



WINTER 2022-2023



Les Gets
Portes du Soleil

info GUIDE

MADE IN LES GETS

www.lesgets.com



SUMMARY

Events 04

Lumina night walks 08

Ski 09

- Ski pass 09
- Ski practical info 11
- Leisure areas 14
- Ski trails in the ski area 18
- Handiski 19
- Ski lessons 20

Other mountain activities 26

- Mountain & tour guides 26
- Ski touring trails 27
- Ski touring outings 28
- Cross country skiing lessons 30

- Discover the area on foot, snowshoes or cross country skis... 31
- Snowshoeing outings 32
- Cani-cross 35

Children 36

- Baby changing 36
- Baby equipment 36
- Play areas 37
- Nurseries 38
- Ski lessons for children under 5 years old 40
- Sledges slopes 41
- Introduction to dog sledding 42
- Wooden merry-go-round 42
- Electric snowmobiles for children in the "Mountain E-Park" 43

Sports activities.....	44
▪ Dog sledding outing.....	44
▪ E-biking on snow.....	45
▪ Les Gets Ski-joëring.....	46
▪ Sledging yooner.....	47
▪ Ice rink.....	47
▪ Paragliding.....	48
▪ Scenic flights and parachute jumps by helicopter.....	49
▪ Bowling.....	49
▪ Fitness and Pilates.....	50
▪ Sport Center - Sport N'Chéry.....	50
▪ Les Gets Sport Center - Fitlife.....	51

High altitude wellness.....	52
▪ Les Sources du Chéry.....	52
▪ Spa wellbeing center - Sérénité-Cîmes.....	53
▪ Spa Kinabalu by Alpine Residences.....	54
▪ Dream of wellness - Clair Moment.....	55
▪ Happyogi.....	56
▪ Keolan Yoga.....	56
▪ M Yog'Art.....	57
▪ Shiatsu.....	57
▪ Hel'Style Hair care - Light therapy.....	58
▪ Ô'soi Hair spa.....	58

Cultural activities.....	59
▪ Gallery concept store - Art'N Chéry.....	59
▪ Library.....	60
▪ Books on the road.....	61
▪ The games bar in the old village..	61
▪ Cinema.....	61

Terroir and heritage.....	62
▪ Mechanical Music Museum.....	62
▪ Organ.....	63
▪ Hand-crafted pottery in Les Gets.....	64
▪ Visits and tasting.....	65
- Goat farm des Félires.....	65
- Discover the Herens cattle at Caroline's Farm.....	65
- The Perrières cheese dairy.....	66

Eco-tourism.....	67
-------------------------	-----------

Access.....	68
--------------------	-----------

Transport in the village.....	69
--------------------------------------	-----------

Useful services.....	70
-----------------------------	-----------

Medical.....	71
---------------------	-----------

Practical info.....	74
----------------------------	-----------

Directory.....	75
-----------------------	-----------





ALL THE WINTER EVENTS:
WWW.LESGETS.COM/AGENDA

List of events, subject to change or cancellations.

SATURDAY 17TH DECEMBER

Ski Party, opening week-end

On your slopes... Get set? Ski! On this opening day of the resort, early birds run the world! The first motivated skiers will be offered a breakfast (registration details to be announced at the beginning of the season). After a day of fresh snow, we end with a virtual trip to the top of the highest mountains in the world, with projections from the Xplore Alpes Festival... A great start to the season with lots of new images in your head!



17TH TO 24TH DECEMBER

Father Christmas takes up residence in Les Gets

According to the marmots, Father Christmas has always stopped off in Les Gets to prepare his rounds...

This year, once again, he welcomes you to his wonderland, full of mischievous elves! The programme for this week includes guided tours, activities, surprises and workshops for the whole family.



14TH AU 21ST JANUARY

Montreux Comedy goes skiing... in Les Gets

The Montreux Comedy Festival will take up residence at high altitude in Les Gets from 14 to 21 January 2023 for a crazy week of riotous laughter. Top performers from the French and British stand-up scene will be on stage with the sole aim of sharing their jokes and sense of humour with audiences. From the absurd to satire, in French and English, there will be something to make everyone laugh. The French-speaking (17 and 18 January) and English-speaking (19 and 20 January) stand-up evenings, which will be held in the hushed world of the Salle de la Colombière, will

showcase a range of well-known comedians, with Gérémy Crédeville and Tom Houghton headlining the event. A great way to get the facial muscles working after a lovely day on the slopes. A fringe festival in venues around Les Gets will also allow you to enjoy convivial and intimate moments whilst discovering a new generation of comedians... A co-production with the famous Montreux Comedy Festival, a recognised source of comic talent for over three decades, this Alpine version of the festival brings a light-hearted touch to a week of serious snow fun.

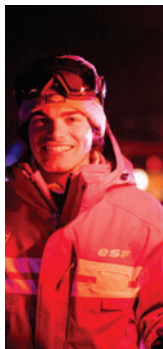
Programming and booking:

<https://www.lesgets.com/en/montreux-comedy-goes-skiing>

06TH, 13TH, 20TH AND 27TH FEBRUARY

Red Ski Show

The ESF ski instructors of Les Gets, along with the men and women who work at the resort, are delighted to perform for holidaymakers in this extravaganza devoted to the theme of winter sports in every form. During the winter holidays, the weekly programme includes an introduction to a range of winter sports, a presentation of the snow-groomers' work and a rescue demonstration offering insight into the little-known work of the ski patrollers. There's also a torchlight descent and a huge firework display to round off the week in style!



12TH TO 18TH MARCH IN THE PORTES DU SOLEIL SKI AREA
LES GETS-MORZINE CONCERT, 13TH MARCH.

Rock The Pistes Festival

A unique event combining winter sports and music. Open air concerts, staged on the slopes of the Portes du Soleil ski area every day, with ski-in,ski-out access. An explosive atmosphere with breath-taking scenery, renowned French and International artists (as in previous

years with Rag'n Bone Man, Selah Sue, Babyshambles, Hypen Hyphen etc) who perform in front of excited spectators. After two years of disruption caused by the pandemic, this event promises to be even more exceptional! To see the full programme, visit [Rockthepistes.com](https://www.rockthepistes.com)

LUMINA NIGHT WALKS



In the heart of the French Alps, in the village of Les Gets, you are invited to set off along the path of a travelling music-maker and his hot air balloon, and follow his incredible journey beyond the mountains.

All year long, you'll have the chance to be immersed in this enchanting environment, and to embark along a one-kilometre pathway where the story is told through a poetics of light, music, imagery, set design and interactivity. Prepare yourself for an unique experience, where music is seen and light can be heard!

Alta Lumina - 736 route du lac - Further information and booking: www.altalumina.com



SKI

The ski area is open:
From 17th December 2022 to 10th April 2023.



Les Gets-Morzine good deals

	ONLINE	CASHIER
Pass Group (same duration, same domain, 1 payer)	-10% for 4 people and more, 4 days and more ski pass	
Mont Chéry 1 day	22€	24€
Saturday	32€	34€
Weekend	62€	64€
- 5 years old	Free*	
+ 75 years old*	1 day: 14€	1 day: 16€
	6 days: 46€	6 days: 50€
	Season: 57€	Season: 57€
Disabled person	50% off public price	
Petite Glisse 1 day**	Adult: 24€	Adult: 26€
	Child (5-15): 19€	Child (5-15): 21€
	Teen (16-25): 22€	Teen (16-25): 24€
	Senior (65-74) : 22€	Senior (65-74): 24€

* On presentation of a valid ID.

** "Petite Glisse" ski pass allows to ski on 12 ski lifts and 13 slopes (6 green, 6 blue, 1 red).



Anticipate your arrival on
the slopes and buy
(or recharge) your pass
on the internet
www.lesgets.ski



**BEST PRICES
GUARANTEED
ONLINE!**

Ski pass Les Gets-Morzine

	ADULT		CHILD (5 -15)		TEEN (16-25)		SENIOR (65-74)	
	ONLINE	CASHIER	ONLINE	CASHIER	ONLINE	CASHIER	ONLINE	CASHIER
1 day	42€	46€	32.50€	36€	36€	40€	38€	42€
5 hours	38€	41€	29€	31.50€	33€	35€	34€	37€
2 to 5 days	40€/jr	43€/jr	30€/jr	34€/jr	34€/jr	37€/jr	36€/jr	38€/jr
6 days	228€	252€	174€	198€	198€	216€	204€	228€
6 days and more	38€/jr	42€/jr	29€/jr	33€/jr	33€/jr	36€/jr	34€/jr	38€/jr

Ski pass Portes du Soleil

	ADULT		CHILD (5 -15)		TEEN (16-25)	SENIOR (65-74)
	ONLINE	CASHIER	ONLINE	CASHIER	ONLINE	CASHIER
1 day	58.50€	62€	43.90€	47€	52.70€	56€
5 hours	52.70€	56€	39.50€	42€	47.40€	50€
2 days	111.70€	118€	83.80€	89€	100.50€	106€
3 days	159.10€	169€	119.30€	127€	143.20€	152€
6 days	292.50€	310€	219.40€	233€	263.30€	279€

From 1st April 2023, 15% discount. Prices are expressed in €TTC according to the VAT rate in force. Prices subject to the general conditions of sale and use displayed at the cash desk. Lift passes do not include accident insurance. Insurance can be taken out at the ticket office or online, at the same time as the purchase of the lift pass.



Best prices guaranteed online!

To avoid waiting at the ticket offices and to enjoy the best prices, buy or reload your ski pass online:

www.lesgets.ski

- Pre-purchase your ski pass.
- Enjoy best prices on Les Gets-Morzine and Portes du Soleil area.
- Avoid the queues by recharging your own pass (passes from most of the other ski resorts work too!) or by picking them up from one of the collection points when you arrive.

Further information:

lesgets.ski/FAQ



Group benefits

Are you a family or a group of 4 persons or more? Benefit from the Group Pass: **10% off Les Gets-Morzine packages and Portes du Soleil stays of 4 days and over +**. A single person paying, packages of the same duration and for the same area (Les Gets-Morzine or Portes du Soleil) for the whole group.



“P’tite Glisse” Ski pass

This beginner skipass gives access to the Les Gets ski area at a discounted price to fully enjoy ski pleasures. 12 ski lifts and 13 slopes are available with the “P’tite Glisse” ski pass.

Web prices:.....adult: **24€**, child: **19€**, senior/teen: **22€**

www.lesgets.ski



Youcanski

THE ALL-INCLUSIVE BEGINNERS PACKAGE!

For adults only, Youcanski is the first all-inclusive beginners ski package. Enjoy expert instruction from a qualified instructor, learn the joy of skiing with other adult beginners. Practice and improve on new dedicated ski runs safely adapted to beginner level.

This weekly package includes: ski pass to access ski lifts and pistes. Half-day group lessons in the morning with a qualified instructor. Equipment hire suitable for beginners (including helmet). This offer must be prepurchased online (reservation is required at least 7 days prior to the start of the course) and is only available with the French Ski School. **ESF contact details page 21.**

Les Chavannes ski lockers



STORE YOUR EQUIPMENT
AT THE BOTTOM OF THE
SLOPES.



No need to carry your skis anymore! Move around the resort more freely. Enjoy "Les Chavannes" ski lockers facility:

- 50 secured lockers.
- Maximum of 4 people (ski/boots/poles) per locker.
- Drying and heating system.
- Automatic opening of lockers with your skipass.
- **New:** Rent luggage lockers for your luggage to enjoy an extra day of skiing before your departure.

Access: lift office of Les Chavannes, at the foot of the ski lifts. Secure access 24 hours a day.

lesgets.com/consignes

More information at the Chavannes lift office or contact **info@sagets.fr**



Indoor picnic rooms

There are 2 indoor picnic rooms available for use in the ski area :

- **Le Mont-Chéry (70 places):** located at the top of the Mont-Chéry cable car, below the Belvédère restaurant.
- **Les Chavannes (50 places) :** located in the Grand Cry Territory by the Trappers Refuge. Water and disabled toilet facilities are available.



