 ELEVATION GAIN	-567 m
 SURFACE	65% Mountain pasture/ ski slopes 35% Forest undergrowth

Downhill or DHl for Downhill International is definitely the most spectacular and intense mountain bike discipline.

It's not difficult to understand: the aim is to arrive at the finish line as fast as possible...on a course that an average mortal would be mad to attempt! Different technical or fast sections alternate with a succession of jumps, roots, clusters of stones, bends, slopes and all sorts of other obstacles destined to undermine the rider's control. Because in this race, control is the key ingredient, with a good dose of fear and adrenalin!

We recommend thrill-seekers head for the Mont-Chéry track (don't be fooled by the sweet name) where you will be able to share all the emotions with the riders of such races...

If the start and finish remain the same as in 2019, everything else is new! At an altitude of 1740 m, the riders will have the opportunity to gaze at Mont-Blanc one last time before setting off for a first fast and open section before gradually returning to the undergrowth. The first road gap will set the pace and will give way to a series of technical passages, roots and jumps. After passing close to the lake which will allow the riders to recover a little, they will have to face new steep and technical sections for a relentless and intense race! The final section will be spectacular, with a series of tables before plunging towards the finish, where we hope there will be a large crowd to cheer on the Downhill heroes!





INTERVIEWS

XCO & DHI WOMEN RIDERS



LAURYNE CHAPPAZ

**Laurayne Chappaz,
2020 Junior Downhill
UCI World Champion
and new mountain
bike ambassador of
Les Gets**

1 Where did your passion for mountain biking come from?

It runs in the family. My father did it when he was younger, then my brother followed, as well as my sister and now me! What I like about mountain biking is the feelings that cannot be found anywhere else: the speed, palpitations, the stress before the start. And then the great atmosphere during the races!

2 What do you remember about your appearance in Les Gets in 2019?

I have incredible memories of this World Cup as it was my best result. A medal at home, I was very proud. And there was a crazy atmosphere, I have never seen that at a World Cup.

3 This year, it will be your 1st World Cup in the Elite category. How do you feel?

It's very stressful because you are entering the big league. The women have a lot more experience than me, a better technical and physical level too. I don't want to start with the view of going straight to the qualifiers. My aim is to enjoy myself and make the most of the experience rather than to focus on performance.

4 So we'll be seeing a lot of you in Les Gets this summer?

«Of course! I'd like to improve my tricks and I know that the Tomawak blue track has a lot of tables so it's perfect for my training. And then the black track is crazy! I plan to come very, very often!



LOANA LECOMTE

**2020 French
and UCI World
U23 Cross-Country
Champion**

1 How did you start out in cross-country?

When I was little, I used to do downhill skiing in Les Carroz, not far from Les Gets, and my parents wanted me to do a sport in the summer in addition to skiing. There was a mountain bike club in Les Carroz and that's where I started. Since then, I have never left my bike.

2 It's a restyled XCO track that awaits you, more technical and more physical than 2019. How are you going to prepare your descent?

I'm planning to come and ride in Les Gets to get to know the course. It's good news that the track is going to change. I feel it's going to be a beautiful course and I can't wait to discover it!

3 What are the necessary qualities to be the best on race day?

From what I remember from 2019, you'll need to be powerful and a good climber because we have two rolling and physical climbs. You will also have to be able to ride fast in the downhill sections and to do one technical section after another. It will be a good preparation race to measure yourself against the other competitors before the Tokyo Games.

4 What does a start in Les Gets, in France and in your region mean to you?

It's always a pleasure to take part in a World Cup in France and, at home, it's even more motivating! I am going to give it my best shot and I hope the public will be there. What's more, I have very good memories of the 2019 World Cup, it was a great atmosphere, even if I wasn't on top form that weekend.



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**XCO race director****DAVID MOREAU****LÉANDRE ALEGRI****BENOIT TEXIER****DHI course managers**

① Can you describe the track in a few words?

We started with a good base, i.e. the track created in 2019 for Mercedes-Benz UCI Mountain Bike World Cup in Les Gets and which has already been ridden quite a lot. It's a very compact and visual track for the crowd but it lacked the technical areas of modern XCO. We had feedback from the riders and teams in 2019 and we knew that we would have to make natural technical changes for the next World Cup rounds, the World Championships in 2022 and also for the 2024 Games because Les Gets holds the «Terre de Jeux» label and is an XCO preparation centre.

② What surprises await the riders?

The basics of the 2019 circuit remain the same: 2 loops with 2 almost parallel climbs and descents. But we have added 15 technical features, spread over the whole circuit. Pop-up rock gardens, springboards, jumps, roots and stones... This is what awaits the riders this year. ¾ of the features will be permanent and the pop-up installations will be put back in place for the 2022 World Championships. We also revised a lot of the track markings to have better sequences and more variations on a physical level. For example, we removed the small loop in town on the tarmac which was not necessary because it made the course flow even faster and smoother.

③ What qualities are needed to perform well on this track?

There are clearly physical demands as there are two excellent climbs with an elevation gain of 140 metres as well as other elevation variations. With the new technical features, you will also need good riding skills on the descents, the slightly delicate sections, the roots... Perhaps this new route will favour the French who are very good technically on the international circuit.

④ What is your favourite section?

I really like the upper part of the track, right below the Lac des Écoles, because it is a natural technical path, with sections in the roots. It's really reminiscent of the 2004 World Championships, the World Cups and the French cups that have taken place in Les Gets. This section is part of the changes we have planned to make it even more technical and to give the spectators a real treat!

① What's the story of this track?

— Ben It's a new track which is being created on Mont-Chéry for the 2021 Mercedes-Benz UCI Mountain Bike World Cup and the 2022 World Championships. We didn't want to stay with the 2019 track - which is a little outdated nowadays with the progression of the discipline. Only the start and finish areas are the same. In September 2020, we were busy shaping the track for the P2V Invitational, a race organised by the P2V association and all the locals in the resort. We are going to build on this track, which is a good base, and offer a more open, more technical and faster route with a spectacular finish!

② What do you want to offer with this new route?

— Léandre We want to offer the riders a modern, comprehensive track, adapted to the demands of downhill mountain biking, which has evolved enormously in recent years. We start with a fast open start, followed by many technical parts in the forest undergrowth where the successive rider traffic will leave roots and brake holes on show. We close with a fast, aerial finale, a series of tables between the road and the Mont-Chéry cable car. In conclusion: more entertainment for the crowd and more enjoyment for the riders!

③ What qualities are needed to perform well on this new course?

— Léandre This new track will no longer be a single track like it was in the 2019 World Cup. More routes will be possible, which will create a lot of paths to make a difference on the different riding styles and allow time differences and entertainment. Some will opt for the wider paths, and others will try to take the more technical routes. As a result, this track requires a lot of work from the staff and the rider beforehand to analyse the possible paths, the section times and the many mechanical adjustments...

Not to mention the strong physical and mental skills that are essential to win a round of the World Cup.

④ Which section of this track do you prefer?

— Léandre & Ben It is without hesitation the lower part in this new wood, up to the finish which we called «black wood». It is full of steep slopes, dotted with roots, banked bends which concludes with a very aerial finish line. We cannot wait to see them on this brand-new section!

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Loïc Bruni

UCI Downhill World Champion



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UCI MTB World Champion

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**Events manager at
Les Gets Tourisme**

BERTRAND JOSUÉ

❓ What is your role as World Cup coordinator in Les Gets?

My role is a bit like a conductor: I supervise all the scores of each party, and I ensure that the tempo is respected so that the result is consistent and conforms to the objectives set by the Organising Committee. You need to be able to put your hand to everything without necessarily being a specialist in each area and, above all, you need a keen sense of organisation, management, and communication and be able to listen and negotiate. Another important quality is to always be one step ahead to deal with the unexpected and to be responsive in finding solutions to any problem.

❓ What difficulties did you run into organising this World Cup during a health crisis?

The period we are currently experiencing is not conducive to the organisation of this type of major event and it doesn't make our task any easier. We are working on different scenarios, from the most optimistic to the most constrained, even to the point of considering an event behind closed doors, which would be the worst-case scenario for us. We can count on other event organisers sharing their experience, in particular the organisers of the Alpine Skiing World Cup which took place this winter in France, who have given us good feedback.

❓ What do you think the 2021 Mercedes-Benz UCI Mountain Bike World Cup & 2022 UCI World Championships will mean for the resort?

These two major mountain bike events have a significant impact on the Les Gets resort. They contribute to the resort's international reputation and place Les Gets among the world leaders in this discipline. They are also a showcase for what we offer and allow us to promote the mountain bike destination. Under normal conditions, these major events attract many spectators to our area and generate good economic and touristic benefits for the resort. Finally, we can see that French riders have been performing very well in recent years, in both XCO and DH, and we are pleased to offer them these two events "at home" in front of their fans.



**World Cup
volunteer**

NINA VIARDOT

❓ Can you introduce yourself in a few words?

My name is Nina, I am 22, I live in Dijon where I am in my 5th year of studying medicine. My great passion is DH, which is also my family's passion. My little brother does it, we take part in regional competitions and the French Cups every weekend during the season. The World Cup in Les Gets is the event, THE home round, which is not to be missed for us. Otherwise I do road cycling, mountain biking, electric biking and a little bit of downhill mountain biking.

❓ Why did you decide to volunteer?

For my 1st participation as a volunteer at Crankworx in 2018, it was above all to meet people and to be closer to the event. When I learned that the 2019 World Cup would be held in Les Gets I immediately signed up again. In 2019, I was part of the VIP team and again, it was a great experience with the other volunteers and the rest of the organisation. It was a no-brainer for me to go back this year!