A few tips

- Wear clothes suitable for your activity and the weather conditions.
- Maintain good circulation: don't over-tighten your shoes.
- Look after your extremities (nose, ears, cheeks) and protect them with suitable cream.
- "Without a helmet... you're not insured". Ski or snow, beginner or expert - all Haute-Savoie ski resorts recommend that children and adults wear a helmet (certified NF EN 1077).
- With or without sunshine the glare from the snow is very strong. Sunglasses (Grade 4) are required throughout the day.
- In case of accident: inform the nearest lift operating personnel or first aid post and tell them; the piste name, the number of the nearest piste marker, the nature of the accident (adult, child...). Either stay to help the personnel or return to the scene of the accident and wait for the rescue services.
- Off piste: you ski off piste at your own risk beware of isolated off piste tracks, there is no guarantee of safety.
- **Piste rescue: Les Gets:** Tel: **04 50 79 72 22** or **112**
- **Information SAGETS:** Tel: 04 50 75 80 99 - E-mail : info@sagets.fr
- **Online sales:** www.lesgets.ski
- **Weather and web snow report:** www.lesgets.com/weather-snow
- **Météo France:** Tel: 08 92 68 32 50



Fun ski areas for all the family!

On both the Chavannes and Mont-Chéry slopes, a huge variety of fun, specially adapted leisure areas awaits. There is something for everyone: perfect for families - an area reserved for beginners with ski slopes adapted specially for children. For budding freestylers - the specially constructed boardercross and snowpark areas where anyone can try out new snow sports.

Fun for beginners. **"A perfect ski resort to learn to ski!"**



THE MAPPYS AREA. FREE FUN FOR BEGINNERS!

At the top of the Chavannes gondola, this beginners learning area is located in a calm, secure environment away from the main ski area.

It comprises:

- 2 magic carpets.

- 1 snow cable and a rope tow.
- 4 easy ski slopes.

It is also accessible to pedestrians: so family and friends can help and encourage their loved ones!

Please note: the only direct connection to the Grand Cry Territory is via the Grand Cry drag lift.



THE GRAND CRY TERRITORY

A real indian village with tipis, activities and facepainters.

The Grand Cry Territory is a children's paradise with:

- Themed boarder cross pistes.
- Themed decorations and games based on trappers, indians and wild animals.
- A ski run with sound system.
- Treasure hunts.
- Drawing competitions.
- Picnic areas.



NEW! THE COWBOY SLOPE:

Come and see for yourself the new Cowboy slope! A skiing experience whereby you use your hands and poles to ring the bell or go through the cowboy checkpoints and cross through the Far West setting on this fun Cowboy slope.



MINI BOARDER

Try out this brilliant new facility in Les Gets; located in the Chavannes on the Gentiane piste below the La Croix chair lift. The mini boardercross area is made up of various modules: raised corners, bumps and woops. Specially designed for families and beginners it is the perfect place to learn and get used to strange snow sensations like slipping, sliding and speed. Skiers have the option of having their personal video filmed free of charge at the mini-boarder slope at La Croix. The video park is open to children and adults alike. When you swipe your ski pass at a terminal, the video system will start automatically and will film you skiing down the slope.



"STEP INTO THE VOID" AT THE SUMMIT OF THE

RANFOILLY

When skiers get to the top of the Ranfoilly ski lift, they can now have their photo taken on a large 27 m² platform overlooking the Joux Plane lake, opposite the sumptuous panorama of the Mont Blanc mountain range. It is fitted with a free photo point with an automatic system activated by your ski pass. Take your photo? Have a look at it on the screen, and then you can share it on social media.



BELVÉDÈRE DES NAUCHETS PICNIC AREA ON THE SLOPES

The ski area offers an innovative picnic area that is free to use. The picnic area is located where the Rhodos red run and the Violette blue run intersect. Power sockets and USB ports are available to recharge your smartphone, as well as a WIFI hotspot, for your convenience.

What else: pedestrians will also be able to reach this picnic area by taking Les Chavannes cable car and Les Nauchets belvedere trail.



BOARDER CROSS

Located on the Chavannes slopes, accessible via the Gentianes Piste. Open to skiers and snowboarders throughout the winter (Minimum level of 2nd star required).



LES CHAVANNES SNOWPARK

Test out the numerous terrain features in the snowpark at Les Chavannes. Accessible from the ski lift at Mouille au Roi. Keep up to date with Snowpark news on [!\[\]\(74d4806277d7e73349d8e8c0897931e9_img.jpg\) LesGetsSnowpark](#)



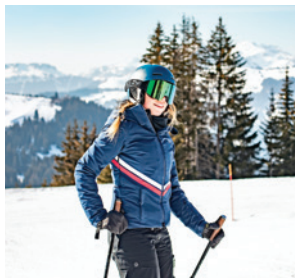
CHRONOPARK IN MONT-CHÉRY

Test your skills at the timed parallel slalom slope at Mont-Chéry.

This parallel slalom is open to everyone free of charge on the slopes of Les Oursons in Mont-Chéry, accessible from the Grande Ourse chairlift. Skiers can push their limits either alone or as a family on a double timed run.

On your marks. Get set. Ski!





Ski trails in the ski area



Choose from three defined ski trails all offering the opportunity to experience the best of the Les Gets ski area. Follow beautiful pistes through the incredible variety of stunning landscapes in the Mont Chéry and Chavannes ski areas:

- **Family:** Discover beautiful, calm areas in the heart of the ski area, following a series of blue ski runs suitable for children and adults. A chance to enjoy the exceptional views of the Mont Blanc mountain range from the top of Rosta. **Level:** all types of skiers who wish to ski in complete peace of mind. Beginners who can ski independently. Duration: 2 to 3 hours.
- **Discovery:** Cross forests and snowy pastures to discover the most spectacular areas of the resort. This trail takes you through beautiful countrysides highlighting the varied scenery of Mont-Chéry and Chavannes. **Level:** advanced skiers who can ski with confidence on red runs. Duration: 4 to 5 hours (including break).
- **Active:** Thrill seekers - this is the course for you! Ski challenging slopes in the most beautiful areas of the Portes du Soleil. With mogul fields, walls and other exciting challenges, you may be surprised to learn how many advanced runs are on offer in Les Gets. **Level:** expert who can ski on all types of terrain. Duration: 4 to 5 hours (including break).

Ask for the trail maps - Available from lift pass offices or Les Gets Tourism.



Geocaching

Go and search the precious boxes hidden on the ski pistes in the area...

lesgets.com/geocaching



Handiski

Les Gets is committed to providing the very best services for disabled skiers. Below, you will find all the information you need to enjoy a relaxing, enjoyable stay in our resort.

- **Accessible lifts:** the following ski lifts will allow you to move in total security in all the areas of Les Gets. "La Croix" chair lift, "Les Chavannes Express" chair lift, "Les Perrières Express" chair lift, "Les Nauchets Express" chair lift, "Les Grains d'or Express" chair lift, "Le Ranfoilly" chair lift.
- **Prices:** The same prices apply for accompanying persons if the disabled person cannot ski alone. 50% discount on the displayed public price, with a valid disability card. Same price applies to the accompanying person, according to their category.
- **Parking:** Les Gets has the following car parks at your disposal. They are adapted to your handicap and will allow you a complete accessibility to the ski area. Top of the Chavannes cable car, access by road. Free of charge. Perrières Express chair lift. Free of charge. Downtown underground car park.
- **Toilets:** "Les Chavannes" ticket offices area, "La Turche" ticket offices area, "Les Perrières" ticket offices area, Tourist information Office, Chavannes Indoor Picnic room.
- **Information:** Pistes service: **+33 (0)4 50 79 72 22**
Ski lift service: **+33 (0)4 50 75 80 99**
www.lesgets.com/en/handiski



French Ski School (ESF)

PRIVATE LESSONS ALPINE SKIING, SNOWBOARD, TÉLÉMARK, SKI TOURING, BIATHLON AND CROSS-COUNTRY SKIING

- 1h (1 to 2 persons): from **51€ to 72€**
(check conditions at the ESF)

ALPINE SKIING GROUP LESSONS

- One week half day lessons: Adults: **174€**
..... Children (from 5 to 13 years old): **162€**
- Special offer from 01/01 to 04/02 and from 04/03 to 09/04/2023.
One week half days (from 2.30pm to 4.30pm): Adults: **138€**
..... Children (from 5 to 13 years old): **131€**

SNOWBOARD

- Group lessons for all levels from 10 years old in the morning all season.
- Group lessons for children from 7 to 12 years old: for beginners and 1st and 2nd level on snowboard. (Run only during French school holidays).
- **New:** mini course for children from 6 to 8 yrs old (5 children max. per group). Beginners only during February French school holidays.

TRAINING COURSES (13 years old and older)

- During the French school holidays. Slalom, competition, all mountain, free-ride, snowboard.

CHILDREN'S PRESTIGE COURSE

- Privileged formula with small classes with 3 to 6 children max. Only during French school holidays

One week half days:**347 €**

École du Ski Français:

105, route du front de neige

74260 les Gets

Tel +33 (0)4 50 75 80 03

Book online:

www.esf-lesgets.com

info@esf-lesgets.com

*Ski lessons for children
under 5: Page 40*





Ski school 360° International

Ecole de ski
360°.com
— Les Gets —



Share the pleasure of Winter Sports with the 360 ski & snowboard lessons. Regardless of your age or level come and discover Les Gets with our fully French state qualified, multi lingual instructors. Whether you want to try something new, gain confidence or perfect your skills, our professional instructors are available for all your requirements.

BEGINNER SKI LESSONS "1^{ÈRE} GLISSE"

Specially designed to get your little ones skiing as soon as possible on real slopes. For children from 4 years and with only 5 kids maximum per instructor. Various times available. (Depending on the date).

- 6 x 2h30: from **179€**

SKI GROUP LESSONS (for children or adults)

For 6 sessions, make the most of our small group lessons 8 students maximum. Various times available. (Depending on the date).

- 6 x 2h30: from **159€**

SNOWBOARD GROUP LESSONS (for children or adults)

Looking to learn a new sport or your aim is to progress? Our small 6-day classes (max 8 people) provide the perfect opportunity to reach your potential. From 6 years old. Various times available (depending on the date).

- Adults or children 6 x 2h30:..... from **159€**

PRIVATE LESSONS (for children or adults)

Personalised teaching adapted to your needs on skis, snowboard, telemark or cross-country. (Depending on the date).

- 1h (1 or 2 pers.): from **45€**

FULL OR HALF DAY GUIDING

Discover the most beautiful ski areas (Portes du Soleil, Grand Massif...).
10 people maximum.

- ½ day: from **260€**



OFF-PISTE AND SKI TOURING

For those in search of freedom, who wish to reach the highest peaks, escape the crowded slopes and make your own tracks off-piste.

Contact us for prices and times.

École de Ski 360°

International:

322 route du front de neige

74260 les Gets

Tel +33 (0)4 50 79 80 31

Book online on:

www.ecoledeski360.com

infolesgets@ecoledeski360.com



Independent instructors

JEAN-LUC TAMANINI - ÉVOLUTION 2

Outdoor specialist. As a ski instructor and a high mountain Guide, Jean-Luc is ready every single day of the season to make you discover the heavenly Portes du Soleil ski area in all sorts of shapes. He will teach you alpine ski, snowboard, freeride, from beginners to experienced. All those services are proposed departing at your place. Day or half-day engagement lessons. Ask for availability and pricing.

- Guiding: from **450€**
- Guiding ½ day: from **270€**
- Price/hour: from **75€/hour**

Jean-Luc Tamanini - Évolution 2: Immeuble le Marcelly - 28 rue du Pressenage
(next to Evasion Sports) - Tel +33 (0)6 80 33 60 26 - www.evolution2-lesgets.com

TIM SCOTT - LGS

- Private ski and snowboard lessons: from **90€/hour**
- Children's ski courses: from **270€/child**
- Teenagers ski groups: **270€**

Tim Scott - LGS: Reservation Booking: info@skischool.co.uk

CHRISTOPHE TRICOU - SNOWTRIBE

Mountain guide, ski and snowboard instructor from Les Gets with expert local knowledge, French diploma and over 10 years teaching experience, catering for all age ranges and level, from beginner to offpiste. English speaking.

- Private lessons: from **65€/hour**
- Full day ski guiding: from **400€**

*Christophe Tricou - Snowtribe: Tel +33 (0)6 27 17 89 21
Booking: www.thesnowtribe.com - contact@thesnowtribe.com*



NICOLAS TRICOU - SKI ACADEMY

Guides and Trainee Guides, Ski and Paragliding Instructors. Years of experience in every winter sport in Portes du Soleil, Massif du Mont Blanc (Vallée Blanche...), Italy, Switzerland.

- **The Must:** lessons for young people, every manner of skiing,
6 mornings: **250€**
- Guiding day: from **400€**
- Freeride and helicopter day: from **255€**
- Private lesson: from **60€/hour**

*Nicolas Tricou - Ski Academy: Magasin Blanc Sports, 494 rue du Centre
Tel +33 (0)6 83 90 22 73
Booking online: www.lesgetsaventure.com*

OTHER MOUNTAIN ACTIVITIES



Mountain & tour guides

Freeriding, Vallée Blanche, ski touring heli-skiing, frozen waterfall, corridor skiing. **The must:** day of freeriding with helicopter flight. Tour du Roc d'Enfer, mix of off-piste and on-piste skiing. Organization of seminars.

Christophe Tricou - Snowtribe:

Tel +33 (0)6 27 17 89 21

Booking:

www.thesnowtribe.com

contact@thesnowtribe.com

Jean-Luc Tamanini - Évolution 2:

(Immeuble le Marcelly) - 28 rue du Pressenage (next to Evasion Sports)

Tel +33 (0)6 80 33 60 26

www.evolution2-lesgets.com

École du SKi Français:

105, route du front de neige

Tel +33 (0)4 50 75 80 03

www.esf-lesgets.com

Nicolas Tricou - Ski Academy:

Magasin Blanc Sports, 494 rue du Centre

Tel +33 (0)6 83 90 22 73

www.lesgetsaventure.com

Ski touring trails

The resort has two marked, secured ski touring trails, available to skiers seeking fresh air and physical exercise!

- **Mont-Chéry side:** The trail, which is 3km in length with a 665 m elevation gain, begins at the bottom of the Chamois slope, next to the start of the Mont Chéry cable car. The route culminates at the summit of Mont Chéry, at an altitude of 1827 metres. Further information available at: <http://link.lesgets.com/montee-du-cher>
- **The Chavannes side:** the trail, which starts in the village, joins the lac des Ecoles and winds along the chemin de la Mouille Ronde, through a lovely wooded setting, with an intimate, unspoilt feel, away from the main ski area. Only the last section of the trail runs close to the slopes, near the top of Les Nauchets. 490 metres of elevation gain over a distance of 3,6 kilometres.

These trails are reserved for climbing only; during normal operating hours, you must use the downhill ski slopes to descend.





Ski touring outings

FRENCH SKI SCHOOL (ESF)

A good way for everyone to discover in a different way what nature has to offer. Only in low season. 3 possible options:

- **Introductory package:** « 1st touring level » for intermediate skiers; group excursion. Monday and Wednesday afternoon:
3 hour excursion: **59€** /person
- **Discovery package:** « Col Ratti excursion » for experienced skiers; group excursion. Thursday morning, ½ day: excursion **86€**/person
- **Private excursion:** ½ day (4 hours) for 1-2 people: **224€**
Day for 1-4 people: **399€**

École du Ski Français: 105, route du front de neige - 74260 les Gets
Tel +33 (0)4 50 75 80 03

Book online: www.esf-lesgets.com - info@esf-lesgets.com

SKI SCHOOL 360° INTERNATIONAL

Our instructors will introduce you to or perfect new techniques in these different disciplines. Leave the lifts, the crowded slopes and the noise behind for a while and enter into harmony with the nature, accompanied by one of our instructors reach the most beautiful peaks. Prices and itinerary on request.

École de Ski 360° International: 322 route du front de neige - 74260 les Gets

Tel +33 (0)4 50 79 80 31 - Book online on: www.ecoledeski360.com

infolesgets@ecoledeski360.com

JEAN-LUC TAMANINI - ÉVOLUTION 2

Guided ski touring excursions. Outside the French school holidays.

- ½ day: **280€***
- Day: **450€***

Jean-Luc Tamanini - Évolution 2: Immeuble le Marcelly - 28 rue du Pressenage

(next to Evasion Sports) - Tel +33 (0)6 80 33 60 26 - www.evolution2-lesgets.com

CHRISTOPHE TRICOU - SNOWTRIBE

- ½ day introduction and discovery:
..... **230€*** (1 to 4 people)
- Full-day:
..... from **400€*** (1 to 4 people)

Christophe Tricou - Snowtribe:

Tel +33 (0)6 27 17 89 21

Booking: www.thesnowtribe.com

contact@thesnowtribe.com

NICOLAS TRICOU - SKI ACADEMY

- ½ day introduction and discovery:
..... **250€*** (1 to 4 people)
- Full-day:
..... from **400€*** (1 to 4 people)

Nicolas Tricou - Ski Academy : Maga-

sin Blanc Sports, 494 rue du Centre

Tel +33 (0)6 83 90 22 73

Booking online:

www.lesgetsaventure.com

Cross country skiing lessons

FRENCH SKI SCHOOL (ESF)

Ask for the "Trails for walking, snowshoeing and cross country skiing" map at Les Gets Tourism and ski lift sales desks.

Discovery of the pleasures of another glide over 3 days in group lessons. During the French School Holidays only.From **41€**

École du Ski Français: 105, route du front de neige - 74260 les Gets
Tel +33 (0)4 50 75 80 03 - Book online: www.esf-lesgets.com - info@esf-lesgets.com

SKI SCHOOL 360° INTERNATIONAL

Enjoy some personalized ski touring instruction, tailored to meet your needs; suitable for adults and children. Prices vary depending on dates.

- 1h (1 or 2 people):from **45€**

École de Ski 360° International :

322 route du front de neige

74260 les Gets

Tel +33 (0)4 50 79 80 31

www.ecoledeski360.com

infolesgets@ecoledeski360.com

NICOLAS TRICOU - SKI ACADEMY

- Private lesson (1-2 people):
.....from **120€/2 hours**

Nicolas Tricou - Ski Academy :

Magasin Blanc Sports, 494 rue du Centre

Tel +33 (0)6 83 90 22 73

www.lesgetsaventure.com





Discover the area on foot, snowshoes or cross country skis

Les Gets has many safe, well-marked trails on the Mont-Chéry and Chavannes slopes, perfect for Nordic sports. They are kept in top condition by the piste services.

Gondola access to Mont-Chéry - Chavannes. The gondolas give access to a network of well-marked paths covering the ski area so you can:

- Discover Les Gets' heritage.
- Discover mountain wildlife.
- See incredible panoramic views of the Mont-Blanc mountain range... Take your pick...!

Ask for the "footpaths, cross country ski and snowshoe" map from Les Gets Tourism and lift pass offices. The pedestrian paths are equipped with benches.

PRICES FOR THE CHAVANNES AND CHÉRY GONDOLAS FOR PEDESTRIANS AND CROSS COUNTRY SKIERS

	ADULT	CHILD (5-15)	TEEN (16-25) SENIOR (65+)
One way ascent OR descent	5€	3.50€	4,50€
Return ticket	8€	5.50€	7€
6 rides	23€	23€	23€
12 rides	37€	37€	37€
Season	165€	121.50€	148.50€



Snowshoeing outings (from 4 years old)

SKI SCHOOL 360° INTERNATIONAL

Our team will help you discover the most beautiful walks in the area. You'll enjoy the tranquility and the amazing scenery.

- Prices and programme: Contact us!

École de Ski 360° International: 322 route du front de neige - 74260 les Gets
Tel +33 (0)4 50 79 80 31 - www.ecoledeski360.com
infolesgets@ecoledeski360.com

FRENCH SKI SCHOOL (ESF)

- Afternoon 1 half-day snowshoe outing lasting 3 hours: **29€**
 - 3 snowshoe outings per week: **78€**
 - 5 snowshoe outings per week: **116€**
 - A night outing with dinner in an alpine chalet, Snowshoe meditation trip...
- Weekly programme available at the ESF.

École du Ski Français: 105, route du front de neige - 74260 les Gets
Tel +33 (0)4 50 75 80 03 - www.esf-lesgets.com - info@esf-lesgets.com

DOMINIQUE MAIRE - LES ACCOMPAGNATEURS EN MONTAGNE

- Day outing: 28€
- Mouflons-Chamois ½ day outing with snack: 31€
- ½ day excursion to Pottery / Sheep farm: 31€
(including ski lifts).
- Evening outing with dinner at the chalet: 50€
- 3 ½ day snowshoe outings a week: 76€
- 5 ½ day snowshoe outings a week: 115€

Dominique Maire - Les accompagnateurs en montagne: Magasin Berthet Sports
Tel +33 (0)6 81 05 60 82 - www.lesgets-raquette.com

ÉMILIE FOUROT - MARCHER COURIR ET PRENDRE RACINE

- Snowshoe excursion (½ day, full day, night in a refuge),
- Sunrise (+ breakfast) / sunset (+aperitif),
- Night escape game:
..... from 27€
- ½ day Snowshoeing / Yoga (with Keolan Yoga): 50€

Other requests? Don't hesitate to get in touch!

Emilie fourot - Marcher Courir et Prendre Racine: Tel +33 (0)6 78 64 52 01
fourot.emilie@gmail.com

JEAN-LUC TAMANINI - ÉVOLUTION 2

- Evening outing with alpine chalet meal: from 48€
- ½ day outings: from 27€

Jean-Luc Tamanini - Évolution 2: Immeuble le Marcellly - 28 rue du Pressenage
(next to Evasion Sports) - Tel +33 (0)6 80 33 60 26
www.evolution2-lesgets.com

LAURENT MASSONNAT - L'INSTANT YOURTE

Enjoy a night-time snowshoe hike with a Savoie fondue in a yurt. Laurent, a mountain guide, invites you on a 45 minute torchlit hike in the heart of nature, followed by a friendly and cosy meal in a unique setting.

- Price for the hike and meal: Drinks and nibbles/Fondue aux Cèpes (Mushroom Fondue)/Wine/Dessert:..... **55€** per adult, **25€** for children under 16 years old
(Please inform us when booking if you have a cheese intolerance). Group rates offered from 8 people.

Equipment: Snowshoes are provided (wear warm clothing). Meeting point: the Mont Chéry cable car car park at 6.45pm (snow equipment for vehicles is mandatory) to reach a place known as "La Sarre" where the yurt is found (no walking is required after the meal).

*Laurent Massonnat - L'instant yourte: Tel +33 (0)6 01 93 80 89
massonat@yahoo.fr*

NICOLAS TRICOU -
LES GETS RAQUETTES

- Evening outing with a savoyard dinner:
50€/adult and 44€ /child
- ½ day Mouflons and Chamois discovery outing:
28€/adult and 25€ /child

*Nicolas Tricou -
Les Gets Raquettes :
Magasin Blanc Sports,
494 rue du Centre
Tel +33 (0)6 83 90 22 73
www.lesgetsaventure.com*





Cani-rando

LA PATTE NORDIC

A change of scenery guaranteed!

This 'cani-rando' (hiking with dogs) activity is available all year round. We will be setting off on a superb 1.5-hour outing around Mont-Caly, surrounded by breathtaking scenery. You will be equipped with a belt and an elastic tether. The dog leads the way in front of you, making the walk easier. This activity is suitable for adults who are good walkers, as well as children from the age of 10 (accompanied by an adult). The first part of the 'cani-rando' outing takes place in daylight, and then during the outing you will be given a headlamp to end your hike under the starry sky.

- Price: 30€/person (+10 years old)
- Duration: 1h30 (may vary)

La Patte Nordic: www.lapattenordic.fr - By reservation only.



The village of Les Gets pulls out all the stops for a successful family holiday. A free Welcome Pack for families will be available at the Les Gets Tourisme reception area. Feel free to ask us for it! The entertainment team comes up with a varied programme of activities each week, especially for children. Children's shows, concerts, various workshops, sightseeing and new discoveries, etc. You'll find the prices for the weeks' programme of entertainment and activities online, in local shops, on display at Les Gets Tourisme and in the resort. www.lesgets.com/agenda

The Guide of footpaths, snowshoeing, cross-country skiing and ski touring is available upon request and is free-of-charge, at the Les Gets Tourisme reception or online at: lesgets.com



Practical info for families

BABY EQUIPMENT

Find out about the baby equipment available on loan on page 76.

BABY CHANGING

A specially equipped space is available in the basement level of Les Gets Tourisme. It is fitted with a baby-changing table, bottle warmers, a microwave oven and a sofa. The key is available in the reception area.

PLAY AREAS

▪ Wildkids. 2 to 6 years old

Free and permanently accessible, a new fun area has been opened in front of the Chavannes cable car station. For children from 2 to 6 years old, it is made up of different foam modules and accessories, where cowboys and Indians can live together peacefully. There are public toilets with baby changing facilities just opposite.

▪ La Bankids. 2 to 6 years old

A winter play area intended for young children aged between 2 and 6. This miniature ice floe from the High North is located right at the foot of the slopes, between the porch of the town hall and the ESF kindergarten. Thanks to the various features and accessories, your children will be like little Eskimos on the ice floe: igloo, snowball wall, polar bear mascots, ice grotto, etc. Free and open all winter (depending on snowfall levels).