❓ Do you have any words to encourage people to join the adventure?

It is an incredible experience for anyone who loves cycling, sport and the mountains in general. It's a great way to meet people, I've met some real friends here. The week is intense on all levels: you work flat out during the day and at night we all get together for a drink. It is also the chance to experience inside an international sporting event and to get to know behind the scenes of such an organisation.



SIDE EVENTS

LA DRAISIENNE CUP



REGISTRATION

Registration on site at Les Gets Vélo Club, fee of 5€ per child. Each child will receive a registration plate for their balance bike. Parental authorization required (form available at the Tourist Office).

CHILDREN BALANCE'S RACE BIKE - Saturday 03 July 2021

See you on 03 July at 5pm in front of Les Gets Town hall, for a special race dedicated to kids between 3 and 5 years!

Les Gets Vélo Club organises a race for balance bikes: small bikes without pedals. It takes place on a track adapted for children in the centre of the village. Mass start at 5pm in front of Les Gets Town hall. All children aged between 3 and 5 who have a balance bike and helmet (compulsory). Note: maximum 100 participants.

DUAL SLALOM BY P2V

WHEN?

SATURDAY 03 JULY 2021
From 6pm, meet the best French and international riders and the World Cup guests during the Dual Slalom by P2V

WHERE?

The race will take place on the Boule de Gomme track on the snow front.



HOW TO PARTICIPATE?

Participation on invitation. 2 training runs followed by a start for the finals at 6:30 pm: each rider makes 1 run in each course. The fastest to arrive at the bottom of the track wins.



PRACTICAL INFORMATION



VISITOR CAR PARKS

The public car parks are all located at Les Perrières (resort entrance on the TANINGES side): PK Perrières + Roadside resort entrance on the Taninges side. Free shuttle buses and small trains pass nearby to take visitors to the village centre.



CAMPER VAN PARKINGS

A free camper van parking area with a Blue Dot terminal is available at the Perrières car park. Public toilets and showers are available. There are between 25 and 30 motorhome pitches. Free shuttle buses and small trains pass by to take visitors to the village centre.e.



FREE SHUTTLES LINES A & B

Timetable: from 9am to 12pm and 1pm to 7pm

The routes of lines A and B are modified from Monday 28 June 2021 until Monday 5 July inclusive. A stop will be created at the bus station on the Route des Grande Alpes. The TC Chavannes (09) and TC Mt- Chéry stops will not be served from Monday 28 June to Monday 5 July



WHERE IS THE BUS?

The 3 free shuttles can be located in real time on the Pysae application



FREE SHUTTLES WITH MTB TRAILER

Timetable: from 9am to 12pm and from 1pm to 7pm

An additional free shuttle will run from Thursday 1 July to Sunday 4 July inclusive (with a mountain bike trailer) on a single route: PK Perrières > Bus Station (rotation every 15mn max.).



FREE SMALL TRAINS

Timetable: from 10.30am to 1pm and from 2pm to 6pm.

2 free small trains will run from Friday 2 June 2021 to Sunday 4 July inclusive.

- 1 circuit Parking Perrières > Bus station (rotation every 15 min max.)

- 1 circuit Parking Perrières > Lake (rotation every 25 min)



GETSLIB'

Self-service electrically assisted bicycle. 5 stations are available in the village. The first 1/2 hour is free, then 1€ every 30mn. Register online at lesgets.com/getslib. Please note: GetsLib' bikes cannot be picked up between 9pm and 7am.



WILD CAMPING

Tent camping is tolerated at the bottom of the Perrières trail. Additional showers and sanitary facilities will be installed there. Wild camping outside this area is prohibited.

02.03.04 JUILLET 2021
COUPE DU MONDE MOUNTAIN BIKE
UCI MERCEDES-BENZ XCO ET DHI

 **Mercedes-Benz**



MOUNTAIN BIKE
WORLD CUP

LES GETS
FRANCE



PORT DU MASQUE C
FACEMASK MANDA

MORZINE

Route des Grandes Alpes

PRESSE
MEDIA
CENTER

FINISH DHI

DHI
TRACK

T.M.-Chéry

GARE ROUTIÈRE
BUS STATION

START & FINISH XCO



Rue du centre

OBLIGATOIRE
ATORY

XCO
TRACK



 **ROUTE FERMÉE À LA CIRCULATION**
ROAD CLOSED TO TRAFFIC

 **ROUTE PARTIELLEMENT FERMÉE**
PARTIALLY CLOSED ROAD

 **SENS DE CIRCULATION**

 **CIRCUIT NAVETTE + REMORQUE VTT**

 **CIRCUIT PETIT-TRAIN « PERRIÈRES »**

 **CIRCUIT PETIT-TRAIN « LAC »**

 **PARKING PUBLIC / PUBLIC CAR PARKS**

 **ARRÊT NAVETTE / BUS STOP**

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 **DOUCHES PUBLIC / PUBLIC SHOWERS**

LES PERRIÈRES

PARKINGS PUBLIC
PUBLIC CAR PARKS

TANINGES



Les Gets Bikepark is an internationally recognised, key mountain bike site and is part of the largest playground in Europe in the heart of the Portes du Soleil mountain resort. It is ideal for experienced mountain bikers as well as for beginners, adults and children, who can practice all the disciplines on signposted and secure tracks, as well as on numerous fun zones. These include Downhill, Cross-Country, Freestyle, Free-ride, e-Bike...