▪ Central playground. 4 to 10 years old

Situated about 100 metres from the wooden merry-go-round next to the war memorial. The sanitary facilities (changing and water) are located under the porch of the Maison des Gets.

▪ Lac des Écoles playground. 5 years +

Located above the lake. Accessible by foot along the path next to the téléski du Vieux-Chêne, by free shuttle bus (route B) and by the little train. You can use the toilets at the lakeside restaurant. Older children and adults can keep in shape with the fitness facilities!

- Sledge slopes: **page 41.**
- Leisure areas, picnic areas: **pages 14 to 17.**
- Ski lockers, indoor picnic rooms, few tips: **pages 12 and 13.**

Nurseries



FRIPOUILLES

Entrust your children to our qualified staff with total confidence. Enjoy a carefree holiday. "Les Fripouilles" welcomes children from 6 months to 4 years old, in the Maison des Gets, every day except Saturdays, from 18/12/22 au 10/04/23. Qualified staff supervises the children during indoor activities (drawing, painting, water games, story-telling, etc...) or when they discover the joys of snow in the little garden. At Les Fripouilles, the children can take their time; we respect their individual pace and rhythm, because they are on holiday too...



À la carte

- ½ day (9am to 12am or 2pm to 5pm): **27€**
- ½ day + midday supervision (9am to 2pm or 12.30pm to 5pm): **45€**
(Children arriving at 12.30pm will already have eaten, reception between 12.15pm and 12.30pm)

- Midday supervision (12.30pm to 2pm):..... **18€**
- Full day (9 am to 5pm):..... **58€**
- Meal Ticket:..... **7€**

Packages

- 6 x ½ day: **146€**
- 6 x ½ day + midday supervision: **243€**
- 6 x 1 day: **313€**

Lunchs (7€) are not included in the prices.

Les Fripouilles: Tel +33 (0)4 50 79 84 84 - More information:
www.lesgets.com/garderie - garderie@lesgets.com - Please book in advance.



ACTIVITY CLUB LES P'TITS MONTAGNYS' CLUB

• Children from 3 to 12 years old.

Managed by the French Ski School, this activity club is open from Sunday to Friday, all season and welcomes children from 3 to 12 years old. For full or half days, with or without lunch (provided at a nearby restaurant). Thanks to the qualified staff of the Club, your child will also take advantage of many other and outdoor activities depending on weather conditions: snow games, sledging, walks, games, reading, videos.

• Children from 3 to 5 years old.

A formula that can be mixed or not, as you wish, with Piou-Piou Club, the ESF snow garden.

• Children from 5 to 12 years old.

A formula that can be mixed or not, as you wish, with group lessons for children, all skiing levels.

• Possibility to join the club for children not enrolled with ESF lessons, from 4 years old.

Do not wait any longer and come make your holiday a service by focusing on "all inclusive", with or without meals. Now!

Offer your child the opportunity to try various activities such as snowshoeing, snowman, rides, face painting, drawing, singing...

Different offers possible.

• Weekly packages from: 148€ to 488€

École du Ski Français: 105, route du front de neige - 74260 les Gets

Tel +33 (0)4 50 75 80 03

Book online : www.esf-lesgets.com

info@esf-lesgets.com



Ski lessons for children under 5 years old



PIOU-PIOU CLUB

Club for children under 5 years old/ESF. From Sunday to Friday for beginners. Fun can be learnt at all ages.

PIOU-PIOU

For beginners from 3 years old. Skiing Discovery. Program: 50% of the time is devoted to learning to ski and 50% to indoor or outdoor games in a secured area.

GAROLOU

From the age of 4 years old. Introduction to ski in a special area with qualified patient staff and instructors. Your child will find the best fun atmosphere for its first experiences of skiing and special structures to encourage learning in a reserved ski area.

PRICES (ALL SEASON)

- One week ½ day lessons :
..... **178€**
- One week full day lessons:
..... **281€**

Your child can also have lunch with us. The meal is provided in a restaurant close to the ESF.

SPECIAL OFFER

From 01/01 to 04/02 and from
04/03 to 09/04/23: (cours from
2.30pm to 4.30pm)
One week ½ days: **143€**

*École du Ski Français: 105, route du
front de neige - 74260 les Gets
Tel +33 (0)4 50 75 80 03
www.esf-lesgets.com
info@esf-lesgets.com*

SKI SCHOOL 360° INTERNATIONAL
Beginner ski lesson 1st Glisse.
See page 23.

École de Ski 360° International:

322 route du front de neige

74260 les Gets

Tel +33 (0)4 50 79 80 31

www.ecoledeski360.com



Sledge slopes

There are 5 safe, well maintained sled runs in Les Gets:

- **Boule de Gomme:** For 2 years to 6 years old. Located down the slopes next to the Boule de Gomme ski lift.
- **Vieux Chêne:** For 2 years to 6 years old. Located next to the "Vieux Chêne" slope.
- **Chavannes:** For 4 years to 6 years old. Located at the top of the Chavannes gondola.
- **Perrières:** For 6 years old and more. Located by the Perrières drag lift.
- **Lac des Écoles:** For 4 years to 6 years old. Located next to the Lac des Écoles.

We remind you that it is strongly advised to wear a helmet when sledding and that it is strictly forbidden to sled on the ski area at any time.





Introduction to dog sledding

LA PATTE NORDIC

Make your children's dreams come true!

After meeting the dogs, your children will make themselves comfortable on the sled, pulled along by sled dogs.

This activity is suitable for children aged 5 to 10 years old

- **Duration:** 20 minutes (may vary)
- **Price:** **40€**/ child

La Patte Nordic:

www.lapattenordic.fr

Bookings are compulsory.



Wooden merry-go-round

This iconic monument of fairground art dates from 1871 and is the oldest known model in France and a principal exhibit in the Les Gets Mechanical Music Museum collection. It required total renovation to enable it to live under a new cover on the Place de la Maison des Gets all year round. Now both adults and children can enjoy the hand carved animals, the gondolas, its fabrics painted by PM Coppier (a fairground painter from Annecy) and enjoy a ride to the tunes of its Limonaire organ.

- 1 ride: **2€**
- 24 rides* : **30€**
- 6 rides: **10€**
- Weekly pass* : **15€**

** The 24-ride and weekly pass cards include one adult entry to the museum.*

Le manège de chevaux de bois: Place de la Maison des Gets - Every day, from 10.30am to 12.30pm and from 3.30pm to 7.30pm and in the evenings during special events. Further information: +33 (0)4 50 79 85 75



Electric snowmobiles for children in the “Mountain E-Park”

Children can learn to drive electric snowmobiles, specifically designed for their age on a dedicated, enclosed circuit. As a bonus, this “zero emission” activity has no negative impact on the local environment. 3 electric snowmobiles for 5 to 9 years old (1,30m max) and 3 for 10 to 14 years old (1,60m max).

Located at the Lac des Ecoles and Gentiane blue run below the Chavannes Express chair lift, the park is open 3 days/week (Thursday, Friday and Sunday) outside the French School Holidays or 6 days/week during the French School holidays (except Saturday 24/12 and Saturday 31/12 and closed on 25/12 and 01/01/23). **Opening hours:** from 10am to 5pm.

- 20-minute snowmobile session from 5 years old: **25€**
- Driving lessons 1 hour from 6 years old: **70€**

Lessons may be attended in ski boots or après-ski shoes; all other equipment will be supplied.

Mountain E-Park: Tel +33 (0)4 69 96 70 90 - contact@mountainepark.com
Online or on site recommended booking: www.mountainepark.com





SPORTS ACTIVITIES

Dog sledding outing

LA PATTE NORDIC

Inuit experience

New for the 2022-2023 season. Come and experience something unique, with the Inuit Experience! Set off on a 'cani-rando' outing with two teams of sled dogs. When you arrive at the peak of Mont-Caly, enjoy the breathtaking view of Mont-Blanc and Les Gets resort, from the best possible angle. Equipped with headlamps, you'll then set off aboard the dog sled for an unforgettable experience! A 30-minute outing to experience dog-sledding under the starry sky. Total duration of the activity: around 1.5 - 2 hours. This activity is suitable for adults who are good walkers.

- Price:from **110€/person**

La Patte Nordic: www.lapattenordic.fr - By reservation only.

E-biking on snow


The snow in a different way !

For even more fun this winter, come and discover mountain biking on snow! Whether you are a beginner, an experienced rider or an expert, this new discipline will be a moment of pure happiness to share with your family or friends. Supervised by one of our qualified instructors/guides, you'll ride on snow trails specifically groomed for bikes, on a high-performance and comfortable mountain bike or electric fat-bike from LoisiBike. Benefit from the Bike Experience expertise to take control of your bike, to approach your outing in complete safety and to concentrate only on the pleasure of a beautiful day in the mountains! This activity is accessible to all and from 8 years old.

We are at your disposal via our website, our social networks, by mail or phone. See you soon on the bikes!

- 2h initiation startingfrom **69€**/person
(instructor + electric mountain bike)

Bike Experience - Moniteurs guides VTT:

Accueil: LoisiBike, 51 Rue du Centre, 74260 Les Gets - Tel +33 (0)6 95 86 14 14
contact@bikeexperience.fr -  bikeexperience.fr - Open all year round





Les Gets ski-joëring

Discover the joys of ski-joëring, an activity in which the skier is pulled along by a horse. Experience the incredible delights of sliding on the snow, accompanied by our horses. This activity, which originates from Scandinavia and is more than 4,000 years old, is an opportunity to enjoy an amazing adventure, accompanied by the clip clopping of horses' hooves. It's best to have some experience of skiing before trying out this activity.

Prices:

- ½ hour: 39€
- 1 hour introduction: 60€
- 1 hour experienced: 85€

Alpes équitation: Booking, information: +33 (0)6 32 61 41 98 - cl.perot@orange.fr





Sledging yooner

Slide on the trail easily, have surprising sensations, all with some tips before departure. The yooner is a seat at 20 cm from the ground, light and handy, equipped with a shock absorber for more comfort, and a skate allowing you to "cut curves" like on skis. Supervised outing.

- Price: **30€**
(excluding lift pass).

Jean-Luc Tamanini - Evolution 2: Immeuble le Marcelly - 28 rue du Pressenage
(next to Evasion Sports) - Tel +33 (0)6 80 33 60 26 - www.evolution2-lesgets.com



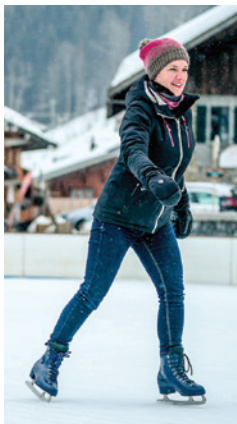
Ice rink

Located in the heart of the village, the ice rink is open every day. During the French school holidays: from 10 am to 12 pm and from 2 to 7 pm and from 8 to 10 pm. The rest of the season: from 10 am to 12 pm and from 3 to 7 pm depending on the weather conditions. Toboggan rental for beginners.

Prices: 1 entry, ice-skate rental.

- Adults: **7€**
- Children under 16 years old: **6,50€**

Note: minimum age (from 3 years old) /
minimum shoe size 26 / no scooters.



Patinoire: Tel +33 (0)6 82 93 41 93



Paragliding

Do you dream of flying over the pistes? The tandem is an excellent, safe way to start flying, with a state certified instructor. Take off is easy, on a gentle slope, with a panoramic view of the Mont-Blanc and Aravis mountain ranges. Comfortably seated, no risk of vertigo, quiet, safe enjoy a whole new view of Les Gets, from the sky! From 5 years old.

First flight from:

- Adult:90€
- Child (-12 years old):
.....80€



Air Libre: Shop Neige et Bonbon - Building les Rhodos
Tel +33 (0)6 07 99 26 82 - www.airlibre.fr - Initiation flights.

Nicolas et Christophe Tricou - Ski Academy : Magasin Blanc Sports,
494 rue du Centre - Tel +33 (0)6 83 90 22 73 - or: +33 (0)6 10 12 37 79
www.lesgetsaventure.com

Pascal Baud: 28 rue du Pressenage - Tel +33 (0)6 08 46 82 23
pascal.baud74@orange.fr

Scenic flights and parachute jumps by helicopter

Blugeon helicopters is a family business founded by Christian BLUGEON, a Knight of the Legion of Honour, with 32,000 flying hours and 38 years experience. Take to the skies with our pilots and discover the region's magnificent landscapes during a panoramic flight over the Portes du Soleil, the Chablais mountains or the Mont Blanc massif. Take off from our base in Morzine for a tandem parachute jump facing Mont Blanc; a unique memory and fantastic experience guaranteed.

Blugeon Hélicoptères: 1531 route des Nants - 74110 Morzine
Tel +33 (0)4 50 75 99 15 - www.blugeon-helicopteres.com



Bowling

Ten-pin bowling, billiards, open every day from 4pm to 2am. Open from 2pm in case of bad weather. Don't forget to book.

Bowling: Rue du Centre - Tel +33 (0)4 50 79 87 77 - [pg/Bowling-LesGets](https://www.pg/Bowling-LesGets)



Fitness and Pilates

KEEP FIT AND WELL-BEING

Energym is open all year round and offers a range of fitness, pilates and dance classes, suitable for all levels. Muriel, a state qualified teacher is also trained in the Garuda Pilates method and can offer classes to help you tone and strengthen, let off steam or relax. Option of private lessons and coaching.

Prices:

- 1 hour of fitness (from 15 years of age): 10€
- Pilates lessons: 14€

Sliding scale when you book multiple lessons.

Energym: Salle de la colombiere - Muriel: +33 (0)6 12 42 83 75 - lesgetsenergym

Sport center Sport N'Chéry

Do you need to let off steam? Come and work out independently at the Sport'N Chery gym as part of your daily or weekly fitness routine.

Different equipment including rowing machines, elliptical bikes, cardio training, treadmills, Swiss balls etc. Prices per session, per week or per month. Enhance your sporting experience and indulge in a moment of pure relaxation! Discover our "Sport & Spa" offers.



Sport'N Chéry: 2249, Route des Grandes Alpes - 74260 Les Gets
Tel +33 (0)4 50 49 01 50 - sport@groupethibon.com - www.sportnchery.com
Open every day in peak season, access via the Sources du Chéry reception.



Les Gets Sport Center Fitlife

Adeline and Flora invite you to their weights room and gym in the centre of Les Gets. With free access to the weights area and various group classes, you are sure to find what you are looking for to stay in shape. Treat yourself to a personalised programme with our private trainers. Adeline, a former high-level skier, and Flora would love to help you reach your goals.

▪ Prices: from **13€**

Fitlife: 396 rue du centre - Tel +33 (0)4 50 04 18 14 - www.fit-life.fr - info@fit-life.fr

Opening hours: Monday, Tuesday, Thursday and Friday: from 10am to 8pm.

Wednesday and Saturday: from 9am to 12pm and from 5pm to 8pm. Sunday from 9am to 12pm.



Les Sources du Chéry

NATURAL EXPERIENCE OF WELLNESS. FROM AGE 11 UPWARDS

Les Sources du Chéry offers a concept of "natural wellness", with unique and authentic experiences in a "chic mountain" atmosphere:


- A Spa where water and wood are in harmony with steam baths, saunas, a cold water tub, a large wellness pool with hydromassage jets, a waterfall and submerged benches, a pool for swimming with aquabikes, a whirlpool, a sensory shower, a pink Himalayan salt lounge, etc.
- A treatment and massage area with a warm atmosphere and rooms for both individuals and couples. Our professional teams offer massages as well as body treatments and facials. The protocol for all treatments offered has been developed by our teams with Valambrun cosmetics, made locally using noble and organic ingredients, Exertier "Trésors des Alpes" or Colin Maillard cosmetics for our younger customers.
- A shop selling our 100% natural Valambrun and Saly-Savons cosmetics ranges, Exertier and Colin Maillard cosmetics.

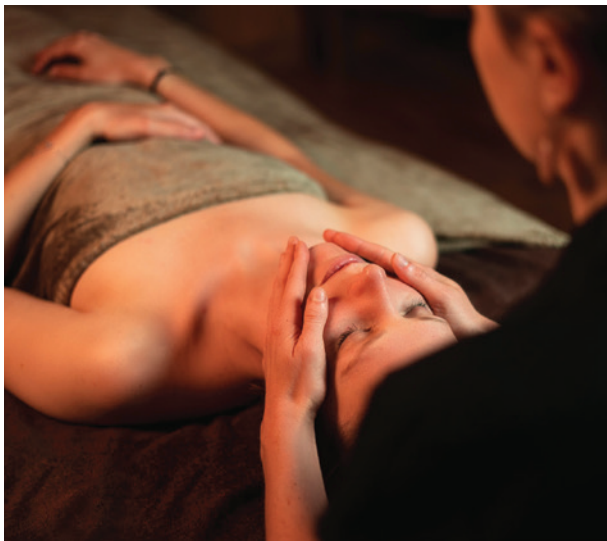
Les Sources du Chéry: Tel +33 (0)4 50 49 01 50 - www.sourcesduchery.com
info@sourcesduchery.com - [@lessourcesduchery](https://www.instagram.com/lessourcesduchery)
 Dates and times to be consulted on our website.

Spa wellbeing center - Sérénî-Cîmes

A wellness experience in the cosy atmosphere of an old mountain chalet.

- Massages of the world... beyond the peaks: Indian Ayurvedic massage, Vietnamese Tam Quat, Polynesian massage, etc.
- Thalgo's 'Rituels des 5 Océans': Pacific islands, Indian Ocean, Arctic wonder, etc.
- Adapted and bespoke facials
- Massage in a cabin, for people of all ages, either alone or as a duo.

Le Spa Sérénî-Cîmes - Hôtel La Marmotte: Tel +33 (0)4 50 79 86 09
www.spa-serenicimes.com - spa@hotel-marmotte.com -  [SpaSereniCimes](#)
Treatment daily from 9.30am to 7.30pm





Spa Kinabalu by Alpine Residences

TREATMENTS & MASSAGES

Inside the Kinabalu residence, a haven of peace awaits you, where all your dreams will come true. Venture inside this magical place and treat yourselves to a unique experience. Our practitioners will make this moment all the more special for you thanks to the products from the Gemology range, made using trace elements from precious and semi-precious stones. Either alone or as a duo, come and discover the range of facials, massages, mineral body treatments and beauty rituals. Open to members of the public; booking required.

Spa Kinabalu: Résidence Kinabalu - 2441 route des Grandes Alpes, 74260 Les Gets
Tel +33 (0)9 75 12 54 96 - info@sapana-spa.com

Dream of wellness - Clair Moment

Exclusive and natural facial care ranges that restore your skin's shine and youthfulness (Pure Altitude and Phytomer and VIE Collection). Beauty treatments and massages for the body from around the world for an unforgettable experience:

- Californian massage
- Phytomer treatments
- Pure Altitude treatments
- Scrubs, wraps
- OPI nail bar et Magnétic.
- Twin massage rooms

For complete relaxation, try our 2hr - 5hr treatments:

- Mountain Cocooning
- **New:** Tailor-made treatments upon request. Waxing or permanent laser hair removal.

Clair Moment:

174 route du Front de Neige. Between the estate agencies Immo'Select and Olivier.
Tel +33 (0)4 50 75 84 44
www.clairmoment.com
Open all year round and during the winter season from Monday to Saturday from 9am to 7.30pm non-stop.



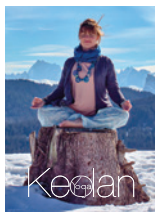


Happyogi

Sandrine from the HappYogi Yoga & Ayurveda association offers yoga classes for everyone: individuals, companies, events and also traditional Ayurvedic massages and treatments. **Yoga:** classes, workshops, courses, yoga and nature weekends, discovery trips. Ayurvedic massage, treatments and advice, training.

- 1 hour individual yoga class: **60€**
- 1 hour group yoga class: **15€**
- 1h15 min body massage: **75€**
- 50 min Saundarya Ayurvedic facial massage: **50€**
- 50 min Kansu Bowl foot massage : **50€**

Sandrine Marsillaud Ganault: Tel +33 (0)6 87 99 04 24 - sganault@hotmail.com
www.happyogi.fr - [i sganault](https://www.instagram.com/sandrine_happyogi) - [@sandrine_happyogi](https://www.facebook.com/sandrine_happyogi)



Keolan Yoga

Hone your yoga skills or try it for the first

time to become happier and improve your health!

Various yoga disciplines suited to all phases of life: pre-natal yoga, postnatal yoga, yoga for children, adults and seniors.

Treat yourselves to an original experience with Ayurvedic Yoga Massage, a blend of traditional Indian massage and yoga techniques. For families, you'll also

discover clothed massage with a fun routine to try out at home!

- 1 hour group yoga lesson: **15€**
- Individual, bespoke yoga lesson: **50€**
- Snowshoeing outing & Yoga: **50€** - Children from 12 years old: **35€**
- Parent/child group massage: **10€**
- Ayurvedic Yoga Massage: 30 mins: **35€**
- 1.5 hour full massage: **90€**

Barbara Porret: Tel +33 (0)6 99 75 66 52 - www.keolan.com
barbara@keolan.com - [i keolanyoga](https://www.instagram.com/keolanyoga)



M Yog'Art

Marion of M Yog'Art offers group or private yoga classes for everyone.

Whatever your flexibility and wishes, she will guide you through breathing, meditation and postures offering you a moment just for you. From Hatha Yoga to Vinyasa or Yin, connect to your body and mind through practices dedicated to your well-being. Mat and props provided on request, French, English and Spanish.

- Cours collectif 1h (Fitlife) : **15€**
- Cours collectif 1h15 (Spa Kinabalu by Alpine Résidences) : **22€**
- Cours individuel personnalisé 1h (sur demande) : **50€**

Marion Allain: Tel +33 (0)6 71 49 71 23 - marion.allain35@gmail.com

©MYogArtwithMarion - [myogart_marion](https://www.instagram.com/myogart_marion)



Shiatsu

LISTEN TO THE LIFE INSIDE YOU!

Shiatsu is a manual discipline that provides deep relaxation and powerful muscular and mental release. It maintains vitality and strengthens the immune system by circulating energy throughout the body.

- One hour session single price: **70€/adult and 50€/child -15 years old**

Stéphanie Chapotot: Graduate practitioner of the Paris school of therapeutic shiatsu - 515, route du Front de Neige - 74260 Les Gets. Book your session:
Tel +33 (0)6 28 13 25 47 - stephanie.chapotot@outlook.fr



Hel'Style Hair care Light therapy

If you want to recharge your batteries, Héli'Style offers you personalised hair care rituals in its Bac light therapy area with Shiatsu massage. Our little extra, to listen to you, to bring you your customised beauty

thanks to the morphology advice. Salon committed to sustainable development. Kerastase care rituals.

Hel'Style: 662 rue du Centre - 74260 Les Gets - Tel +33 (0)4 50 79 06 29



Ô'soi Hair spa

Treat yourself to a moment of pure relaxation, and indulge your hair. The place is filled with soft music, creating a relaxing and harmonious atmosphere. Essential oils are fundamental active ingredients for the hair. They

have a calming, revitalising and refreshing effect on the body and mind. Transforming hair and head treatments into a calm and relaxing experience. Natural products from the ROVERHAIR brand.

Ô'soi: 83, Rue du Centre - 74260 - Les Gets - Tel +33 (0)4 50 37 28 30
www.osoi-lesgets.com - Open all year round.



Gallery concept store - Art'n Chéry

Art'n Chéry is much more than just a gallery; it's a unique and exciting place. We now have twice the amount of floor space, offering 200 sqm of unexpected and surprising discoveries, combining the works of regional and local artists, including painters, sculptors, photographers and visual artists. It's a great way of prolonging the sense of well-being after a trip to our Sources du Chéry SPA.

So walk across the patio! We're opposite! Enjoy your visit! !

Art'n Chéry: 2249 route des Grandes Alpes - 74260 Les Gets
www.artnchery.com - artnchery@gmail.com



Library

MUNICIPAL LIBRARY "LIRE AUX GETS"

The library offers books and reading material for all ages. You will find a wide variety of books including fiction, biographies, comics and graphic novels, children's stories, newspapers, etc. Francine, our enthusiastic librarian, will be only too happy to help you choose. On-site browsing is free. A reader's card can be issued upon registration. It is completely FREE and will allow you to borrow books and use all the facilities at the entire Haut-Chablais library network. Online resources: with your reader's card, go to the subscriber's area at **www.bibliotheques.hautchablais.fr** for free access to online digital resources (films, e-learning, e-books and online media) and see the online catalogue, manage your book loans, reservations and share your favourite titles, etc.