All the information on mountain bikes, bikes and electric bikes at lesgets.bike



Bike park opening dates
Summer 2021:

PRE-OPENING WEEKENDS:

Friday 28 - Sunday 30 May

Friday 4 - Sunday 6 June

Friday 11 - Sunday 13 June

Continuous opening from 18
June to 5 September 2021

OPEN ON WEEKENDS IN

SEPTEMBER:

Thursday 9 - Sunday 12

September (Jeûne genevois)

Friday 17 - Sunday 19

September

BIKEPARK

DETAILS...

- **128 km** of signposted tracks.
- **13** downhill tracks (DHI).
- **1** Freeride track.
- **5** enduro/long-distance tracks.
- **5** electric mountain biking tracks.
- **3** electric bike charging stations.
- **180km** Portes du Soleil Enduro circuit.
- **13ha** Jump Park with bridges, jumps, forest passages, wooden units.
- **1** mini Jump Park.
- **14** Cross track.
- **1** Dual Slalom track.
- **2** Pump Tracks.
- **1** Kid Zone.
- **1** 'Coaching Track'.
- **3** lifts dedicated to mountain bikes, including the Chavannes Express and Nauchets Express chairlifts equipped with a double rack allowing 2 bikes to be loaded per seat (22 lifts throughout Portes du Soleil).
- **8** bike-patrols to ensure the security and upkeep of the tracks.
- **4** mountain bike schools.
- Around **10** instructors accredited by the MCF (Moniteur Cycliste Français).
- **8** specialised stores for bike hire or repairs.
- **35** staff members who take turns at the welcome desk, on the lifts and at the cash desk.
- **2** free bike-wash bays.
- Repair and maintenance points (available free of charge at the chairlifts).
- Les Gets Tourisme has held the 'Accueil Vélo' accreditation since 2018 (guaranteeing a welcome for all cyclists: mountain bikers, cyclists and electric bikers).



The Bikepark jersey, 2021 edition

On sale at the ski lift ticket offices and in the mountain bike shops in Les Gets





DO IT YOUR WAY

and redefine what's possible.

OFFICIAL EYEWEAR SPONSOR OF
THE 2021 MERCEDES-BENZ UCI
MOUNTAIN BIKE WORLD CUP





PAULINE
FERRAND-PREVOT



VICTOR
KORETZKY



LÉA
LECOMTE



JORDAN
SARROU



INTERVIEW

LES GETS VÉLO CLUB



ALEXANDRE
GARREAU

**President of Les Gets
Vélo Club**



❶ Can you introduce the Les Gets Vélo Club?

The Vélo Club was created 50 years ago. In the beginning, it was a road cycling club. Then, a mountain bike section was created, to offer the children in the valley a summer sport in addition to skiing. Today, we have 130 members, and this is only the beginning...

❷ What activities do you offer?

We organise downhill cycling lessons (Wednesdays and Saturdays) for children aged 6 years and over, up to any age. We also give the parents the option of an introduction to downhill mountain biking. The club has 2 professional instructors, Damien and Cédric, who supervise all groups of children. Some of our members take part in national and regional competitions. During the off-season, we open discovery enduro sessions in Bas-Chablais while waiting for the opening of the Les Gets bike park. We also have a plan to create a meeting place for all the members of the Vélo Club, like a small paddock.

❸ Tell me about the DH Kids Cup

We noticed that there weren't any downhill mountain bike competitions for 7-8-year-olds. We said that it would be nice to offer this race format here and it was a great success! Last year we had 130 participants. With this event, we especially want to offer kids the opportunity to do what the grown-ups do: a signposted timed race, course recognition, and give them a competitive spirit.

❹ You know the bike park at Les Gets well, is cycling accessible to everyone?

The mountain bike area at Les Gets is fairly accessible to all levels but I always advise beginners to do a little training with an instructor to learn the basics of downhill mountain biking, the position on the bike, the use of the brakes, the necessary equipment (helmet, back and knee pads) and the safety rules on the bike park.

❺ What is your favourite track for riding with the kids?

I really like the Coaching track. It is a very interesting track for groups as it's dynamic. It offers different possibilities, paths for both beginners and more committed riders. For those who already have a certain level and who like jumps, there is the Tomawak, a challenging but fun blue track.