La bibliothèque municipale «Lire aux Gets»: Tel +33 (0)4 50 79 78 28

www.bibliotheques.hautchablais.fr - bibliotheque@lesgets-mairie.fr

📍 **Bibliothèque-Lire-aux-Gets** - Information and registration on site. (Located in the salle de la Colombière) - Opening hours: Monday, Tuesday, Thursday, Friday: 3pm-6.30pm. Wednesday: 9am-12pm and 3pm-6.30pm. Saturday: 10am-12pm.

Books on the road



These 4 small book banks are free for everyone to use. You can donate and borrow books free of charge, making it easier for everyone to enjoy the pleasures of reading. Located in the hamlets of Lassare, La Turche, Les Perrières, and in the old village, they are open 24/7. This great initiative introduced by the Friends of Les Gets Library Association encourages people to read and share books more widely and completely free of charge. Have you read and loved a book and would like others to enjoy it too? Just pop it into the book bank and choose another one!



The games bar in the old village

JEUX TRINQUE

Come and enjoy our many iconic board games, together with billiards, table football, pinball, and a smart dartboard. A friendly place, for all ages, where good humour reigns supreme for fun with friends or family, over a few games and a drink.

You play, they play, I play, you play, we play... We all have fun... Come and join us every day from 3 pm to 11 pm.

*Jeux Trinque: 99, rue du Vieux Village - 74260 Les Gets - Tel +33 (0)4 50 75 80 55
Every day from 3 to 11 pm.*



Cinema

A different film every day.

Cinéma: 683, rue du Centre
Tel +33 (0)4 50 79 72 00



Mechanical Music Museum



THE NEW MUSEUM VISIT:

The museum doubled the size of its exhibition areas in 2013 and a new space, with the "L'Escalier Montmartre", opened in July 2021. The interior layout is constantly redesigned and new exhibits have opened this year. Come and visit the new exhibition halls at the mechanical museum and see:

Building A:

- The music room, the musical box room, the concert room, cabaret and Guinguette room.

Building B:

- Fairground and carousel organs, cinema and organs for accompanying silent films, talking machines: watch a film explaining how juke-boxes and phonographs work, the automats and musical toy room, the workshop : a reconstruction of an ancient musical instrument restoration workshop in the old cellar.

The Imperial Gallery, which links the 2 buildings housing:

- the Savoie area, the educational area, the temporary exhibition and a reconstruction of a village street showcasing the development of barrel organs from their origins to today (3 centuries of craftsmanship).

New: «Escalier Montmartre» with works about mechanical music and the legendary Parisian neighbourhood.

900 exhibits are displayed in the context of their historical period:

- Bells, clocks and musical boxes, animated pictures and automats, street, dance and fairground organs, orchestrelles and orchestrions, mechanical and pneumatic pianos, phonographs, record players and juke-boxes... tring instruments: violins, harp, banjo... Automates and animation.

Building A: Guided visits - last visit at 6pm. (Prior reservation is required for groups with the possibility of a morning visit). Building B: Non-guided visits.

Prices:

- **Adult:** Building A: guided visit **10€** - Building B : non-guided visit **7€**
- **Child:**Building A: guided visit **6€** - Building B : non-guided visit **4€**
- Twin ticket for both buildings: Adult: **14€** - Child: **9€**
- Family ticket: **38€** (valid for the whole site)

Special group price.

Shop area accessible free of charge.

TEMPORARY EXHIBITION

The characters of mechanical music / Galerie Impériale (Imperial Gallery) in the museum.

Musée de la Musique Mécanique: Tel +33 (0)4 50 79 85 75

www.musicmecalesgets.org - open every day from 2.15pm to 7pm. From 02/01 to 30/04 closed on Saturdays. Closed the 25/1/22, 01/01/23 and 01/05/23. Free entry.

Organ church of Les Gets

Instrument unique in Europe, classified as a historic monument, piece from the collection of the Mechanical Music Museum.. This automatic philharmonic organ with its 1000 pipes (with 13 sounds, violins, flutes, human voices...), carillon bell and metallophone, has been in restoration for four years. Enjoy the organ at the "Tuesday Organ Concerts" during the season.

Orgue: In the church of Les Gets. Tel +33 (0)4 50 79 85 75



Hand-crafted pottery in Les Gets

In the studio, Anouk et Nathalie create useful and decorative 'Made in Les Gets' pieces. Free tour of the workshop and the adjoining sheepfold (lambs from February) every Friday morning (booking required). The boutique is open from Monday to Friday, 9am to noon and 2pm to 6pm, timings subject to change depending on the news, please contact us. **Apprentice potters in pairs:** we run turning and modelling courses for all ages (adults and children) every Monday morning from 10 am to noon. The pieces are enamel glazed and fired and returned the following Friday.

- Price: **50€** (equipment and firing included)
under 12 year olds: The activity takes place in pairs: parent/child.

Poterie artisanale & Bergerie de Lassarre: 1373, route de Lassarre
Tel +33 (0)6 26 92 60 62 or +33 (0)6 82 58 28 40 - www.poterie-des-gets.fr

Visits and tasting



GOAT FARM DES
FÉLIRES

Located on the heights of Les Gets, not far from the famous Mont-Caly with a breath-taking panoramic view, the Chèvrerie des Félires invites you to discover its flock of dairy goats as well as its production of all kinds of farm cheese. Visits are free and autonomous and a sales point is at your disposal to taste our good farm products.



La Chèvrerie des Félires: 2047 route du Mont Caly 74260 Les Gets
Tel +33 (0)6 74 94 03 35 or +33 (0)6 48 22 54 32 - www.chevrerie-felires.com
boujour@chevrerie-felires.com - Acces from the parking Les Places.



DISCOVER THE HERENS CATTLE
AT CAROLINE'S FARM

Farm products available to purchase on-site from 4pm to 7pm (closed on Sundays). Come and see us at the Les Gets market every Thursday morning. Fondue at the Mouille Ronde mountain chalet at midday, for 10 people minimum, available with a booking. No Credit Card. Do not speak english.

La ferme de Caroline:

2111 rte des Chavannes - Les Folliets

Tel +33 (0)7 71 25 24 21

www.lafermedecaroline.net

 **NATURE
PROGRES**



THE PERRIÈRES CHEESE DAIRY



The “Fruitière” is the place where milk is turned into cheese, where the fruit of the milk is collected, hence the word “fruitsière”. Since we work with a short supply chain, we source our milk from several producers based in Verchaix and Avonnex and use it to make abundance, tomme, raclette and saveur des Gets cheeses, which we sell on our premises. Every

Wednesday and Thursday (booking is advisable) at 10 am free guided tour to see the cheese being made. A family affair for three generations, Monique and her daughter Caroline are pleased to welcome you to this traditional farm comprising a cheese dairy, restaurant and cheese shop. Three reasons to come and visit a unique location in Les Gets. Visits by reservation only.

Fruitière des Perrières: 137 route des Perrières - A family business since 1950.
Tel +33 (0)4 50 79 70 04 - www.fruitiere-lesgets.com

ECO-TOURISM



THE ENVIRONMENT, A MAJOR CONCERN FOR LES GETS

The Resort is committed! Les Gets resort is fully aware of the richness and fragility of the natural and human environment and is committed to

protecting it. Together, we can help protect the mountain so play your part!

- Throw your rubbish in the bins provided.
- Tobacco-free ski area and territory without cigarette buuts on the ground.
- Only take one map for your holiday.
- Respect the areas marked out to preserve the wildlife, and stay on the marked trails and mountain bike tracks.
- Once you arrive in Les Gets, you can leave your car in the car park and either walk or take the little train or bus.

ECO-COMMITMENTS

French ski resorts, which are on the front lines of global warming, are committed to helping protect the mountains with concrete measures aimed at combating climate change, reducing greenhouse gasses, improving water management and helping protect biodiversity and the natural landscapes:

Thanks to its ecological surveys (flora, fauna, landscape), the Portes du Soleil biodiversity observatory has gained greater knowledge about the region, allowing it to make informed decisions about resort development while minimizing any environmental impact. For some years now, Les Gets resort has also been working to help preserve the region's wetlands.

Various measures have been implemented to protect the black grouse, one of the Alps' iconic bird species: special devices have been installed to improve the visibility of ski lift cables, wintering areas have been protected and other areas have been cleared to create an environment conducive to reproduction.

Systematic revegetation using specially adapted seeds subsequent to any work carried out.

A host of initiatives to protect our mountain environment.

Find out about the eco-friendly work of all the key players in the resort at
<https://www.lesgets.com/en/discover-the-resort/ecotourism/our-eco-actions/>

ACCESS

Car

A40 motorway - Exit 18 in «Cluses».

Carpooling

Carpooling is also part of protecting the environment.

- www.covoiturage.fr
- www.tribu-covoiturage.com
- www.easycovoiturage.com
- www.skivoiturage.com
- www.tictactrip.eu

Train

TGV in Cluses 22km.

Tel, Booking & information: **3635**

www.voyages-sncf.com

(TGV also from Geneva, Switzerland)

Plane

Geneva Airport 55km.

Bus

Transfers from Cluses, Thonon-les-bains.

- **Altibus** : 0820 320 368
+33 (0)4 79 683 296 (from abroad)
www.altibus.com
- **Jacquet Autocars / Cluses line**:
+33 (0)4 50 98 22 01
- **SAT / Thonon-les-Bains line**:
+33 (0)4 50 71 85 55

Transfers from Geneva.

- **Swisstours**:
<https://www.swisstours-transfert.ch>

Helicopter

- **Blugeon hélicoptères**
+33 (0)4 50 75 99 15
info@blugeon-helicotperes.com

Taxis

- **Abcisse Taxis** +33 (0)6 74 49 19 39
abcissetaxis@orange.fr
- **Alp Genovese Taxi**
+33 (0)6 08 64 67 23
+33 (0)6 07 28 57 11
contact@genovesetaxi.com
- **Taxi A. Blaser** +33 (0)6 72 73 69 18
www.taxiblaser.com
- **Taxi Gallay** +33 (0)6 07 80 48 13
+33 (0)4 50 75 70 88
- **Taxi Toto** +33 (0)6 09 44 66 52
+33 (0)6 77 66 05 57
www.taxitoto.com

Transports de voyageurs

- **Abcisse Taxis** +33 (0)6 74 49 19 39
abcissetaxis@orange.fr

- **Alp Genovese Taxi**
+33 (0)6 08 64 67 23
+33 (0)6 07 28 57 11
contact@genovesetaxi.com
- **Alpimotion** +33 (0)6 38 46 04 08
www.alpimotion.com
- **Alpybus** +33 (0)4 85 80 00 39
info@alpybus.com
- **Ski Transfers** +33 (0)4 50 04 49 76
+33 (0)6 28 47 10 89
info@skitransfers.com
- **Taxi A. Blaser** +33 (0)6 72 73 69 18
www.taxiblaser.com
- **Taxi Gallay** +33 (0)6 07 80 48 13
+33 (0)4 50 75 70 88
- **Taxi Toto** +33 (0)6 09 44 66 52
+33 (0)6 77 66 05 57
www.taxitoto.com

TRANSPORT

Les Gets Bus free shuttles

From 16/12/22 to 01/04/23. FREE.

Free intra-communal shuttle bus service. 5 bus lines serve the village and hamlets. First departure 7.50am, and the last service is at around 6.44pm, and during school periods at 7.44pm. Timetable available on www.lesgets.com and at Les Gets Tourisme.

Where is the bus: vehicles can be



geolocated on the Pysae application or scan the QR code!

www.pysae.com



Evening shuttle service

NEW TIMETABLE

From 17/12/22 to 30/03/23. FREE.

1 regular night service. Running from 8pm to midnight.

Little train

From 18/12/22 to 10/04/23. FREE

Every 15mn maximum. From 9 am to 1.30pm and from 2.30pm until closure of the pistes. Every day

except Saturday. 1 or 2 little trains run between the Mont-Chéry cable car and the Chavannes cable car. Does not operate in case of heavy snowfall.

Balad'Aulps Bus

Inter-communal shuttles, a real link between the villages of the valley in season. 2 lines pass through the village (every 45 minutes or so).

- **Line 1:** Les Gets, Morzine, Essert-Romand, St-Jean-d'Aulps, Le Biot, Le Jotty.
- **Line 2:** Les Gets, Morzine, Montriond, St-Jean-d'Aulps, Le Biot.

Price: **1,50€/person.**

Timetables are available at the Tourist Office and on www.lesgets.com

Indoor car park

Open 24 hours/day every day. An indoor car park with 280 spaces, in the heart of the resort. Car park entrance beside the Les Chavannes cable car. **Paid underground parking.** Leave your car in the car park and take the free shuttles or little trains.

resa-lesgets.com

Please see page 70 of this guide to find the Les Gets useful services, practical information and the directory.

SERVICES UTILES

Useful services

Maison des Gets

Les Gets Tourisme

Les Gets Tourism

Située à la Maison des Gets.

Located at the Maison des Gets.

Tél. **+33 (0)4 50 74 74 74**

Email : lesgets@lesgets.com

Hiver *Winter* :

de 8h30 à 18h30 non stop.

Intersaison *Off season :**

de 9h à 12h et de 14h à 18h.

* En intersaison : fermé dimanches et jours fériés. Consultez le site www.lesgets.com pour connaître les horaires d'ouverture exacts en intersaison.



Mairie *Town hall*

Située à la Maison des Gets. *Located at the Maison des Gets.*

Bureaux ouverts tous les jours, sauf le week-end et jours fériés, de 8h30 à 12h30 et de 14h à 18h. *Office open every day except weekend and public holidays, from 8.30 am to 12.30 pm and from 2 to 6 pm.*

Tél. **+33 (0)4 50 74 74 65** - Email : accueil@lesgets-mairie.fr



Point de rencontre *Meeting point*

Sous le porche de la Maison des Gets. *Under the porch of the «Maison des Gets».*

Médical *Medical*

URGENCES EMERGENCY

- **Appel d'urgence Européen** *European emergency* call Tél. 112
- **Urgences médicales** *Medical emergency* call Tél. 15
- **Pompiers** *Fire station* call Tél. 18
- **Gendarmerie** *Police* call Tél. 17
- **Centre anti-poison** *Anti poison center* +33 (0)4 72 11 69 11

HÔPITAUX HOSPITALS

- **Hôpitaux du Léman** (Thonon) +33 (0)4 50 83 20 00
- **Centre Hospitalier Alpes Léman** (Contamine sur Arve) +33 (0)4 50 82 20 00

SANTÉ HEALTHCARE

- **Médecins** *Doctors* +33 (0)4 50 75 80 70
- **Dentistes** *Dentists* +33 (0)4 50 75 17 20
- **Dispensaire** *Dispensary* +33 (0)4 50 79 81 21
Permanences au dispensaire de 8h30 à 9h, et de 12h à 12h30 sauf dimanches et jours fériés. *Open from 8.30 am to 9 am and from noon to 12.30 pm except Sundays & bank Holidays.*
- **Infirmière** *Nurse* Armelle Coppel +33 (0)4 50 79 09 71
- **Infirmière** *Nurse* Françoise Marullaz +33 (0)4 50 79 87 70
- **Kinésithérapeute** *Physiotherapist* Cabinet du Pied de l'Adroit +33 (0)4 50 79 71 74
- **Ostéopathe** *Osteopath* Louis Pinna +33 (0)6 95 11 06 63
- **Shiatsu** Stéphanie Chapotot +33 (0)6 28 13 25 47

OPTICIEN OPTICIAN

- **Panoramic vision** +33 (0)4 50 86 30 13

PHARMACIE PHARMACY

- **Pharmacie de garde** 39 15 (0,34€/min.)
- **Pharmacie des Gets** +33 (0)4 50 75 81 28

VÉTÉRINAIRE VETERINARY SURGEON

- **À Montriond «La Garenne»** +33 (0)4 50 75 94 74



Police municipale *Town police*

Mobile patrouille : **+33 (0)6 76 45 69 63**

PM@lesgets-mairie.fr

129, rue du Vieux Village.

7j/7 de 8h à 19h. En dehors de ces horaires contactez la gendarmerie en composant le 17.

7 days a week from 8am to 7pm. Outside these hours contact the gendarmarie by dialling 17.

Banques, distributeurs de billets

Banks, cash machines

- **CIC Lyonnaise de Banque** +33 (0)4 50 14 00 19
- **Banque Populaire des Alpes** +33 (0)4 50 79 59 60
- **Crédit Agricole des Savoie** +33 (0)4 50 19 40 53

Marché *Street market*

Marché aux Gets, parking du Marais, tous les jeudis, de 8h à 12h. *Les Gets market, parking du Marais every, Thursday, from 8 am to 12 noon.*



Info déchets *Waste info*

Déchetterie : route des Lanches (accès réservé aux détenteurs de la carte CCHC). Points d'apport volontaires : scannez ce code et trouvez les points d'apport volontaires près de chez vous.

Waste disposal centre: route des Lanches (access reserved for CCHC card holders). Voluntary waste collection points: scan this code and find the voluntary drop-off points near you.



Radio Les Gets CHÉRIE LES GETS 101.5

Tous les jours de 7h30 à 10h et de 16h30 à 19h.

Everyday from 7.30 am to 10 am and from 4.30 pm to 7 pm.

www.cherielesgets.fr

Points internet *Hot spot Wifi high speed*

L'accès au wifi gratuit est disponible dans certains hotspots

Free Wifi access available in some hotspots :

- Les Gets Tourisme *Les Gets Tourism*
- Caisse centrale «Les Chavannes» *ticket offices area*
- TC Mont Chéry *TC Mont Chéry*

Location de boîtier wifi de poche auprès de Les Gets Réservation dans les locaux de Les Gets Tourisme.

Rental of pocket hotspot with Les Gets Réservation in the entrance hall of Les Gets Tourism.

+33 (0)4 50 75 80 51

Météo *Weather*

Tél. Call **32 50**.

Informations par répondeur, prévisions sur le département. Le bulletin Météo France est affiché chaque matin à Les Gets Tourisme.

Information on answering machine, forecast for the department. Weather report displayed every morning at Les Gets Tourism.

INFOS PRATIQUES

Practical Info



COMMANDE DE COURSES EN LIGNE ORDER YOUR SHOPPING ONLINE

- **Sherpa alimentation** www.sherpa.net +33 (0)4 50 79 75 18

LIVRAISON DE REPAS À DOMICILE MEAL DELIVERY

- **Tartif** www.tartif.com +33 (0)6 19 64 63 93

LOCATION DE LINGE LINEN HIRE

- **Alpes conciergerie** +33 (0)6 60 84 01 99
- **Alp Property Services SAS** +33 (0)6 83 38 04 40
- **Groom Services** +33 (0)6 76 75 93 89

LOCATION LITS BÉBÉ, CHAISES HAUTES HIGH CHAIRS, BABY COTS FOR HIRE

- **Alp Property Services SAS** +33 (0)6 83 38 04 40
- **Groom Services** +33 (0)6 76 75 93 89
- **Névada Sports** +33 (0)4 50 79 71 84
- **Philippe Sports** +33 (0)4 50 79 75 84

LOCATION DE POUSETTES, PORTE BÉBÉ PUSHCHAIR HIRE, BABY CARRIER

- **Alp Property Services SAS** +33 (0)6 83 38 04 40
- **Désiré Sports** +33 (0)4 50 79 72 90
- **Groom Services** +33 (0)6 76 75 93 89
- **Intersport** +33 (0)4 50 75 86 42
- **Jordan's Sports** +33 (0)4 50 92 37 20
- **Névada Sports** +33 (0)4 50 79 71 84
- **Philippe Sports** +33 (0)4 50 79 75 84 (poussette simple et double)
- **Ski fun shop** +33 (0)4 50 75 80 36 (porte-bébé)
- **Vermont** +33 (0)4 50 75 82 07

ANNUAIRE

Directory

Agriculteurs producteurs fermiers

Farmers producers

- **La Ferme de Caroline** +33 (0)6 36 50 11 05
- **Chèvrerie des Félires** +33 (0)6 74 94 03 35 ou +33 (0)6 48 22 54 32

Artisans *Craftmen*

AMÉNAGEMENTS, ENTRETIEN D'ESPACES VERTS LANDSCAPE GARDENER

- **Anthonioz Paysage** +33 (0)6 84 05 69 65

ARTISAN FROMAGER CHEESE MAKER

- **La Fruitière** +33 (0)4 50 79 70 04

ARTISAN POTIER HAND-CRAFTED POTTERY

- **Bonhomme Anouk** +33 (0)6 82 58 28 40

CHARPENTE, MENUISERIE CARPENTRY, JOINER

- **Anthonioz Cédric** +33 (0)6 79 87 42 26
- **Bastard Charpente** +33 (0)4 50 04 49 05

ENTREPRISE DE NETTOYAGE CLEANING COMPANY

- **Alp Property Services SAS** +33 (0)6 83 38 04 40
- **Alpes conciergerie** +33 (0)6 60 84 01 99
- **Groom Services** +33 (0)6 76 75 93 89

GESTION DE RÉSIDENCES SECONDAIRES PROPERTY MANAGEMENT

- **Agence Immo'Select** +33 (0)4 50 79 10 86
- **Alp Property Services SAS** +33 (0)6 83 38 04 40
- **Alpes conciergerie** +33 (0)6 60 84 01 99

MAÇONNERIE BRICKWORK

- **Delavay Philippe** +33 (0)4 50 75 97 52
- **SARL Trombert** +33 (0)4 50 79 75 19

DÉNEIGEMENT SNOW CLEARING

- **Anthonioz Cédric** +33 (0)6 79 87 42 26
- **SARL Trombert** +33 (0)4 50 79 75 19

PEINTRE HOUSE PAINTER

- **Tournier Michel** +33 (0)4 50 79 83 47

PLOMBIER, CHAUFFAGE, SANITAIRE
PLUMBING, HEATING, SANITATION

- **Pernollet Romain**
+33 (0)6 28 54 28 32

Commerces *Shops*

BOUCHERIE TRAITEUR BUTCHER TAKEAWAY DISHES

- **Boucherie Bataller** +33 (0)4 50 79 72 76
- **Boucherie Rossin** +33 (0)4 50 79 72 80

BOULANGERIES BAKERIES

- **Boulangerie du Vieux Village** +33 (0)4 50 79 71 18
- **L'Epi Géois** +33 (0)4 50 74 68 64

CADEAUX DÉCORATION GIFTS DECORATION

- **Arpin** +33 (0)4 50 80 13 55
- **Un Amour de Noël** +33 (0)4 50 75 83 73
- **Tentations** +33 (0)4 50 79 71 01
- **Tête de radis** +33 (0)4 50 79 51 70

CLÉ MINUTE KEY COPY SERVICE

- **Sherpa Alimentation** +33 (0)4 50 79 75 18

COIFFEUR BARBIER, SPA DU CHEVEU, ESTHÉTIQUE, BIEN-ÊTRE
HAIRDRESSER BARBER, HAIR SPA, AESTHETIC, WELL BEING

- **Hel'Style** +33 (0)4 50 79 06 29
- **Institut Clair Moment** +33 (0)4 50 75 84 44
- **Massage bien-être et sportif** +33 (0)6 50 65 15 05
- **Ô'Bel. Diagnostic de peau / cosmétique** +33 (0)6 87 20 60 72
- **Ô'Soi** +33 (0)4 50 37 28 30

CONFISERIE CANDY STORE

- **Neige et Bonbon** +33 (0)6 07 99 26 82

CONSTRUCTION CHALET / PROMOTEUR CHALET CONTRUCTION

- **Grosset Janin Frères** +33 (0)4 50 79 79 93

ELECTROMÉNAGER, LOCATION TV *DOMESTIC APPLIANCES TV HIRE*

- **Alp Property Services SAS** +33 (0)6 83 38 04 40

FROMAGERIE *CHEESE SHOP*

- **La Fruitière** +33 (0)4 50 79 70 04

GARAGE, STATION ESSENCE *GARAGE, GAS STATION*

- **Garage de la Colombière** +33 (0)4 50 79 75 64

JOURNAUX, TABAC, CADEAUX, LIBRAIRIE, BUREAU DE CHANGE, JEUX
NEWSAGENT, CIGARETTES, GIFTS, BOOKSHOP, EXCHANGE

- **1989** +33 (0)4 50 79 71 68

LAVOMATIC *LAUNDERETTE*

- **Laverie du vieux village** +33 (0)4 50 75 80 55

- **Laverie place du Marché** +33 (0)6 71 88 84 07

POTERIE *POTTERY*

- **Bonhomme Anouk** +33 (0)6 82 58 28 40

PRÊT À PORTER *CLOTHES SHOP*

- **Contat Sports** +33 (0)4 50 79 74 12

- **Delavay Sports** +33 (0)4 50 79 74 57

- **La Suite** +33 (0)4 50 80 46 91

- **Michaud Sports** +33 (0)4 50 79 85 60

- **Nivalis** +33 (0)4 50 80 13 55

- **Skilove** +33 (0)4 50 79 73 37

- **The Hub - Quiksilver** +33 (0)4 50 80 13 55 ou +33 (0)6 67 58 33 27

- **Vermont** +33 (0)4 50 75 82 07

PRODUITS RÉGIONAUX *LOCAL PRODUCTS*

- **La Cave Gétoise** +33 (0)4 50 79 74 80

- **Le Refuge de Marie-Louise** +33 (0)4 50 79 11 26

- **Le Traineau** +33 (0)6 86 90 07 51

SUPERMARCHÉS *SUPERMARKETS*

- **Carrefour Montagne** +33 (0)4 50 79 71 42

- **Sherpa Alimentation** +33 (0)4 50 79 75 18



Communication, comptabilité, immobilier

Communication, accounting, real estate

AGENCES DE COMMUNICATION, PUBLICITÉ, ÉDITIONS
COMMUNICATION AGENCY, ADVERTISING, PUBLISHING

- **Idea com** +33 (0)4 50 85 75 02
- **Mojocom. John Monnet** +33 (0)4 50 74 07 31