IN THE SHOES OF A CHAMPION



AMAURY PIERRON

COMMENCAL/MUC-OFF BY RA.

Living in Andorra, Amaury has been a Commencal team rider since 2016. At 25 years old, he already has several titles to his name: Winner of the 2018 UCI World Cup, 2nd overall ranking for the 2019 UCI World Cup with a great victory in Les Gets. His next goal: to become UCI World Champion in 2022.

❶ Where did your passion for downhill mountain biking come from?

My older brother Baptiste used to do it and he got me into it. When I was younger, I used to play football and from time to time I used to go mountain biking, we used to do little jumps in the woods or in front of the house. When I was 13, I stopped playing football to take up downhill mountain biking. Beside the relaxed atmosphere, it's a solo sport and I needed that.

There was no mountain bike club where I lived, so I would ride with my family or friends. We tried out tricks, giving each other scores on some sections like "You were riding fast so 10/10 for speed but 5/10 for style". I think that was the best learning experience.

❷ How do you feel after your injury in 2020?

Today, I have regained all my physical fitness and I feel good on the bike, even if I still have to stretch a lot after riding. I started physiotherapy in the autumn and since mid-December I have started riding twice a month with the team. Above all, I will need to get back into it mentally as my last World Cup was at the end of 2019. At the moment, it's not easy to find preparation races to get back into that state of mind and to get back into the mood for competitions.

❸ What's on your mind just before setting off on the track for a World Cup or Championship run?

You are there, but you are no longer there. Your concentration is at a maximum, you are so focused that you don't think about anything else. And then when you have a massive crowd, like in 2019, it boosts your concentration even more. It multiplies your feelings and pushes you to your limits.

❹ What is your best memory in Les Gets?

The 2019 World Cup is the best memory that I have of any competition. It's not just about crossing the line, there was an incredible competitive spirit the whole weekend: in training, hundreds of spectators along the track, the chainsaws and the crowd going wild at the finish. Not forgetting the Marseillaise which rang out throughout the whole village, it really was a great moment.

❺ How do you feel about the 2022 World Championships?

For the moment, I am quite focused on this year which is going to be important for me after my injury. The World Championships in France in 2022 are going to be spectacular, for sure. Racing at home in front of a crowd will increase the pleasure even more. I can't wait at any rate!





PAULINE
FERRAND-PRÉVOT

ABSOLUTE ABSALON BMC

Originally from Reims, Pauline competes in mountain biking, cyclo-cross and road cycling, three disciplines in which she has won numerous titles: five-time UCI World Champion of XCO and marathon mountain biking as well as road racing. She also has 27 French championship titles and three junior world championship titles in all disciplines. At the beginning of 2021 she joined the Absolute Absalon BMC team.

❶ How did you start out in cross-country?

I started very young. I grew up with parents who were cyclists. My father had a bike shop in Reims. My mother thought that cycling was not a very feminine sport, so she got me into figure skating. I didn't last a year; I couldn't stand being judged on subjective criteria. So I was able to start cycling at 5 years old.

❷ What's your state of mind for this World Cup round?

It's always special to race in France, you want to please the crowd even more.

❸ It's a restyled XCO track that awaits you, more technical and more physical. How will you prepare?

I'm not going to prepare any particular descent. You prepare for a season with different objectives and varied routes which have become more and more technical in recent years. So as always, to win, you have to be versatile, hold on in the climbs... and the same on the descents.

❹ Is testing this new XCO track in the World Cup an advantage for the 2022 World Championships in Les Gets?

It's good to know the track before you ride there for the World Championships, but as everyone will have already rode it, it doesn't really create an advantage for one rider over the others.

❺ How do you manage pressure?

I don't have any specific methods I use to manage pressure. I just tell myself that I have to give it all I've got on the day, I have to be the best I can.

❻ What's your pre-race ritual?

I don't have any habits or superstitions. For me it's more about checking all the technical aspects: that my shoes are fitted properly, my speed, the position of my pedal, etc.





LES GETS IN ALL SEASONS



SUMMER



In the summer, relax surrounded by nature and enjoy the unique easy-going pace of life in the mountains. Summer in this land of events and adventures is upbeat and full of entertainment. So you can share a host of activities with your tribe: mountain biking, swimming lake, wibit aqua park, water and air sports, 18-hole golf course, wellness spa, electric trial bikes, children's workshops, merry-go-round, concerts, hiking with the help of lifts with the Portes du Soleil Multi Pass etc.

In terms of culture, visit the museum of mechanical music and its impressive collection of instruments or the Art n'Chéry art gallery to discover temporary and permanent exhibitions.

And all year round, take the family to Alta Lumina, a new enchanted night-time course in the heart of the Les Gets forest...

So are you ready to share this typical and unique 'MADE IN LES GETS' experience?



ALTA LUMINA

UN PARCOURS NOCTURNE ENCHANTÉ
PAR-DELÀ LES MONTAGNES

AN ENCHANTED NIGHT WALK BEYOND THE MOUNTAINS

[ALTALUMINA.COM](https://altalumina.com)

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PRÉSENTÉ PAR / PRESENTED BY

La Région 
Auvergne-Rhône-Alpes



Les Gets
Portes du Soleil

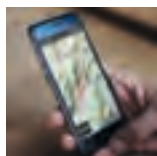

SAVOIE MONT BLANC

NOUVEAU CYCLE



LEON Brousse - montblanc - 95080 PUY-DE-FRANCE - Crédit Savoie Mont Blanc - Montblanc

2 APPLIS RANDOS ET VÉLO GRATUITES



RANDO SAVOIE MONT BLANC

Des rives des grands lacs aux plus hauts sommets, plus de 8000 km de sentiers balisés à parcourir dans des paysages grandioses. L'application gratuite Rando Savoie Mont Blanc permet d'accéder à plus de 800 itinéraires et des informations pratiques grâce à la géolocalisation.



VÉLO SAVOIE MONT BLANC

Avec plus de 5000 km d'itinéraires balisés et ses grands cols de légende, Savoie Mont Blanc offre un terrain unique pour la pratique du vélo. L'application gratuite Vélo Savoie Mont Blanc permet d'accéder à plus de 300 parcours et à des informations pratiques grâce à la géolocalisation.

THE BIKE IN ALL ITS FORMS



infos Lesgets.bike

Mountain bike,
cycling and
electric bike



Les Gets Bikepark is an internationally recognised, key mountain bike site and is part of the largest playground in Europe in the heart of the Portes du Soleil mountain resort. It is ideal for experienced mountain bikers as well as for beginners, adults and children, who can practice all the disciplines on signposted and secure tracks, as well as on numerous fun zones. These include: Downhill, Cross-Country, Freestyle, Freeride, e-Bike etc.

Les Gets is the first pass on the Route des Grandes Alpes and has the Accueil Vélo label. It also offers a complete range of activities for cyclists, who can discover a variety of itineraries in the surrounding area, including some of the major passes taken on the Tour de France.



SUMMER

FOCUS

ALTA LUMINA

An enchanted night-time course plunges visitors into a fantastic world where they will enjoy a unique, immersive adventure. As night falls in the heart of the countryside, you follow an illuminated trail with a series of tables that tell a story linked to the DNA of the area, in a poetic way, using lights, all sorts of images, set design and interactivity....Emotions and amazement guaranteed for the whole family.

Altalumina.com



LAC DES ECOLES LEISURE AREA

The Lac des Écoles swimming lake is a well-known spot in Les Gets and a superb playground for families. This leisure area has everything you need for a dream day in the great outdoors, including a large grassy beach, self-service barbecue, slide, wibit park (inflatable games on the water), multi-sports and beach volleyball courts, fitness modules, ping-pong tables and recreational areas, etc. Swimming is supervised by lifeguards. The lake is accessible on foot, by GetsLib' (self-service electric bikes) or by a free shuttle bus.

Open every day from 25 June to 29 August 2021.



MULTI PASS

This multi-activity card allows pedestrians to take the lifts to go hiking around the whole Portes du Soleil area for €2/per day of stay. For the 12 village resorts in the area the Multi Pass also includes many discounts and activities such as the swimming lake, the museum of mechanical music, tennis courts and the small tourist train in Les Gets...



SUMMER CALENDAR

6 JUNE
25 TO 27 JUNE
2 TO 4 JULY
14TH JULY
14TH JULY
17 AND 18 JULY
17 AND 18 JULY
19 TO 23 JULY
31 JULY TO 2 AUGUST
4 TO 14 AUGUST
14 AUGUST
15 AUGUST
4 AND 5 SEPTEMBER

'Critérium du Dauphiné'
Pass'Portes du Soleil & Salon aux Gets
UCI Mountain Bike World Cup
Les Gets Golf Vintage
Guinguette party
Trail des Gets
Museum in celebration
Festival of the 4 Elements
Les 100 Ciel
Lounge Music Festival
'Golf & Poker Masters'
DH Kids Cup
Alambike



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MOUNTAIN BIKE
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FLORIAN LETONDEUR

Florian Letondeur, local downhill racer and co-founder of the P2V team, tells us how he lives in Les Gets all year round.

A YEAR WITH P2V

① Can you tell me a bit about P2V?

In the beginning, P2V was a cycling and skiing team of 3 riders: Benjamin, Thom and me. Our aim was to make funny videos of our bike rides with friends. Just to show that you can have fun no matter what sport you do. We also like to organise races like the 20-inch race at the Crankworx, then there were the duals and, in 2020, the P2V Invitational.

② You live in Les Gets all year round. What are your must do's for each season? The advantage of Les Gets is that it is a mid-mountain resort which allows for a wide variety of activities in all seasons.