AGENCES IMMOBILIÈRES DE TRANSACTION TRANSACTION ESTATE AGENCIES

- **ACM Immobilier** +33 (0)4 50 75 89 26
- **Agence Anthonioz** +33 (0)4 50 79 80 09
- **Agence Backstage** +33 (0)6 89 23 12 64
- **Agences Nicolas Thibon Immobilier** +33 (0)4 50 74 56 00
- **Agence Immo'Select** +33 (0)4 50 79 10 86
- **Agence La Centrale** +33 (0)4 50 79 65 80
- **Agence Olivier** +33 (0)4 50 75 86 28
- **Alpine Lodges** +33 (0)4 50 79 31 82

AGENCE PROMOTION IMMOBILIÈRE REAL ESTATE PROMOTION AGENCY

- **Alps Living** +33 (0)6 30 14 13 17

ASSURANCES INSURANCE

- **Agence Axa** +33 (0)4 50 79 15 34

EXPERTS COMPTABLES CHARTERED ACCOUNTANTS

- **Fidexex-In Extenso.** Société d'Expertise Comptable
+33 (0)4 50 79 84 88
- **SAREG.** Société d'Expertise Comptable Commissaire aux Comptes
+33 (0)4 50 79 78 60

PHOTOGRAPHE PHOTOGRAPHER

- **Gio Fleming Photography** +33 (0)6 78 97 11 80

Magasins de sport *Sport shops*

- **Berthet Sports Location** +33 (0)4 50 79 73 55 www.berthet-sports.com
- **Bike Expérience** +33 (0)6 64 15 74 59 www.bikeexperience.fr
- **Blanc Sports** +33 (0)4 50 79 75 35
- **Contat Sports** +33 (0)4 50 79 74 12 www.contatsports.com
- **Delavay Sports** +33 (0)4 50 79 74 57 www.delavaysports.com
- **Désiré Sports** +33 (0)4 50 79 72 90 www.desire-sport.com
- **Evasion Sports** +33 (0)4 50 79 70 90 www.evasion-sports.fr
- **Grenier à Skis** +33 (0)4 50 79 78 04 www.legrenieraskis.fr
- **Harfang des Neiges** +33 (0)4 50 75 81 89 www.lharfang-ski.com
- **Intersport** +33 (0)4 50 75 86 42 www.intersport-lesgets.com
- **Jordan's Sports** +33 (0)4 50 92 37 20 www.jordans-sports.com
- **L'Atelier** +33 (0)6 81 40 24 85 www.latelier-lesgets.com
- **Loisibike** +33 (0)7 49 37 88 25 <http://loisibike.fr>
- **Michaud Sports 1** +33 (0)4 50 79 85 60 www.skisetlesgets.com
- **Michaud Sports 2** +33 (0)4 50 75 81 19 www.skisetlesgets.com
- **Névada Sports** +33 (0)4 50 79 71 84 www.nevada-lesgets.com
- **Norco Store Les Gets** +33 (0)6 08 53 33 59 www.bike4park.com
- **Perrières Sport** +33 (0)4 50 79 06 91 www.psp.fr
- **Philippe Sports** +33 (0)4 50 79 75 84 www.philippesportssarl.com
- **Planète Glisse skium.com** +33 (0)4 50 79 85 95 www.planeteglisser.com
- **Purexpérience** +33 (0)6 86 30 25 63 www.purexpérience.fr
- **Ride it** +33 (0)4 50 75 78 06
- **Ski Fun Shop skium.com** +33 (0)4 50 75 80 36 www.skifunshop.com
- **Skilove** +33 (0)4 50 79 73 37 www.skilove.fr
- **Ski Service** +33 (0)4 50 79 80 43 www.vermont-ski.fr
- **Tetras Sports** +33 (0)4 50 79 70 71 www.tetrasports.com
- **The Hub - Quiksilver** +33 (0)4 50 80 13 55 ou +33 (0)6 67 58 33 27 www.thehublesgets.com
- **Vermont** +33 (0)4 50 75 82 07 www.vermont-ski.fr



Gastronomie *Food*

RESTAURANTS

- **Alpine Tavern** +33 (0)4 50 38 77 43
- **L'Anka** +33 (0)9 61 26 28 23
- **L'As des Neiges** +33 (0)4 50 80 62 53
- **Le Baaji** +33 (0)4 50 49 25 92
- **La Becanerie** +33 (0)4 56 35 67 49
- **Le Bellevue** +33 (0)4 50 75 80 95
- **La Biskatcha** +33 (0)4 50 84 55 35
- **La Bokka**** +33 (0)4 80 16 12 60
- **Le Boomerang** +33 (0)6 46 51 82 05
- **La Brasserie du Centre** +33 (0)4 50 79 87 08
- **Le Christiana** +33 (0)4 50 75 82 44
- **Le Comptoir** +33 (0)4 50 80 62 53
- **Les Copeaux** +33 (0)4 50 79 78 50
- **La Crêperie des Gets** +33 (0)4 50 37 50 84
- **Les Durs à cuire** +33 (0)9 52 72 69 16
- **La Fruitière** +33 (0)4 50 79 89 22
- **La Grande Lanière** +33 (0)4 50 79 74 46
- **Home Burgers** +33 (0)4 50 83 39 59
- **Au Malakoff** +33 (0)4 50 79 97 15
- **L'Outa** +33 (0)4 50 38 24 20
- **Les Petits Sablés** +33 (0)6 88 84 63 13
- **La Piscine 1971** +33 (0)4 50 75 80 00
- **La Piste Noire** +33 (0)4 50 84 55 20
- **La Pivotte** +33 (0)4 50 84 55 20
- **Pub Irlandais** +33 (0)4 50 75 86 02
- **La R'mize** +33 (0)4 50 79 75 57
- **Le Rendez-Vous** +33 (0)4 50 04 02 37
- **Le Super Gets** +33 (0)4 50 75 31 52
- **Le Tyrol** +33 (0)4 50 79 70 55
- **Velvette** +33 (0)4 50 79 93 58
- **Le Vina Annapurna** +33 (0)4 50 86 31 12
- **Le Wild Beets Kitchen** +33 (0)7 82 72 56 45
- **Sush'Ski** +33 (0)9 82 36 68 31

PIZZAS ET PLATS À EMPORTER TAKE AWAY PIZZAS AND DISHES

- **Les Gets Pizza** +33 (0)6 09 84 05 47
- **Pizzalino** +33 (0)4 50 74 74 10
- **Tartif** +33 (0)6 19 64 63 93

RESTAURANTS D'ALTITUDE ALTITUDE RESTAURANTS

- **Le Bacchus** (TK Vieux Chêne) +33 (0)4 50 75 80 50
- **Le Belvédère** (Mont Chéry) +33 (0)4 50 83 31 34
- **Chalet d'alpage** +33 (0)9 88 77 42 26
- **Chalet du Golf** +33 (0)4 50 04 62 36
- **Le Chasse-Montagne*** (Chavannes) +33 (0)4 50 75 55 51
- **Les Chevrelles** (Mont Caly) +33 (0)4 50 79 85 40
- **La Croix Blanche** (Chavannes) +33 (0)4 50 75 80 66
- **La Grignotte** (Chavannes) +33 (0)4 50 75 73 70
- **Les Lhottys** (Chavannes) +33 (0)9 87 88 38 76
- **La Païka** (Piste du TK Turche) +33 (0)4 50 92 85 22
- **La Petite Ourse** (Nabor) +33 (0)6 07 39 63 45
- **Le QG** (Gibannaz) +33 (0)4 50 79 86 65
- **Le Restaurant du Lac*** +33 (0)4 50 79 84 74
- **La Rosset Taz** (Rosta) +33 (0)6 03 69 85 04
- **Le Vaffieu** (Pleney) +33 (0)4 50 79 09 43
- **Le Wetzet** (Ranfolly) +33 (0)6 87 93 10 32
- **Le Yéti** (Chavannes) +33 (0)4 50 79 72 92

* Ouvert le soir. *Open evenings.*

RESTAURATION RAPIDE SNACK

- **Fond Wich** +33 (0)6 14 61 28 66
- **Perrières Snack** +33 (0)4 50 79 06 91

BARS PUBS

- **L'Aprèski** +33 (0)4 50 75 80 95
- **Barbylone** +33 (0)9 54 62 92 81
- **La Beca Craft and Draft** +33 (0)4 56 35 67 49
- **Black Bear** +33 (0)4 50 75 40 81
- **Le Boomerang** +33 (0)6 46 51 82 05
- **Bowling** +33 (0)4 50 79 87 77
- **Jeux Trinque** +33 (0)4 50 75 80 55
- **Skilove** +33 (0)4 50 79 73 37

BARS À VINS WINE BAR

- **Bar 1989** +33 (0)4 50 79 71 68
- **Le Bacchus** +33 (0)4 50 75 80 50

DISCOTHÈQUE NIGHTCLUB

- **L'Igloo** +33 (0)4 50 75 85 00

NOUVEAU ŠKODA
ENYAQ iV
SUV 100% ÉLECTRIQUE



ŠKODA



A 0 g CO₂/km

B

C

D

E

F

G

Pensez à covoiturer #SeDéplacerMoinsPolluer



RECHARGE LIFE*



AUTONOMIE (WLTP) :
Jusqu'à 531 KM en
cycle mixte



ÉMISSIONS DE CO₂ :
0 G/KM

Gamme ENYAQ iV : consommation en cycle mixte (kWh/km) min - max : WLTP : 14,6 - 21,6. Rejets de CO₂ (g/km) : WLTP : 0 (en phase de roulage). Jusqu'à 531 kilomètres d'autonomie (norme WLTP), selon version et équipements. Depuis le 1^{er} septembre 2018, les véhicules légers neufs sont réceptionnés en Europe sur la base de la procédure d'essai harmonisée pour les véhicules légers (WLTP), procédure d'essai permettant de mesurer la consommation de carburant et les émissions de CO₂, plus réaliste que la procédure NEDC précédemment utilisée.



Jean Lain
MOBILITÉS

ALBERTVILLE - ANNECY - ANNEMASSE
CHAMBÉRY - CLUSES - VOIRON
GRENOBLE - THONON-LES-BAINS

www.jeanlain.com

Les Gets Tourisme

89 route du Front de Neige - 74260 Les Gets - France - lesgets@lesgets.com

Tél. +33 (0)4 50 74 74 74

www.lesgets.com



Alpine Lodges, Berty Pics, Bike Expérience, Blugeon hélicoptères, Chèvrerie des Félères, Clair Moment, Corentin Croissonnier, David Machet, École de ski 360° International, École du Ski Français, Fitlife, Foto Presse Balzerek, Fruitière des Perrières, Happyogi, Hel'Style, Jérémy Calvo - La Patte Nordic - Keolan Yoga, Keno Derleyn photographie, Laura Bureau, Les Gets Tourisme, Les Sources du Chéry, Manon Guenot, Matthieu Vitry - Portes du Soleil, M Yog'Art, Marion Co Photography, Mel Carle, Mountain E-Park, Musée de la Musique Mécanique, Ô Soï, Sagets, Spa Kinabalu, Sérénité-Cimes, Shutterstock.com, Stéphanie Chapot, Valentin Ducretet, Yann Clu - Montreux Comedy.

Ce document n'est pas contractuel mais déclaratif et n'engage pas la responsabilité de Les Gets Tourisme. Les informations de ce document sont susceptibles de modifications en cours de saison. *This document is not contractual but rather declaratory, and therefore is in no way binding upon Les Gets Tourism. The information of this document may be modified during the season.*