— In the winter, I recommend skiing around Portes du Soleil. That's really cool! It's a huge area where you never get bored.

— In spring, it's time for the enduro. I like to look for trails that are a bit more remote and wild. But only the locals know about them, so we need to work on marking them out so that they are accessible to everyone. A circuit I like, is the climb to Chéry, you pass behind Encrenaz and return to Les Gets. After 20km and a +/- elevation of 600 metres, you are dried out!

— In the summer, of course, I have a great time downhill mountain biking on the Mont Chéry side. And I also really recommend electric mountain biking around Portes du Soleil. You can do it in several ways: in downhill mode using the bike park tracks, or in enduro mode on the side of the Col de Cou, the Barne chalets etc.

— In the autumn, it's a little more laid-back. I enjoy picking mushrooms, ceps, chanterelles and I go for a walk in the woods.

③ Do you have any other projects for the future?

We recently created the Gets'nération Vélo association which is designed to bring together all cyclists in Les Gets (riders, sports shops, instructors) and to organise out of season outings. The idea is to get together every Saturday or Sunday and someone suggests a bike ride.

We want to inspire an attractive cycling dynamic for the locals who live in Les Gets all year round, in the hope that this will encourage the shops to stay open for longer out of season.

• 4/5 SEPTEMBRE 2021 •



ALAMBIKE

RELAIS 24H VTT/VTTAE
PAR ÉQUIPE DE 4 À 8
À PARTIR DE 16 ANS



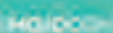
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POUR SOUTENIR
LES ASSOCIATIONS

EN SOUTIEN À

THE ELLIE SOUTTER FOUNDATION - PIERROT COLLONGE MOUNTAIN BROTHERS

ACTIVITÉS - ANIMATIONS - CONCERTS

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AN EVENEMENT BY WEZPAYERS



Les Gets
Portes du Soleil



made in
Les Gets

TRAIL des Gets

17 & 18
juillet
2021

Samedi 17.07

14h DÉFI DU MONT CHÉRY

(Réaliser le + grand nombre de montées
(4000+ (montées) en 4h non stop,
descente en télécabine)

Des 16h30

COURSES ENFANTS

Dimanche 18.07

7h TRAIL **ROUGE** - 35KM / 2600 D+

9h TRAIL **BLEU** - 21KM / 1200 D+

10h TRAIL **VERT** - 11KM / 550 D+

Infos & inscriptions sur www.lesgets.com/traildesgets



COMMERCIAL

Jean Lain



Portes du Soleil





THE 15 ECO-RESPONSIBLE COMMITMENTS OF THE EVENT ORGANISERS

These commitments will be respected during
the next UCI Mountain Bike World Championships 2022 in Les Gets

- #1 **A minimum of 50% of the food** consumed must be responsible
- #2 **At least 80% of trips** made by active mobility, public transport or carpooling.
- #3 **80% of purchases incorporating** CSR selection criteria.
- #4 **25% less waste** and **60% of reused**, recycled or recovered waste
- #5 **100% of natural sites respected.**
- #6 **100% of controlled and optimised energy and water consumption**
- #7 **100% of sites dedicated to the public**, accessible to people with disabilities
- #8 **1 action (at least) promoting accessibility for disadvantaged people.**
- #9 **1 «eco-responsible» innovation** (at least) tested during the event.
- #10 **1 or more sports champions** who are ambassadors for eco-responsibility mobilised for the event or for the discipline in question.
- #11 **100% of volunteers valued.**
- #12 **1 commitment (at least) to a solidarity cause.**
- #13 **1 action (at least) promoting gender parity** in positions of responsibility.
- #14 **1 «sustainable development» referent** identified in the organisation.
- #15 **1 action or 1 programme (at least)** to raise awareness of eco-responsibility.



WINTER



Between Lake Geneva and Mont Blanc, Les Gets is an energetic, diverse resort, that offers the perfect combination of authenticity and wide-open spaces, in the heart of the French-Swiss area of Portes du Soleil. Ideally situated on a pass and easy to access, the resort has exceptional snow cover and sunshine all year round. Its preserved environment and its Family Plus label also make it a special place to recharge your batteries with your family.

In winter, there is an area adapted to each level of ability, whether you are a beginner or a snow lover. Access to the ski lifts is easy and close, you leave the snow front with your skis on to join the wide marked slopes, the more technical sectors or the fun zones which are everywhere in the area, between fir trees and mountain pastures.

In terms of the outdoors, you can take a deep breath of fresh air out in the country, on foot or in snowshoes, take off in a paraglider facing Mont Blanc, try out electric snowmobiles or dog-hiking and meet up at the end of the afternoon to skate on the outdoor ice rink in the village centre.

Here, the art of living goes hand in hand with everyday life and, as a stay in the mountains inevitably includes the discovery of local gastronomy, you can enjoy local recipes, refined or more traditional dishes re-worked by the village chefs. These succulent dishes can be shared in the resort's restaurants, but also on the slopes, in the mountain chalets which have become essential stops for gourmet breaks between two turns.

A land of events and adventures, numerous activities, festivities and weekly entertainment are on offer to a diverse crowd. In terms of culture, the museum of mechanical music and its impressive collection of instruments awaits the most curious, as does the Art n'Chéry art gallery and its temporary and permanent exhibitions. All year round, don't miss out on the Alta Lumina, a new enchanted night-time course in the heart of the Les Gets forest, unheard of in Europe...



WINTER CALENDAR

December	Opening weekend, Father Christmas lives in Les Gets
January	La Grande Odyssée Savoie Mont Blanc
February	The 100 Ciel d'hiver, Red Ski Shows
March	Rock the Pistes Festival

There are many other shows and activities open to all, with ice sculpture demonstrations, a colourful carnival, fireworks, concerts and much more.



GOLF - LES GETS

18 TROUS

18 TROUS, 18 PANORAMAS D'EXCEPTION

WWW.LESGETS.GOLF



Les Gets
Portes du Soleil

GOLF - LES GETS

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74260 LES GETS

04 50 75 87 63

info@lesgets.golf



STAY OFFERS/PACKAGES

Discover our selection of stay offers
and good deals for the summer and the winter!

MORE GOOD DEALS AT

lesgets.com/bonsplans



ALTA LUMINA

Book your stay in Les Gets to enjoy a unique experience in Europe: Alta Lumina. By booking your accommodation with Les Gets Réservation you
ENJOY 10% DISCOUNT ON YOUR ENTRANCE FEE



SUMMER - STAY & MOUNTAIN BIKE PACKAGE

Book your stay and enjoy **20% discount** on your Les Portes du Soleil mountain bike package for 3 days or more.

The all-inclusive mountain bike week from € 156 / adult * :

- 6 nights in a 4-person apartment (from €63 per person)
- 6-day Portes du Soleil mountain bike package at 20% off (€93 instead of €116)

MULTI PASS

- 21 lifts for pedestrians
- Entry to Lac des Écoles
- Museum of Mechanical Music
- Small tourist train
- Shuttle buses between resorts: Balad'Aulps Bus, Columbus and TPC
- Tennis courts
- Le Club cinema: €7 per seat (instead of €9)
- and other benefits!

The all-inclusive week's stay from €318/per family (2 adults and 2 children): Includes 6 nights in a 4-person apartment + 6 days access for 4 people to all Multi Pass activities

With the Portes du
Soleil Multi Pass, enjoy a
host of activities during
your stay, for only

2€/PER DAY



WINTER - WELL-BEING

Book your stay with Les Gets Réservation and enjoy up to **40% discount** to discover the new Les Sources de Chéry spa!

After a good day of skiing, what could be better than some time relaxing in the spa, or a massage to unwind?

DISCOUNT DETAILS - ENTRANCE TO THE SPA FOR 3 HOURS:

- Outside school holidays: 40% discount, i.e. €17.40 instead of €29 (from 5 to 24 December + from 4 January to 3 February + from 8 March to 11 April)
- School holidays: 20% discount, i.e. €31.20 instead of €39 (from 19 December to 3 January then 6 February to 7 March)

To benefit from these discounts, you must book your entry to the spa with Les Gets Réservation the day before your stay, at the latest.



Les Gets
Portes du Soleil

**10 JOURS DE
CONCERTS EN
PLEIN AIR DANS
LE VILLAGE**

**04 AU 14
AOÛT
2021**

SUMMER

LOUNGE MUSIC FESTIVAL

LES GETS

**GRUPO COMPAY SEGUNDO
DELGRES / ASM (A STATE OF MIND)
MALTED MILK / PANDHORA / JOEL**

PROGRAMMATION COMPLETE À RETROUVER SUR

[LESGETS.COM/LOUNGE](https://lesgets.com/lounge)



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CAFÉS

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vous propose
une offre complète de boissons chaudes,
adaptée à votre établissement.



Café • Chocolat • Thé • Biscuits et Gourmandises • Sucres...

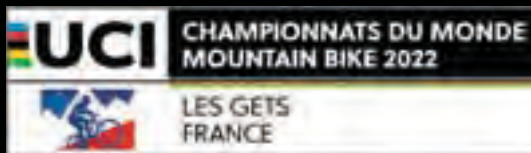
CAFÉS FOLLIET 683, rue de Chantabord Z.I. de Bissy
CS 70425 • 73004 CHAMBERY Cedex

Tél : 04 79 62 24 37 • Fax : 04 79 62 85 52 • www.cafes-folliet.com



**SAVE
THE
DATE**

**24/28
AOUT**



X_{CO} / X_{CR}

X_{CC}

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